

2024 Glens Falls Rotary 5K Run/Walk



Age Group Results 5K

Place	Bib	Name	Age	Corporation	GunTime	Pace
5K						
Female 14 & Under						
1.	114	GRABBE, REGINA	11		28:29	9:11 / mi
2.	111	GRABBE, DANIELLA	11		28:42	9:15 / mi
3.	60	COPELAND, ADELINE	11	HHHN	43:31	14:02 / mi
4.	284	VAN NESS, AVREE	10		44:52	14:28 / mi
5.	262	STANTON, MCKENNA	7		45:28	14:39 / mi
6.	125	HAMMILL, MEGAN	12		45:38	14:43 / mi
7.	73	DI BARI, AMELIA	9	HHHN	49:18	15:54 / mi
8.	70	DESIMONE, JOY	5	HHHN	52:32	16:56 / mi
9.	238	SAVILLE, EVA	1	HHHN	54:29	17:34 / mi
10.	97	FELION, BRYNLEE	2	HHHN	56:12	18:07 / mi
11.	57	COHEN, LYLA	9	HHHN	56:44	18:18 / mi
12.	279	TOICH, LAINEY	3	HHHN	57:21	18:29 / mi
13.	278	TOICH, KINSLEE	4	HHHN	57:22	18:30 / mi
14.	94	ETU, HANNAH	6		59:00	19:01 / mi
15.	166	LAWSON, LAKELYN	1		59:10	19:04 / mi
16.	47	CICCARELLI, AMELIA	6		1:00:17	19:26 / mi
17.	273	TIERNEY, CHARLOTTE	2	HHHN	1:01:58	19:59 / mi
18.	248	SHEPARD, RAEGAN	0	HHHN	1:02:49	20:15 / mi
19.	247	SHEPARD, MORGAN	3	HHHN	1:02:49	20:15 / mi
Female 15-19						
1.	115	GRANGER, TORI	19		29:23	9:28 / mi
2.	285	VAN NESS, BROOKE	16		36:22	11:43 / mi
Female 20-29						
1.	53	CLARK, MADISON	28	Fort Miller Group	22:09	7:08 / mi
2.	465	Hayes, Merrisa	28		23:23	7:32 / mi
3.	287	VASSAR, BRIENNA	23	HHHN	31:58	10:18 / mi
4.	174	MARCIL, MORGAN	24	HHHN	32:09	10:22 / mi
5.	264	SWEENOR, ALEXIS	25	HHHN	33:59	10:57 / mi
6.	446	Klingbeil, Megan	24		34:56	11:16 / mi
7.	188	MILLER, BREANNA	28	HHHN	42:05	13:34 / mi
8.	490	Taylor, Madison	22		42:31	13:42 / mi
9.	299	WILLIS, MORGAN	22	HHHN	44:12	14:15 / mi
10.	108	GLASHEEN, BROOKE	29		44:53	14:28 / mi
11.	105	GALUSZKA, MEGHAN	22		54:01	17:25 / mi
12.	202	MULCAHY, HANNAH	21	HHHN	54:26	17:33 / mi
13.	164	LARROW, JOANNE	27	HHHN	54:52	17:41 / mi
14.	30	BROCKWAY, ALEXIS	27	HHHN	56:11	18:07 / mi
15.	55	COHEN, ELIANA	22		56:44	18:17 / mi
16.	58	COHEN, OLIVIA	24		57:18	18:28 / mi
17.	277	TOICH, KAYCIE	25	HHHN	57:22	18:30 / mi
18.	51	CLARK, CALLA	28	HHHN	57:23	18:30 / mi
19.	250	SHULTES, CAROLYNE	22	GlobalFoundries	57:56	18:41 / mi
20.	32	BROWN, BLAKELY	22		57:56	18:41 / mi
21.	127	HARRINGTON, KOREENA	27	HHHN	59:12	19:05 / mi
22.	165	LAWSON, BRAYDIN	29		59:13	19:05 / mi
23.	283	USHER, BRIANNA	23	HHHN	59:22	19:08 / mi

