

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
Boys Freshmen						
1	1	629	Thomas KIRCHHERR	Saratoga Springs	4:42	08:27
2	2	516	Zachary STUPAR	Guilderland	4:52	08:45
3	3	633	Justin LENTINI	Saratoga Springs	4:54	08:50
4	4	523	Jack WHITNEY	Guilderland	4:59	08:59
5	5	495	Aryan MANTOO	Guilderland	5:00	09:01
6	6	502	Conor O'GRADY	Guilderland	5:02	09:05
7	7	837	Seeraj BELLAMKONDA	Shenendehowa	5:04	09:08
8	8	841	Caeden GRIZZAFFI	Shenendehowa	5:04	09:08
9	9	649	Wyatt WILSON	Saratoga Springs	5:06	09:10
10	10	498	Zachary MCNEANY	Guilderland	5:06	09:11
11	11	619	Harvey EDMONDS	Saratoga Springs	5:07	09:14
12	12	642	Nicholas SMITH	Saratoga Springs	5:15	09:27
13	(13)	472	Christopher DELPOZZO	Guilderland	5:15	09:28
14	(14)	483	Jacob GOLDMAN	Guilderland	5:18	09:33
15	--	506	Shlok PRABHUSHETTAR	Guilderland	5:19	09:34
16	15	846	Grayson LYNCH	Shenendehowa	5:20	09:36
17	16	866	Leo YANG	Shenendehowa	5:24	09:43
18	--	489	Henrik KARDOS	Guilderland	5:26	09:46
19	--	518	Desmond VERSTEEGEN	Guilderland	5:30	09:55
20	17	840	Robbie DAUS	Shenendehowa	5:36	10:05
21	--	482	Benjamin GOLDMAN	Guilderland	5:37	10:06
22	--	525	Niko WOOD-IRVIN	Guilderland	5:38	10:09
23	(18)	625	Grady HINDSON	Saratoga Springs	5:40	10:12
24	(19)	648	Ryan WILLIN	Saratoga Springs	5:43	10:17
25	--	501	Kellan MURPHY	Guilderland	5:45	10:21
26	--	617	Mark COOPER	Saratoga Springs	5:45	10:22
27	(20)	858	Gautham Reddy SAGILI	Shenendehowa	5:49	10:28
28	--	524	Jonathan WOJCIK	Guilderland	5:50	10:31
29	(21)	850	Oliver MULDOON	Shenendehowa	5:56	10:42
30	--	855	Thomas PIACENTINE	Shenendehowa	5:59	10:46
31	--	1301	Charlie WALLINGFORD	Saratoga Springs	6:00	10:49
32	--	461	Crosby BELISLE	Guilderland	6:00	10:49
33	--	511	Cooper SHAPIRO	Guilderland	6:01	10:51
34	--	517	Akshit THINDI	Guilderland	6:02	10:52
35	--	20	Ethan CENIZA	Albany High School	6:03	10:54
36	--	507	Adhirayan RAVIKUMAR	Guilderland	6:05	10:57
37	--	475	Benjamin DONALDSON	Guilderland	6:08	11:02
38	--	845	Oscar HOCKENOS-CHANG	Shenendehowa	6:10	11:06
39	--	24	Noah DEWITT	Albany High School	6:10	11:06
40	--	612	Brayden BARRETT	Saratoga Springs	6:18	11:21
41	--	493	Benjamin LEONARD-MULLEN	Guilderland	7:20	13:12
42	--	508	Henry RIVAS	Guilderland	7:20	13:13
43	--	842	Pradyun GUJJU	Shenendehowa	7:40	13:48
44	--	503	Ilgar ORSCEK	Guilderland	8:10	14:42

Girls Freshmen

1	1	819	Anna MCGAFFIN	Shenendehowa	6:18	11:22
2	2	814	Riley LYNCH	Shenendehowa	6:19	11:22
3	3	604	Madeleine SNYDER	Saratoga Springs	6:21	11:26

