2026 Fall Back 5K

Age Group Results

Place	Bib	Name	State	City	Age	Club	GunTime	Pace
5 Mile Run								
Female 1-19								
1.	806	Malizia, Cecilia	NY	Schenectady	15		39:58.1	7:59 / mi
Female 20-29								
1.	434	Brooks, Jesse			26		49:16.3	9:51 / mi
2.	770	Coker, Freedom	NY	Ballston Spa	26		54:59.0	10:59 / mi
3.	828	Shelton, Haley	NY	Saratoga Springs	27		1:18:16.2	15:39 / mi
DNS	769	Classen, Amanda	NY	Ballston Lake	26		1:43:47.2	20:45 / mi
Female 30-39								
1.	820	Poole, Emily	NY	Queensbury	37		40:22.4	8:04 / mi
2.	833	Tiberia, Vicky	NY	Albany	36		44:36.3	8:55 / mi
3.	832	Sylvester, Ann	NY	Ballston Spa	37		47:54.5	9:34 / mi
4.	815	Peckins, Jennifer	NY	Gansevoort	37		51:48.2	10:21 / mi
5.	773	Crisafulli, Taryn	NY	Saratoga Springs	35		52:35.7	10:31 / mi
6.	788	Hatch, Lauren	NY	Saratoga Springs	38		56:40.8	11:20 / mi
7.	438	Covello, Bianca			33		57:50.2	11:34 / mi
8.	804	Lovelace-Portal, Rachel	NY	Queensbury	39		1:01:53.9	12:22 / mi
9.	802	Lair, LeAndra	NY	Fultonville	35		1:43:47.4	20:45 / mi
Female 40-49								
1.	834	Trybendis, Justine	NY	Glens Falls	44		40:08.9	8:01 / mi
2.	826	Sbriscia, Amanda	NY	Ballston Spa	42		42:23.1	8:28 / mi
3.	597	Gianni, Laura			41		44:58.7	8:59 / mi
4.	774	DeLuke, Amanda	NY	Schuylerville	44		45:37.7	9:07 / mi
5.	810	Morgan, Rachel	NY	Saratoga Springs	45		47:50.1	9:34 / mi
6.	830	Sonnelitter, Karen	NY	Cohoes	45		49:40.4	9:56 / mi
7.	808	Mihalek, Stacie	NY	Saratoga Springs	46		49:43.6	9:56 / mi
8.	764	Carver, Shasta	NY	Coxsackie	41		50:54.8	10:10 / mi
9.	426	Marchese, Cristina			42		50:57.8	10:11 / mi
10.	785	Grabbe, Lisa	NY	Glens Falls	44		52:57.5	10:35 / mi
11.	796	Kenyon, Laura	NY	Saratoga Springs	43		53:13.6	10:38 / mi
12.	797	Kergel, Amanda	NY	Schenectady	44		54:40.9	10:56 / mi
13.	424	Mckamura, Hanna			42		55:30.5	11:06 / mi
14.	846	Holzwoth, Kelly			47		55:33.8	11:06 / mi
15.	428	Sabella, Lisa			44		58:30.3	11:42 / mi
16.	598	Atthers, Ashlie			42		58:30.9	11:42 / mi
17.	791	Hotchkiss, Erin	NY	Queensbury	43		1:00:20.3	12:04 / mi
18.	839	White, Cynthia	NY	Cambridge	44		1:00:34.1	12:06 / mi



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Place	Bib	Name	State	City	Age	Club	GunTime	Pace
19.	780	Foley, Katelyn	NY	Saratoga Springs	41		1:01:53.9	12:22 / mi
20.	800	Krebs, Lindsey	NY	Galway	42		1:02:12.7	12:26 / mi