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Place	Bib	Name	Age	Corporation	GunTime	Pace
24.	26	BOYER, MEGHAN	29	HHHN	59:22	19:08 / mi
25.	307	WREN, KATIE	23	HHHN	1:02:30	20:09 / mi
26.	148	JOHNSON, MYKAILA	28	HHHN	1:02:46	20:14 / mi
27.	249	SHEPARD, TAYLOR	29	HHHN	1:02:49	20:15 / mi
28.	28	BRAMER, SARAH	27	HHHN	1:03:48	20:34 / mi
29.	266	THOMAS, KAYLA	27	HHHN	1:10:04	22:36 / mi
30.	14	BARRON, AMANDA	29	HHHN	1:10:20	22:41 / mi

Female 30-39

1.	173	MARCHESE, CRISTINA	39		24:48	7:59 / mi
2.	230	ROSENBROCK, DIANA	32		26:24	8:30 / mi
3.	139	HILTON, BRITTANY	31		28:04	9:02 / mi
4.	128	HARRINGTON, MARISSA	35		28:33	9:12 / mi
5.	17	BLACK, KELLY	39	SUNY Adirondack	28:47	9:16 / mi
6.	499	Storey, Nicole	31		30:31	9:50 / mi
7.	505	Hunt, Alyssa	35		30:46	9:55 / mi
8.	503	Ackermann, Anna	35		30:46	9:55 / mi
9.	209	O'NEILL, ALYSSA	31		31:28	10:08 / mi
10.	159	LANDGREN, ASHLEY	30	HHHN	33:26	10:46 / mi
11.	289	VILLANO, JACKIE	34	HHHN	39:43	12:48 / mi
12.	194	MILLETT-DESIMONE,	33	HHHN	41:23	13:20 / mi
13.	296	WHITFORD, EVELYN	37	HHHN	45:29	14:40 / mi
14.	293	WHEELER, MADDY	31		45:56	14:48 / mi
15.	66	CRUICKSHANK, KATIE	31		48:28	15:37 / mi
16.	220	PULSONI, ASHLEY	34	HHHN	48:32	15:39 / mi
17.	235	SANTORE, MEGAN	35	HHHN	49:06	15:50 / mi
18.	74	DI BARI, AMY	38	HHHN	49:10	15:51 / mi
19.	195	MOREHOUSE, KAYLA	34	HHHN	53:59	17:24 / mi
20.	219	PRONTO, LIZ	32	HHHN	54:37	17:37 / mi
21.	20	BLANCHARD, NIKKIE	33		54:37	17:37 / mi
22.	239	SAVILLE, MARLANA	36	HHHN	54:40	17:37 / mi
23.	160	LANDRY, JANIE	37	Finch	54:45	17:39 / mi
24.	130	HARTEN, LEIGHA	39	Finch	54:45	17:39 / mi
25.	196	MORRISSEY, JESSICA	32	HHHN	54:48	17:40 / mi
26.	64	CROWLEY, MAGGIE	33	HHHN	54:48	17:40 / mi
27.	198	MORRISSEY, TAYLOR	32	HHHN	54:48	17:40 / mi
28.	50	CICCARELLI, NICOLE	37	WHC	1:00:25	19:29 / mi
29.	274	TIERNEY, KATRINA	37	HHHN	1:02:02	20:00 / mi
30.	192	MILLER, JENNA	30	HHHN	1:02:06	20:01 / mi
31.	116	GRECO, JACQUELINE	36	HHHN	1:02:06	20:01 / mi
32.	268	THOMPSON, CHRISTINA	39		1:02:44	20:14 / mi