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
4	4	591	Clementine CONSTANTINO	Saratoga Springs	6:48	12:14
5	5	410	Deena DEL POZZO	Guilderland	7:00	12:37
6	6	788	Gia BRONZELL	Shenendehowa	7:00	12:37
7	7	608	Ellie TEMPEST	Saratoga Springs	7:02	12:40
8	8	407	Teagan DAVIS	Guilderland	7:03	12:42
9	9	817	Nola MASLOWSKY	Shenendehowa	7:05	12:46
10	10	784	Alexandra BEER	Shenendehowa	7:07	12:49
11	11	413	Brianna HARDING	Guilderland	7:09	12:52
12	(12)	820	Zoe MCGUIRE	Shenendehowa	7:09	12:52
13	(13)	789	Layla BUCK	Shenendehowa	7:09	12:52
14	--	826	Liberty REINHARDT	Shenendehowa	7:09	12:53
15	14	422	Kavya KONDREDDY	Guilderland	7:10	12:55
16	15	432	Fiona MCCARTHY	Guilderland	7:10	12:55
17	(16)	426	Ashlin LEVY	Guilderland	7:23	13:17
18	17	586	Gabriella BIZZARRO	Saratoga Springs	7:34	13:37
19	--	803	Surabhi IYER	Shenendehowa	7:52	14:11
20	18	594	Arden HAUSER	Saratoga Springs	7:59	14:23
21	(19)	429	Christina MACRI	Guilderland	8:06	14:35
22	--	444	Darshana SARAVANKUMAR	Guilderland	8:06	14:35
23	--	1326	Daphne BRETHERTZ	Shenendehowa	8:06	14:36
24	--	832	Sophia TSAKALOYANNIS	Shenendehowa	8:07	14:38
25	--	821	Amanda MILBY	Shenendehowa	8:12	14:45
26	--	795	Abigail GEORGE	Shenendehowa	8:13	14:47
27	--	412	Brittany FARGIONE	Guilderland	8:22	15:05
28	--	420	Emily KIM	Guilderland	8:37	15:31
29	--	435	Lauren Rose MELE	Guilderland	8:41	15:38
30	(20)	585	Alessandra BIZZARRO	Saratoga Springs	8:45	15:46
31	--	419	Isabella KEOUGH	Guilderland	8:56	16:05
32	--	816	Amelia MARSH	Shenendehowa	9:06	16:23
33	--	411	Ananya DIXIT	Guilderland	9:11	16:32
34	--	439	Katie NGUYEN	Guilderland	9:32	17:09
35	--	13	Nevaeh PIERCE	Albany High School	10:38	19:09
36	--	425	Amelia KRYWANCZYK	Guilderland	10:55	19:39

Boys JV

1	1	624	Daniel HANCOCK	Saratoga Springs	5:42	17:42
2	2	622	Julian GARGANO	Saratoga Springs	5:42	17:42
3	3	615	Grahm BURNS	Saratoga Springs	5:43	17:46
4	4	623	Caleb HANCOCK	Saratoga Springs	5:44	17:48
5	5	635	Lucas MILLER	Saratoga Springs	5:45	17:50
6	(6)	620	Henry ERREGER	Saratoga Springs	5:45	17:52
7	(7)	614	Matthew BRITTEN	Saratoga Springs	5:46	17:54
8	8	471	Colin DAVIS	Guilderland	5:47	17:57
9	--	638	Brent PASEK	Saratoga Springs	5:50	18:06
10	9	499	Joshua MELCHIOR	Guilderland	5:51	18:08
11	10	496	Ben MAYER	Guilderland	5:51	18:08
12	--	631	William LAROW	Saratoga Springs	5:52	18:12
13	11	519	Benjamin VROOMAN	Guilderland	5:52	18:13
14	--	618	Jacob DECKER	Saratoga Springs	5:57	18:29
15	12	492	Jack KRANSLER	Guilderland	5:59	18:33
16	13	1333	Jonas VINCIQUERRA	Shenendehowa	6:01	18:40