Female 50-59

1.	841	Pollock, Alicia			50		45:55.5	9:11 / mi
2.	805	Macneil, Nicola	NY	Rotterdam Junction	53		46:43.0	9:20 / mi
3.	801	LaBombard, Jane	NY	Glens Falls	53		51:49.2	10:21 / mi
4.	595	Katzman, Alana			50		53:02.2	10:36 / mi
5.	771	Collins, Heidi	NY	Hudson Falls	59		53:04.1	10:36 / mi
6.	819	Pinchuk, Lianne	NY	Delmar	51		54:18.3	10:51 / mi
7.	429	Johnson, Alison			56		55:38.1	11:07 / mi
8.	817	Penge, Tara	NY	Saratoga Springs	56		1:00:26.4	12:05 / mi
9.	824	Russell, Gayle	NY	Rhinebeck	55		1:04:42.2	12:56 / mi
10.	799	Kish, Jenifer	NY	Albany	52		1:10:56.0	14:11 / mi
11.	844	Shelton, Kathryn			57		1:13:05.9	14:37 / mi
12.	782	Gallo, Jennifer	ME	Kennebunk	54		1:20:39.7	16:07 / mi

Female 60-69

1.	822	Romano, Annette	NY	Malta	62		44:48.0	8:57 / mi
2.	850	McKeownn, Margaret			68		48:51.5	9:46 / mi
3.	542	Newton, Theresa			61		49:25.4	9:53 / mi
4.	431	Pleban, Lisa			62		53:19.3	10:39 / mi
5.	783	Gibson, Cosby	NY	Amsterdam	65		53:49.1	10:45 / mi
6.	545	Hislop, Kristen			62		55:43.2	11:08 / mi
7.	596	Hatch, Nanetta			61		56:32.3	11:18 / mi
8.	849	Davis, Susan			65		1:08:33.6	13:42 / mi
9.	843	Johnston, Tricia			65		1:09:06.4	13:49 / mi
10.	836	Verostek, Mary	NY	Ballston Spa	66		1:17:21.1	15:28 / mi
11.	768	Ching, Michelle	NY	Clifton Park	65		1:17:50.6	15:34 / mi

Female 70-79

1.	759	Begly, Terry	NY	Warrensburg	71		50:42.7	10:08 / mi
2.	816	Pederson, Jill	NY	Lake George	75		1:02:57.6	12:35 / mi

Male 1-19

1.	848	Holzworth, Arlo			12		55:32.6	11:06 / mi

Male20-29

1.	778	Fleming, Patrick	NY	Cohoes	29		41:38.1	8:19 / mi
2.	758	Beck, Joe	NY	Troy	28		41:38.2	8:19 / mi
3.	825	Ryan, Tyler	NY	Galway	24		45:26.3	9:05 / mi
4.	436	Oden, Michael			29		54:56.6	10:59 / mi