Female 40-49

1.	456	Trybandis, Justine	41		20:49	6:42 / mi
2.	143	HUBERT, KRISTINA	46		25:21	8:10 / mi
3.	5	ALBERT, JESSIE	48		27:19	8:48 / mi
4.	228	ROGERS, MICHELLE	48		27:31	8:52 / mi
5.	113	GRABBE, LISA	42		28:42	9:15 / mi
6.	98	FISHER, PAM	43	HHHN	29:05	9:22 / mi
7.	84	DUFOUR, TONYA	44	PAH HHHN	30:44	9:54 / mi
8.	294	WHITE, CYNTHIA	42		32:49	10:34 / mi

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Place	Bib	Name	Age	Corporation	GunTime	Pace
9.	140	HINE, STACY	43		33:10	10:41 / mi
10.	179	MCCART, KELLY	47	Fort Miller Group	33:10	10:41 / mi
11.	282	TROTTIER, KATHRYN	40		33:36	10:50 / mi
12.	88	EDWARDS, BECKY	43		33:58	10:57 / mi
13.	333	WRIGHT, JENNIFER	42	HHHN	33:59	10:57 / mi
14.	34	BUCKLEY, JACQUELYN	42	HHHN	34:00	10:57 / mi
15.	154	KRYSTAL, DELSIGNORE	40	HHHN	44:13	14:15 / mi
16.	104	GALUSHA, CANDACE	41		46:03	14:51 / mi
17.	206	NOVOTARSKI, KRISTA	48	HHHN	48:29	15:38 / mi
18.	24	BORDEAUX, MARYBETH	42	HHHN	48:32	15:39 / mi
19.	62	COPELAND, CLAUDIA	48	HHHN	50:18	16:13 / mi
20.	215	PETRIE, MARIE	41	Glens Falls Symphony	52:16	16:51 / mi
21.	141	HOLOWACH, JULIE	49		52:42	16:59 / mi
22.	46	CENATE, ASHLEY	40	HHHN	53:18	17:11 / mi
23.	231	ROZELLE, BRITTANY	41	HHHN	54:37	17:37 / mi
24.	85	DUNN, ERIN	43	HHHN	54:38	17:37 / mi
25.	466	Palmer, Diana	43		55:17	17:49 / mi
26.	298	WILLIAMS, KRISTEN	44		55:19	17:50 / mi
27.	475	Shaver, Jaeanelle	48		56:06	18:05 / mi
28.	52	CLARK, LISA	45		57:10	18:26 / mi
29.	54	COHEN, ANGELA	43	HHHN	57:24	18:30 / mi
30.	123	HAMEL, JOHANNA	49	HHHN	58:15	18:47 / mi
31.	93	ETU, CHERYL	45		59:00	19:01 / mi
32.	210	ORMSBY, KATE	47	HHHN	59:22	19:08 / mi
33.	193	MILLER, KIM	43	HHHN	59:25	19:09 / mi
34.	253	SMITH, JENNIFER	45	HHHN	1:02:04	20:01 / mi
35.	254	SMYTH, JESSICA	42		1:02:45	20:14 / mi

Female 50-59

1.	221	QUINTOIS, JEANETTE	53	HHHN	31:01	10:00 / mi
2.	207	OAKES, DARIA	58		31:15	10:04 / mi
3.	90	ENDIEVERI, DEANA	54		32:41	10:32 / mi
4.	261	SPOKANE, LINDA	58	HHHN	33:20	10:44 / mi
5.	35	BURNELL, HEIDI	55		33:20	10:44 / mi
6.	59	COLLINS, HEIDI	56		34:40	11:10 / mi
7.	258	SPIEZIO, MARY ANN	55	Fort Miller Group	36:52	11:53 / mi
8.	226	RIVERA-LEGERE, DIANA	52	Fort Miller Group	38:05	12:16 / mi
9.	191	MILLER, JAMIE	56	HHHN	42:05	13:34 / mi
10.	29	BRINK, JENNIFER	54	Glens Falls Symphony	42:37	13:44 / mi
11.	155	LABOUNTY, DONNA	57		43:14	13:56 / mi
12.	271	THREW, TARA	53	HHHN	48:14	15:33 / mi
13.	36	BUSH, WENDY	58		48:28	15:37 / mi
14.	13	BARDIN, KELLY	52	HHHN	48:29	15:38 / mi
15.	447	Rabin, Mary Pat	59		52:51	17:02 / mi
16.	183	MCGARR, DEBORAH	53		52:54	17:03 / mi
17.	40	CARLINO, APRILE	59	HHHN	52:55	17:03 / mi
18.	201	MULCAHY, DEBORAH	56	HHHN	54:27	17:33 / mi
19.	158	LAMOS, MICHELE	58		55:13	17:48 / mi
20.	265	TARTAGLIONE, SUSAN	58		56:05	18:05 / mi
21.	218	POTTER, KAREN	57	HHHN	59:09	19:04 / mi
22.	252	SMITH, JACKIE	56		59:12	19:05 / mi