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
17	(14)	467	Evan BYON	Guilderland	6:02	18:44
18	--	647	Alexander WILDERMUTH	Saratoga Springs	6:04	18:50
19	(15)	464	Christopher BOWMAN	Guilderland	6:06	18:56
20	--	477	Avery DUNCAN	Guilderland	6:08	19:03
21	--	465	Nathaniel BURKE	Guilderland	6:10	19:09
22	16	860	Michael SCHANZ	Shenendehowa	6:13	19:19
23	17	865	Joshua WOODRY	Shenendehowa	6:14	19:19
24	--	512	Benjamin SHATYNSKI	Guilderland	6:16	19:27
25	--	510	Evan SCHLEICHER	Guilderland	6:18	19:33
26	--	480	Andrei FLYNN	Guilderland	6:20	19:40
27	--	466	Tommy BURKE	Guilderland	6:21	19:42
28	18	849	Jonah MORGAN	Shenendehowa	6:27	19:59
29	19	847	Karter MASLOWSKY	Shenendehowa	6:28	20:04
30	--	463	Riley BETTER	Guilderland	6:31	20:12
31	--	515	William STEVENS	Guilderland	6:34	20:23
32	--	640	Daniel SANSONE	Saratoga Springs	6:34	20:23
33	--	513	Parker SKIPP	Guilderland	6:36	20:29
34	20	29	Sean KEEFE	Albany High School	6:39	20:38
35	(21)	857	Phoenix ROMAN	Shenendehowa	6:40	20:40
36	--	478	Shane EISENZOPF	Guilderland	6:40	20:42
37	22	44	Edward VERHOFF JR.	Albany High School	6:43	20:52
38	23	36	Nathaniel PUPONS	Albany High School	6:44	20:53
39	--	529	Adam ZIEBA	Guilderland	6:46	21:00
40	(24)	864	Noah WEIN	Shenendehowa	6:55	21:29
41	--	486	Derek JOHNSON	Guilderland	6:59	21:41
42	--	488	Walker JUDA	Guilderland	7:01	21:46
43	--	504	Anthony PADULA	Guilderland	7:02	21:49
44	25	46	Devin WHEELER	Albany High School	7:09	22:10
45	26	41	Philip SHOPSIS-KENT	Albany High School	7:09	22:12
46	(27)	16	Robert BERRY	Albany High School	7:12	22:20
47	(28)	35	Thandise PIETERSE	Albany High School	7:13	22:22
48	--	42	Ezekiel SOTO	Albany High School	7:14	22:27
49	--	14	Eli BEARDEN	Albany High School	7:18	22:38
50	--	26	Ulysses GRAHAM-SNYDER	Albany High School	7:21	22:49
51	--	509	Padraig SCALLY	Guilderland	7:22	22:51
52	--	474	Samuel DIPIERRO	Guilderland	7:28	23:11
53	--	476	Logan DOVER	Guilderland	7:33	23:25
54	--	39	Carlos SANTACRUZ	Albany High School	7:34	23:30
55	--	47	Imre ZAK	Albany High School	7:37	23:37
56	--	484	Sean HALLIGAN	Guilderland	7:37	23:39
57	--	473	Dominic DIGREGORIO	Guilderland	7:43	23:55
58	--	479	Tyler FARGIONE	Guilderland	7:47	24:10
59	--	37	Gideon ROSENTHAL	Albany High School	7:50	24:18
60	--	500	Bryce MULCAHEY	Guilderland	7:55	24:32
61	--	522	Finn WENDT	Guilderland	8:13	25:28
62	--	21	Theodore CENIZA	Albany High School	8:21	25:55
63	--	15	Pierce BENSON	Albany High School	8:22	25:56

Girls JV

1	1	600	Elle NELSON	Saratoga Springs	6:15	19:24
2	2	583	Yue Tong ANG	Saratoga Springs	6:16	19:26

