

ADK Tour de Ski - Tupper Lake



Place	Bib	Name	Gender	Age	Team	Finish Time
10K Skate						
Male 1-19						
1.	18	William PREECE	m	13	NYSEF	33:37.1
Open Female						
1.	12	Alanna KOGUT	f	35	Saranac Lake Nordic	48:57.7
Masters Male 40-49						
1.	13	Keith KOGUT	m	42	Saranac Lake Nordic	33:52.0
2.	23	Gregory SMITH	m	45		37:46.1
3.	3	Adam DESANTIS	m	46		40:15.6
Masters Female 40-49						
1.	2	Dana COOREMAN	f	42		45:50.9
Masters Male 50-59						
1.	19	Christopher ROSE	m	56	NYSEF	34:03.7
2.	6	Wendell HALA	m	56		35:11.5
3.	14	Bernie LANDA	m	54		40:08.5
6K Skate						
Masters Female 40-49						
1.	20	Emily SHAW	f	45	Higley Flow Ermines	37:01.7
2.	10	Keriann KAERCHER	f	42	Polar Bear Ski Club	38:27.7
10K Classic						
Open Female						
1.	24	Dolcie TANGUAY	f	23	NYSEF Pro	37:57.5
Masters Male 40-49						
1.	8	Stephen HANN	m	50	NYSEF parents club	40:37.9
Masters Female 40-49						
1.	7	Molly HANN	f	44	NYSEF parents club	53:11.1
Masters Male 50-59						
1.	21	Kevin SHEASGREEN	m	53		1:04:18.7
Masters Male 60+						
1.	11	Todd KEMPAINEN	m	67		40:42.3
2.	4	Joseph GARSO	m	61	Saranac Lake Nordic	41:36.2



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Place	Bib	Name	Gender	Age	Team	Finish Time
Masters Female 60+						
1.	5	Jorunn GRAN-HENRIKSEN	f	64		44:26.9
2.	16	Deb NORDYKE	f	63	Saratoga Biathlon Club	46:54.1
6K Classic						
1.	1	Kristin ARMENDOLA	x	40		47:10.8
Masters Female 40-49						
1.	9	Emily IVERSON	f	42	Higley	40:05.8
Masters Female 50-59						
1.	22	Lorry SHEASGREEN	f	57		51:59.4
Masters Female 60+						
1.	15	Denise NICASTRO	f	64		54:24.8