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Place	Bib	Name	Age	Corporation	GunTime	Pace
23.	211	PALM, KIMBERLY	52	HHHN	1:00:59	19:40 / mi
24.	156	LAGUERRE, TAMMIE	53	HHHN	1:02:06	20:01 / mi
25.	107	GIRARD, MONICA	58	HHHN	1:10:22	22:41 / mi

Female 60-69

1.	170	LOEWENSTEIN, JEAN	66		33:10	10:41 / mi
2.	186	MEHAN, JILL	69		37:36	12:07 / mi
3.	1	ABRAHAMSEN, DENISE	61	HHHN	47:15	15:14 / mi
4.	444	Stapleton, Karen	66		52:59	17:05 / mi
5.	163	LAPPER, JEAN	63	Anderson Advisory Certified Public	55:17	17:49 / mi
6.	476	Bock, Devon	60		56:05	18:05 / mi
7.	205	NORTON, SHAWN	62		56:11	18:07 / mi
8.	106	GATES, SUSAN	60	HHHN	59:09	19:04 / mi
9.	49	CICCARELLI, MARY	62	HHHN	1:00:25	19:29 / mi
10.	89	EISENHARDT, ELIZABETH	63	HHHN	1:02:00	19:59 / mi
11.	167	LEFEBVRE, PATRICIA	60	HHHN	1:02:02	20:00 / mi
12.	38	CAMPBELL, NICOLE	66	HHHN	1:02:04	20:01 / mi

Female 70-79

1.	390	Picotte, Rossana	70		25:18	8:09 / mi
2.	394	Pederson, Jill	73		30:36	9:52 / mi
3.	41	CARPENTER, ALICE	73		39:54	12:52 / mi
4.	149	JOHNSTON, NANCY	78		51:26	16:35 / mi
5.	152	KLIMAS, NANCY	70		55:18	17:50 / mi
6.	223	RECH, JOAN	77		55:20	17:50 / mi

Male 14 & Under

1.	178	MCCART, FINN	12	Fort Miller Group	23:19	7:31 / mi
2.	406	Cirillo, Jonny	13		24:27	7:53 / mi
3.	19	BLACK, THEODORE	8	SUNY Adirondack	27:46	8:57 / mi
4.	56	COHEN, JACOB	10	HHHN	34:55	11:15 / mi
5.	77	DI BARI, JONAH	11	HHHN	35:24	11:24 / mi
6.	61	COPELAND, AUSTIN	11	HHHN	36:19	11:42 / mi
7.	110	GRABBE, ALEXANDER	11		37:10	11:59 / mi
8.	256	SNELLINGER, NOAH	7		39:15	12:39 / mi
9.	72	DESIMONE, ROCCO	7	HHHN	41:00	13:13 / mi
10.	295	WHITFORD, COOPER	7	HHHN	45:27	14:39 / mi
11.	75	DI BARI, ELLIOTT	7	HHHN	46:10	14:53 / mi
12.	234	SANTORE, DENVER	4	HHHN	49:06	15:50 / mi
13.	237	SAVILLE, BRUCE	1	HHHN	54:40	17:37 / mi
14.	63	CROWLEY, CALVIN	2	HHHN	54:48	17:40 / mi
15.	197	MORRISSEY, LAKE	0	HHHN	54:48	17:40 / mi
16.	292	WARRINGTON, AIDEN	9	HHHN	56:53	18:20 / mi
17.	25	BOYER, JAYCE	2	HHHN	59:22	19:08 / mi
18.	48	CICCARELLI, BROOKS	4	WHC	1:00:26	19:29 / mi
19.	272	TIERNEY, AIDEN	8	HHHN	1:01:57	19:58 / mi
20.	190	MILLER, HARRISON	1	HHHN	1:02:05	20:01 / mi
21.	146	JOHNSON, COLBY	0	HHHN	1:02:45	20:14 / mi
22.	147	JOHNSON, COOPER	2	HHHN	1:02:46	20:14 / mi