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
3	3	609	Kate TURNER	Saratoga Springs	6:24	19:51
4	4	454	Kara WHITESIDE	Guilderland	6:31	20:12
5	5	605	Matilda SULLIVAN	Saratoga Springs	6:32	20:17
6	6	590	Alyssa CONNORS	Saratoga Springs	6:41	20:43
7	(7)	598	Katherine MACGREGOR	Saratoga Springs	6:49	21:08
8	8	453	Camille WEY	Guilderland	6:49	21:09
9	9	428	Amaris MACASADDUG	Guilderland	6:54	21:24
10	10	804	Maya JANSSEN	Shenendehowa	6:59	21:41
11	11	434	Violet MCCUTCHEON	Guilderland	7:00	21:43
12	12	797	Meghan GRIZZAFFI	Shenendehowa	7:01	21:47
13	(13)	606	Maya TAMVADA	Saratoga Springs	7:02	21:51
14	14	447	Eleanor SMITAS	Guilderland	7:03	21:52
15	15	830	Kaitlin SPINNER	Shenendehowa	7:07	22:03
16	16	829	Julia SINNOTT	Shenendehowa	7:07	22:04
17	--	611	Natalie WILDING	Saratoga Springs	7:07	22:06
18	--	602	Alison PRITCHARD	Saratoga Springs	7:08	22:08
19	17	790	Sophie COTTRELL	Shenendehowa	7:11	22:19
20	(18)	792	Erin FARIELLO	Shenendehowa	7:14	22:26
21	(19)	782	Emma ANDERSON	Shenendehowa	7:14	22:28
22	(20)	406	Jennifer CZABAN	Guilderland	7:15	22:30
23	(21)	457	Isabella WU	Guilderland	7:16	22:32
24	--	805	Kira JONES	Shenendehowa	7:18	22:39
25	--	813	Rose LOOMIS	Shenendehowa	7:21	22:47
26	--	833	Sydney UPDYKE	Shenendehowa	7:21	22:49
27	--	831	Dia SWEET	Shenendehowa	7:22	22:52
28	--	596	Caroline HENNESSY	Saratoga Springs	7:34	23:28
29	--	452	Cassandra WEISS	Guilderland	7:36	23:35
30	--	801	Elizabeth HOOK	Shenendehowa	7:38	23:40
31	--	783	Lillian ARMSTRONG	Shenendehowa	7:41	23:49
32	--	799	Reigan HEROLD	Shenendehowa	7:41	23:50
33	--	427	Jeanne LU	Guilderland	7:42	23:54
34	--	431	Alessandra MARANDO	Guilderland	7:44	23:59
35	--	828	Bella SILIPIGNO	Shenendehowa	7:45	24:02
36	--	442	Lindsey RIVERA	Guilderland	7:46	24:06
37	--	800	Charlotte HOFSTEIN	Shenendehowa	7:46	24:07
38	--	404	Ari CHOI	Guilderland	7:52	24:25
39	--	807	Zoe KARPIAK	Shenendehowa	7:59	24:44
40	--	806	Sydney JOYCE	Shenendehowa	7:59	24:47
41	--	418	Cassidy KEOUGH	Guilderland	8:05	25:05
42	--	825	Isabella QUATRINI	Shenendehowa	8:05	25:06
43	--	451	Abby WARREN	Guilderland	8:06	25:08
44	--	811	Iris LIMBOI	Shenendehowa	8:07	25:10
45	--	401	Rachel ALIN	Guilderland	8:07	25:12
46	--	443	Alissa ROYER	Guilderland	8:09	25:17
47	--	417	Ava JONES	Guilderland	8:19	25:49
48	--	409	Calleigh DEL POZZO	Guilderland	8:31	26:24
49	--	812	Emma LITTLEJOHN	Shenendehowa	8:32	26:28
50	--	446	Savannah SKEETER	Guilderland	8:36	26:40
51	--	456	Maya WOJCIK	Guilderland	8:47	27:14
52	--	400	Isabelle AGUIRRE WIEDERHOLD	Guilderland	8:47	27:16
53	--	421	Aashni KOMATIREDDY	Guilderland	8:49	27:20

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
54	--	408	Brianna DEL POZZO	Guilderland	8:59	27:50
55	--	1328	Kendra PALMER	Shenendehowa	9:04	28:08
56	--	798	Caitlin HART	Shenendehowa	9:09	28:24
57	--	449	Meena VALLABHANENI	Guilderland	9:27	29:20
58	--	3	Jillian COLLEY	Albany High School	9:50	30:30
59	--	595	Sophia HAWS	Saratoga Springs	9:55	30:45
60	--	448	Dylan TEAL	Guilderland	9:57	30:51
61	--	441	Lily RIVERA	Guilderland	10:26	32:21
62	--	437	Ana MONCADA-BARRIOS	Guilderland	10:29	32:30
63	--	786	Emily BOLOGNA	Shenendehowa	10:44	33:18