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Place	Bib	Name	State	City	Age	Club	GunTime	Pace
5.	835	Velasquez, Angel	NY	Nassau	25		54:57.2	10:59 / mi
Male 30-39								
1.	767	Chicoine, Jason	NY	Rensselaer	35		39:57.5	7:59 / mi
2.	765	Casabonne, Connor	NY	Ballston Spa	34		40:53.7	8:10 / mi
3.	440	Mercadante, Eric			35		43:08.6	8:37 / mi
4.	831	Stokes, Nicholas	NY	Ballston Spa	35		45:35.1	9:07 / mi
5.	435	Lucas, Audi			32		48:40.2	9:44 / mi
6.	437	Johnson, Cameron			33		49:07.7	9:49 / mi
7.	789	Hathaway, Michael	NY	Saratoga Springs	37		49:08.3	9:49 / mi
8.	814	Palladino, Sean	NY	Glens Falls	35		56:34.9	11:18 / mi
DNS	809	Miller, Matthew	NY	Schenectady	34		1:43:47.0	20:45 / mi
Male 40-49								
1.	442	Anderson, Gabe			49		40:37.0	8:07 / mi
2.	787	Hansen, Christopher	NY	Saratoga Springs	41		41:09.5	8:13 / mi
3.	433	Baxter, Brian			48		41:23.1	8:16 / mi
4.	794	Jaanimagi, Karl	NY	Pittsford	46		42:19.9	8:27 / mi
5.	840	Wittenberg, Keenan	NY	Queensbury	41		45:27.1	9:05 / mi
6.	430	Simpson, Kevin			44		45:59.9	9:11 / mi
7.	781	Fryer, Matthew	NY	Clifton Park	46		46:49.1	9:21 / mi
8.	795	Kenyon, David	NY	Saratoga Springs	43		49:43.7	9:56 / mi
9.	838	Weld, Dean	NY	Albany	43		52:42.1	10:32 / mi
10.	812	Neil, Christopher	MA	Bernardston	44		55:33.6	11:06 / mi
11.	847	Holzworth, Casey			47		55:34.3	11:06 / mi
12.	821	Rappleyea, Jerry	NY	Malta	44		57:01.1	11:24 / mi
13.	792	Hotchkiss, Paul	NY	Queensbury	41		1:00:20.3	12:04 / mi
14.	776	Dudek, Phil	NY	Saratoga Springs	49		1:03:37.2	12:43 / mi
Male 50-59								
1.	775	DiNicola, Michael	NY	Ballston Spa	51		38:57.5	7:47 / mi
2.	827	Schwimer, Tim	NY	Queensbury	53		42:25.0	8:29 / mi
3.	811	Nalio, Joe	NY	Mechanicville	53		43:12.5	8:38 / mi
4.	823	Ruby, Raymond	NY	Moreau	59		43:42.0	8:44 / mi
5.	529	Weidner, Kieran			57		43:54.6	8:46 / mi
6.	818	Piccolo, Christian	NY	Glenmont	53		47:54.6	9:34 / mi
7.	842	Fromhertz, Christian			50		48:29.5	9:41 / mi
8.	798	Kergel, Jeremy	NY	Schenectady	51		49:03.0	9:48 / mi
9.	600	Gregory, Jason			50		49:40.6	9:56 / mi
10.	763	Carlson, Scott	NY	Middle Grove	53		52:17.2	10:27 / mi
11.	760	Briggs, Virgil	NY	Saratoga Springs	50		52:45.9	10:33 / mi



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Place	Bib	Name	State	City	Age	Club	GunTime	Pace
12.	772	Cox, Keegan	FL	Orlando	52		53:51.7	10:46 / mi
13.	599	Kriskern, Matthew			54		58:10.1	11:38 / mi
14.	807	Miczek, Matthew	NY	Saratoga Springs	54		1:05:02.6	13:00 / mi
15.	784	Grabbe, Jeremy	NY	Glens Falls	50		1:10:11.4	14:02 / mi
16.	432	Kaplan, Keith			59		1:16:42.1	15:20 / mi
17.	837	Wagoner, Dave	ME	Kennebunk	56		1:20:40.5	16:08 / mi
Male 60-69								
1.	779	Flint, Jim	NY	Glens Falls	67		40:24.1	8:04 / mi
2.	425	Jansen, Patrick			63		41:12.3	8:14 / mi
3.	755	Allott, Jim	NY	Wilton	67		41:35.5	8:19 / mi
4.	427	McGivney, William			64		46:36.8	9:19 / mi
5.	762	Brunner, John	NY	Schenectady	60		50:19.1	10:03 / mi
6.	766	Chicoine, James	NY	Rensselaer	66		57:02.4	11:24 / mi
7.	439	Ostrander, Thomas	NY	Cohoes	62		1:12:45.1	14:33 / mi
DNS	793	Howard, Jamie	NY	Albany	61		1:43:47.3	20:45 / mi
Male 70-79								
1.	756	Audi, Dominick	NY	Saratoga Springs	72		42:04.0	8:24 / mi
2.	845	Wely, Don			76		1:01:18.5	12:15 / mi
3.	829	Simpson, Brian	NY	Burnt Hills	72		1:09:41.8	13:56 / mi
4.	786	Greco, Victor	NY	Malta	73		1:14:20.4	14:52 / mi
5.	441	Mastaitis, Steve			72		1:15:14.9	15:02 / mi
Male 80+								
1.	803	Lee, Jr, Raymond	NY	Halfmoon	84		1:33:15.0	18:38 / mi
DNF	761	Brown, Daniel	NY	Ballston Spa	80			

Number of records: 120