Male 15-19

1.	177	MCCART, ARAN	15	Fort Miller Group	50:00	16:07 / mi
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2024 Glens Falls Rotary 5K Run/Walk



Age Group Results 5K

Place	Bib	Name	Age	Corporation	GunTime	Pace
Male 20-29						
1.	408	Freed, Chase	20		20:25	6:34 / mi
2.	308	WRIGHT, ALEX	29		21:46	7:01 / mi
3.	257	SPIEZIO, JEREMY	27	Fort Miller Group	22:09	7:08 / mi
4.	200	MOULTHROP, CASEY	23	HHHN	23:08	7:27 / mi
5.	453	Tanzella, Maco	27		28:34	9:12 / mi
6.	4	ADAMS, QUINCY	26	Fort Miller Group	30:38	9:52 / mi
7.	415	Carpenter, Cole	23		38:41	12:28 / mi
8.	486	Viger, Jason	22		42:32	13:43 / mi
9.	411	Wager, Benjamin	29		42:32	13:43 / mi
10.	10	BAILEY, KYLE	25	HHHN	44:12	14:15 / mi
11.	199	MORSE, KYLE	25	HHHN	45:40	14:43 / mi
12.	124	HAMEL, NICHOLAS	25	HHHN	58:15	18:47 / mi
13.	162	LAPPOINT, AIDAN	25	HHHN	59:22	19:08 / mi
14.	87	ECKERT, JON	23	HHHN	1:02:29	20:09 / mi
15.	153	KLINGENBERG, IAN	29	HHHN	1:03:49	20:34 / mi
Male 30-39						
1.	175	MARGAN, ADAM	39		20:50	6:43 / mi
2.	385	Stevens, Chad	39		20:58	6:45 / mi
3.	76	DI BARI, JEREMY	39	HHHN	21:27	6:54 / mi
4.	389	Lupo, Kevin	32		22:48	7:21 / mi
5.	168	LEGAULT, JOE	32	Mannix Marketing	23:19	7:31 / mi
6.	21	BOGRETTE, JEFFREY	36		25:08	8:06 / mi
7.	145	HUNSINGER, NICK	34		25:30	8:13 / mi
8.	300	WITTENBERG, KEENAN	39	WCSSO	26:32	8:33 / mi
9.	122	HADINGER, JAMES	37	TYMETAL	29:05	9:22 / mi
10.	86	DZIALO, BILL	32	HHHN	29:55	9:39 / mi
11.	144	HULST, ALEX	39	Global Tech Designs	37:00	11:55 / mi
12.	109	GLASHEEN, SEAN	32		44:54	14:28 / mi
13.	71	DESIMONE, NICK	35	HHHN	52:31	16:56 / mi
14.	236	SAVILLE, BRUCE	37	HHHN	54:29	17:34 / mi
15.	81	DOUGREY, KEVIN	38	HHHN	54:38	17:37 / mi
16.	121	GUEST, ERIC	33	HHHN	56:55	18:21 / mi
17.	39	CAMPBELL, TRAVIS	35		1:01:57	19:58 / mi
18.	189	MILLER, BROCK	36	HHHN	1:02:06	20:01 / mi
Male 40-49						
1.	99	FISHER, RYAN	43		19:36	6:19 / mi
2.	169	LEGERE, RYAN	40	Fort Miller Group	20:22	6:34 / mi
3.	103	GALLO, ROSARIO	41	Fort Miller Group	21:19	6:52 / mi
4.	184	MCGRATH, BRIAN	48		21:40	6:59 / mi
5.	120	GUADAGNO, BRIAN	44	HHHN	23:02	7:25 / mi
6.	18	BLACK, STEPHEN	42	SUNY Adirondack	27:47	8:57 / mi
7.	374	WRIGHT, LES	44		30:42	9:54 / mi
8.	78	DIMICK, CHRISTOPHER	45	HHHN	31:01	10:00 / mi
9.	112	GRABBE, JEREMY	47		37:12	11:59 / mi
10.	255	SNELLINGER,	42		39:14	12:39 / mi
11.	464	Delsignore, Andrew	45		44:13	14:15 / mi
12.	129	HARRIS, SETH	42	Glens Falls Symphony	52:16	16:51 / mi
13.	275	TIERNEY, SEAN	42	HHHN	1:02:00	19:59 / mi