Boys Varsity

1	1	626	Thomas ISENOVSKI	Saratoga Springs	5:04	15:44
2	2	613	Owen BLAISDELL	Saratoga Springs	5:08	15:56
3	3	514	William SMITAS	Guilderland	5:13	16:13
4	4	861	Jack SEAGROATT	Shenendehowa	5:16	16:20
5	5	491	Joseph KOSIER	Guilderland	5:20	16:32
6	6	632	Levi LAYDEN	Saratoga Springs	5:21	16:37
7	7	852	Gregory PARSEGHIAN	Shenendehowa	5:23	16:43
8	8	627	Othmane KERROUM	Saratoga Springs	5:26	16:51
9	9	487	Noah JOHNSON	Guilderland	5:28	16:58
10	10	616	Walker CHAPMAN	Saratoga Springs	5:28	16:58
11	11	481	Alex GOLDMAN	Guilderland	5:28	16:58
12	(12)	637	Joshua NIX	Saratoga Springs	5:31	17:08
13	13	843	Jack HALLAHAN	Shenendehowa	5:34	17:15
14	14	838	Leo CHRISTOPHER	Shenendehowa	5:38	17:30
15	(15)	641	Jackson SHAW	Saratoga Springs	5:39	17:30
16	16	494	Sean LEVY	Guilderland	5:39	17:32
17	(17)	527	Young XU	Guilderland	5:40	17:35
18	18	17	Noah BIZER	Albany High School	5:41	17:37
19	(19)	468	Graham CLARKE	Guilderland	5:41	17:38
20	20	862	Dylan VANA	Shenendehowa	5:49	18:01
21	(21)	848	Erik MILLER	Shenendehowa	5:52	18:14
22	(22)	867	Jackson ZBYZENSKI	Shenendehowa	5:56	18:24
23	23	45	Cameron VOLK	Albany High School	5:58	18:32
24	24	30	Henry KIRCHGRABER	Albany High School	6:12	19:13
25	25	19	Gabe BRYER	Albany High School	6:17	19:28
26	26	31	Daniel LEVY	Albany High School	6:37	20:31
27	(27)	40	Eitan SCHWARTZ	Albany High School	6:37	20:33
28	(28)	22	Stanley CORNELL	Albany High School	6:38	20:36
29	--	75	Spencer SWEET	Averill Park	14:55	46:17

Girls Varsity

1	1	599	Erin MOLESKI	Saratoga Springs	5:59	18:35
2	2	607	Zoe TAMVADA	Saratoga Springs	6:04	18:49
3	3	589	Cora CONLEY	Saratoga Springs	6:05	18:51
4	4	785	Leyla BHUSRI	Shenendehowa	6:06	18:56
5	5	423	Alexa KOSIER	Guilderland	6:06	18:56
6	6	588	Iley CENTEA	Saratoga Springs	6:07	18:58
7	7	601	Reagan OWEN	Saratoga Springs	6:07	18:59
8	(8)	587	Hailey CAPELLO	Saratoga Springs	6:12	19:15

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET XC Dual

Meet

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
9	9	809	Courtney KRAWIECKI	Shenendehowa	6:13	19:18
10	10	402	Julia BEYER	Guilderland	6:14	19:19
11	(11)	584	Heidi BERGLUND	Saratoga Springs	6:14	19:21
12	12	416	Tara IYER	Guilderland	6:17	19:29
13	13	405	Braelyn CORNELL	Guilderland	6:21	19:42
14	14	415	Lily HUBBARD	Guilderland	6:24	19:50
15	(15)	424	Danika KOSIER	Guilderland	6:25	19:55
16	(16)	433	Jane MCCOY	Guilderland	6:25	19:55
17	17	810	Raquelle LANDA	Shenendehowa	6:26	19:59
18	18	808	Fiona KLINGBEIL	Shenendehowa	6:32	20:17
19	19	4	Annabelle DISTEFANO	Albany High School	6:44	20:52
20	20	796	Moira GLYNN	Shenendehowa	6:52	21:18
21	(21)	822	Kaitlyn MOORE	Shenendehowa	6:54	21:24
22	(22)	823	Addy MORELLI	Shenendehowa	6:59	21:40
23	23	6	Matilda GISH	Albany High School	7:17	22:37
24	24	7	Janie HALLGREN	Albany High School	7:20	22:44
25	25	2	Annabelle CLEMENS	Albany High School	7:30	23:16
26	26	8	Rowan HOEHN	Albany High School	7:50	24:17
27	(27)	9	Tess MOORE	Albany High School	8:25	26:05
28	(28)	11	Katherine PALACIOS	Albany High School	8:43	27:03

