

Get your Rear in Gear 5K Glens Falls

Overall Results

PI	Bib	Name	City	St	Age	Ge	AG	Club	GunTime	Pace
5K										
1.	1561	Truax, Tyler		31	M		Male 20-39		23:25.9	7:32 / mi
2.	1559	Lyons, Ethan		16	M		Male 1-19		25:10.5	8:06 / mi
3.	1530	Margan, Adam	Glens Falls	N	39	M	Male 20-39		25:21.2	8:09 / mi
4.	1510	Caswell, Judy	Belmont	N	64	F	Female 60-79	Judy's Nothing Butt	28:16.6	9:06 / mi
5.	1516	DeChick, Mike	Queensbury	N	34	M	Male 20-39		29:20.7	9:26 / mi
6.	1528	LaBombard, Jane	Glens Falls	N	50	F	Female 40-59		29:42.1	9:33 / mi
7.	1534	Nix, Jenifer	Warrensburg	N	43	F	Female 40-59	Judy's Nothing Butt	30:19.8	9:45 / mi
8.	1514	coogan, Mike	Albany	N	58	M	Male 40-59	Glens Falls	30:31.9	9:49 / mi
9.	1517	DeChick, Shannon	Queensbury	N	33	F	Female 20-39		31:36.6	10:10 / mi
10	1512	Caswell, Rick	Belmont	N	64	M	Male 60-79	Judy's Nothing Butt	32:15.0	10:22 / mi
11	1551	Round, Chris		62	M		Male 60-79		32:52.4	10:34 / mi
12	1538	Perryman, Meghan	Wevertown	N	44	F	Female 40-59		33:17.7	10:42 / mi
13	1562	O'Donnell, Michelle		51	F		Female 40-59		34:12.3	11:00 / mi
14	1511	Caswell, Nick	Lake pleasant	N	31	M	Male 20-39	Judy's Nothing Butt	35:11.9	11:19 / mi
15	1509	Caswell, Caitlin	Lake pleasant	N	32	F	Female 20-39	Judy's Nothing Butt	35:13.2	11:20 / mi
16	1544	Tougas, Cecelia	Hudson Falls	N	50	F	Female 40-59		36:06.1	11:37 / mi
17	1543	Terry, Tracy	Gansevoort	N	42	F	Female 40-59		37:38.6	12:06 / mi
18	1524	Hancock, Paul	Glens Falls	N	79	M	Male 60-79		37:56.8	12:12 / mi
19	1560	Lyons, Emily		14	F		Female 1-19		40:08.0	12:55 / mi
20	1526	hildreth, Chad	Glens falls	N	46	M	Male 40-59		40:52.2	13:09 / mi
21	1552	Sled, Andrew		80	M				42:50.5	13:47 / mi
22	1554	Zahn, Benita		69	F		Female 60-79		43:21.3	13:57 / mi
23	1508	Burns, Casey	QUEENSBURY	N	44	F	Female 40-59	Judy's Nothing Butt	44:37.7	14:21 / mi
24	1557	Lyons, Stepahnie		47	F		Female 40-59		46:14.1	14:52 / mi
25	1558	Lyons, David		52	M		Male 40-59		46:14.3	14:52 / mi
26	1563	Booras, Anna		29	F		Female 20-39		52:04.9	16:45 / mi
27	1564	Gotlieb, Aaron		31	M		Male 20-39		52:05.1	16:45 / mi
28	1519	DiBrito, Sandra	Delmar	N	37	F	Female 20-39	Albany Med	52:05.2	16:45 / mi
29	1502	Benson, Emmy	Hudson Falls	N	53	F	Female 40-59		59:44.2	19:13 / mi
30	1555	Kurjiaka, Tina		57	F		Female 40-59		1:01:37.8	19:50 / mi
31	1539	Rollo, Stephanie	Queensbury	N	50	F	Female 40-59	Glens Falls	1:02:58.5	20:16 / mi
32	1507	Bradley, Beverly	Fort Edward	N	58	F	Female 40-59	Glens Falls	1:03:00.5	20:16 / mi
33	1518	DeSantis, Mary Ellen	Queensbury	N	60	F	Female 60-79	Glens Falls	1:03:40.2	20:29 / mi
34	1565	Desantis, John		62	M		Male 60-79		1:03:48.3	20:32 / mi
35	1523	Hafele, Cathy	Fort Amn	N	62	F	Female 60-79		1:05:31.2	21:05 / mi
36	1556	Dessaint, Gabrielle		33	F		Female 20-39		1:05:34.5	21:06 / mi
37	1540	Runnalls, Anna	Glens falls	N	52	F	Female 40-59		1:05:35.1	21:06 / mi
38	1531	Mariotti, Kala	Glens Falls	N	29	F	Female 20-39	Glens Falls	1:05:39.6	21:08 / mi
39	1521	Gannon, Derek	Glens Falls	N	31	M	Male 20-39	Glens Falls	1:05:40.5	21:08 / mi
40	1553	Kamarinetz, Judy		69	F		Female 60-79		1:09:31.2	22:22 / mi
41	1515	Cummings, Michael	Queensbury	N	56	M	Male 40-59	Blue Warriors	1:13:27.1	23:38 / mi
42	1525	Harpp, Wendy	PALM BAY	N	59	F	Female 40-59		1:13:43.8	23:43 / mi
43	1566	Paszko, Sara		34	F		Female 20-39		1:13:44.3	23:44 / mi
44	1545	Trevett, Rebekah	Hudson Falls	N	48	F	Female 40-59		1:21:56.8	26:22 / mi
45	1529	LaBombarde, Chad	Hudson Falls	N	50	M	Male 40-59		1:21:57.1	26:22 / mi

Number of records: 45