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Place	Bib	Name	Age	Corporation	GunTime	Pace
Male 50-59						
1.	92	ETHIER, GREG	50		20:17	6:32 / mi
2.	100	FOSMIRE, MICHAEL	55	Fort Miller Group	26:23	8:30 / mi
3.	126	HANBY, SCOTT	54	Fort Miller Group	26:36	8:34 / mi
4.	101	FOSMIRE, WAYNE	57		27:18	8:48 / mi
5.	227	RIZZO, PAUL	58	HHHN	28:06	9:03 / mi
6.	161	LANE, ROBERT	51	FMG	30:08	9:42 / mi
7.	246	SHELDON, BRIAN	51	Fort Miller Group	33:15	10:43 / mi
8.	483	Grommes, Shannon	50		33:42	10:52 / mi
9.	260	SPIEZIO, RICK	57	Fort Miller Group	36:53	11:53 / mi
10.	259	SPIEZIO, PHILIP	59	Fort Miller Group	36:53	11:53 / mi
11.	180	MCCART, TERRY	55	Fort Miller Group	50:00	16:07 / mi
12.	142	HOLOWACH, MARK	52		52:33	16:56 / mi
13.	157	LAMOS, BRIAN	50		55:12	17:48 / mi
14.	472	Palmer, Scott	51		55:19	17:50 / mi
15.	11	BALLARD, SCOT	54	HHHN	1:02:01	20:00 / mi
Male 60-69						
1.	187	MERCADO, SAMUEL	61		20:50	6:42 / mi
2.	43	CASLINE, JAMIE	64		24:14	7:48 / mi
3.	233	SANTONI, LEWIS	65	Glens Falls running club	25:46	8:18 / mi
4.	15	BEHLMER, TOM	66		25:57	8:22 / mi
5.	440	Carpenter, Peter	66		28:15	9:06 / mi
6.	386	Schachner, Mark	69		29:36	9:32 / mi
7.	212	PARKER, ERIC	68		30:39	9:53 / mi
8.	208	OMOHUNDRO, JAMES	62	HHHN	30:45	9:54 / mi
9.	80	DOLAN, MICHAEL	65		31:29	10:09 / mi
10.	437	Klingbeil, Mark	61		34:56	11:15 / mi
11.	455	Murphy, Tom	65		52:59	17:05 / mi
12.	229	ROLAND, PETER	63		55:19	17:50 / mi
13.	204	NORTON, BILL	63		56:07	18:05 / mi
Male 70-79						
1.	392	van Wely, Don	74		30:54	9:58 / mi
2.	79	DIPIERRO, LEO	73		32:54	10:36 / mi
3.	67	CUNNINGHAM, JIM	79		43:06	13:53 / mi
4.	288	VAVASOUR, JOHN	75		44:39	14:24 / mi

Number of records: 262