Number of records: 263

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
Boys Freshmen							
1	Guilderland	15	45:02	09:00	8:03	0:25	2-4-5-6-10-13-14
Girls Freshmen							
1	Guilderland	15	1:04:02	12:48	11:27	0:18	5-8-11-14-15-16-19
Boys JV							
1	Guilderland	15	1:31:01	18:12	9:27	0:36	8-9-10-11-12-14-15
2	Albany High School	50	1:46:47	21:21	11:05	1:33	20-22-23-25-26-27-28
Girls JV							
1	Guilderland	15	1:46:23	21:16	11:02	1:40	4-8-9-11-14-20-21
Boys Varsity							
1	Guilderland	15	1:24:14	16:50	8:44	1:19	3-5-9-11-16-17-19
2	Albany High School	49	1:35:24	19:04	9:54	2:54	18-23-24-25-26-27-28
Girls Varsity							
1	Guilderland	15	1:37:18	19:27	10:06	0:54	5-10-12-13-14-15-16
2	Albany High School	50	1:53:48	22:45	11:48	3:25	19-23-24-25-26-27-28

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
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Boys Freshmen

1	Shenendehowa	10	47:42	09:32	8:31	0:57	7-8-15-16-17-20-21
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Girls Freshmen

1	Shenendehowa	10	1:00:57	12:11	10:54	1:27	1-2-6-9-10-12-13
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Boys JV

1	Shenendehowa	10	1:37:23	19:28	10:06	1:23	13-16-17-18-19-21-24
2	Albany High School	34	1:46:47	21:21	11:05	1:33	20-22-23-25-26-27-28

Girls JV

1	Shenendehowa	10	1:49:56	21:59	11:24	0:37	10-12-15-16-17-18-19
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Boys Varsity

1	Shenendehowa	10	1:25:52	17:10	8:54	1:41	4-7-13-14-20-21-22
2	Albany High School	35	1:35:24	19:04	9:54	2:54	18-23-24-25-26-27-28

Girls Varsity

1	Shenendehowa	10	1:39:49	19:57	10:21	2:21	4-9-17-18-20-21-22
2	Albany High School	35	1:53:48	22:45	11:48	3:25	19-23-24-25-26-27-28

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
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Boys Freshmen

1	Guilderland	17	45:02	09:00	8:03	0:25	2-4-5-6-10-13-14
2	Shenendehowa	44	47:42	09:32	8:31	0:57	7-8-15-16-17-20-21

Girls Freshmen

1	Shenendehowa	20	1:00:57	12:11	10:54	1:27	1-2-6-9-10-12-13
2	Guilderland	39	1:04:02	12:48	11:27	0:18	5-8-11-14-15-16-19

Boys JV

1	Guilderland	15	1:31:01	18:12	9:27	0:36	8-9-10-11-12-14-15
2	Shenendehowa	48	1:37:23	19:28	10:06	1:23	13-16-17-18-19-21-24

Girls JV

1	Guilderland	18	1:46:23	21:16	11:02	1:40	4-8-9-11-14-20-21
2	Shenendehowa	37	1:49:56	21:59	11:24	0:37	10-12-15-16-17-18-19

Boys Varsity

1	Guilderland	24	1:24:14	16:50	8:44	1:19	3-5-9-11-16-17-19
2	Shenendehowa	33	1:25:52	17:10	8:54	1:41	4-7-13-14-20-21-22

Girls Varsity

1	Guilderland	24	1:37:18	19:27	10:06	0:54	5-10-12-13-14-15-16
2	Shenendehowa	37	1:39:49	19:57	10:21	2:21	4-9-17-18-20-21-22

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
Boys Freshmen							
1	Saratoga Springs	15	45:10	09:02	8:04	0:59	1-3-9-11-12-18-19
Girls Freshmen							
1	Saratoga Springs	15	1:04:22	12:52	11:30	2:56	3-4-7-17-18-20
Boys JV							
1	Saratoga Springs	15	1:28:50	17:46	9:13	0:07	1-2-3-4-5-6-7
2	Albany High School	50	1:46:47	21:21	11:05	1:33	20-22-23-25-26-27-28
Girls JV							
1	Saratoga Springs	15	1:39:44	19:56	10:21	1:19	1-2-3-5-6-7-13
Boys Varsity							
1	Saratoga Springs	15	1:22:07	16:25	8:31	1:14	1-2-6-8-10-12-15
2	Albany High School	50	1:35:24	19:04	9:54	2:54	18-23-24-25-26-27-28
Girls Varsity							
1	Saratoga Springs	15	1:34:15	18:51	9:47	0:24	1-2-3-6-7-8-11
2	Albany High School	50	1:53:48	22:45	11:48	3:25	19-23-24-25-26-27-28

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
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Boys Freshmen

1	Guilderland	25	45:02	09:00	8:03	0:25	2-4-5-6-10-13-14
2	Saratoga Springs	30	45:10	09:02	8:04	0:59	1-3-9-11-12-18-19

Girls Freshmen

1	Guilderland	28	1:04:02	12:48	11:27	0:18	5-8-11-14-15-16-19
2	Saratoga Springs	28	1:04:22	12:52	11:30	2:56	3-4-7-17-18-20

Boys JV

1	Saratoga Springs	15	1:28:50	17:46	9:13	0:07	1-2-3-4-5-6-7
2	Guilderland	50	1:31:01	18:12	9:27	0:36	8-9-10-11-12-14-15

Girls JV

1	Saratoga Springs	17	1:39:44	19:56	10:21	1:19	1-2-3-5-6-7-13
2	Guilderland	43	1:46:23	21:16	11:02	1:40	4-8-9-11-14-20-21

Boys Varsity

1	Saratoga Springs	22	1:22:07	16:25	8:31	1:14	1-2-6-8-10-12-15
2	Guilderland	35	1:24:14	16:50	8:44	1:19	3-5-9-11-16-17-19

Girls Varsity

1	Saratoga Springs	17	1:34:15	18:51	9:47	0:24	1-2-3-6-7-8-11
2	Guilderland	45	1:37:18	19:27	10:06	0:54	5-10-12-13-14-15-16

SARATOGA-SHENENDEHOWA-GUILDERLAND-ALBANY XC DUAL MEET

XC Dual Meet

TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
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Boys Freshmen

1	Saratoga Springs	21	45:10	09:02	8:04	0:59	1-3-9-11-12-18-19
2	Shenendehowa	34	47:42	09:32	8:31	0:57	7-8-15-16-17-20-21

Girls Freshmen

1	Shenendehowa	23	1:00:57	12:11	10:54	1:27	1-2-6-9-10-12-13
2	Saratoga Springs	36	1:04:22	12:52	11:30	2:56	3-4-7-17-18-20

Boys JV

1	Saratoga Springs	15	1:28:50	17:46	9:13	0:07	1-2-3-4-5-6-7
2	Shenendehowa	50	1:37:23	19:28	10:06	1:23	13-16-17-18-19-21-24

Girls JV

1	Saratoga Springs	15	1:39:44	19:56	10:21	1:19	1-2-3-5-6-7-13
2	Shenendehowa	48	1:49:56	21:59	11:24	0:37	10-12-15-16-17-18-19

Boys Varsity

1	Saratoga Springs	20	1:22:07	16:25	8:31	1:14	1-2-6-8-10-12-15
2	Shenendehowa	39	1:25:52	17:10	8:54	1:41	4-7-13-14-20-21-22

Girls Varsity

1	Saratoga Springs	17	1:34:15	18:51	9:47	0:24	1-2-3-6-7-8-11
2	Shenendehowa	45	1:39:49	19:57	10:21	2:21	4-9-17-18-20-21-22