

# 2025 NEPSAC NORDIC 5K INDIVIDUAL CHAMPIONSHIPS - Official Results



Rank	Bib	Name	Team	Time	Gap	Points
<b>MEN'S 5K FREESTYLE MASS START</b>						
1	110	William WALTON	Belmont Hill	19:08.2	-	1
2	166	James CROWLEY	Gould Academy	19:08.3	+0.12	2
3	109	Will PUTNAM	Dublin School	19:10.9	+2.74	3
4	164	Lucas BARSTOW	Gould Academy	19:15.6	+7.48	4
5	177	Will BROWN	Gould Academy	19:32.8	+24.59	5
6	114	Jack KASTNER	Belmont Hill	20:33.1	+1:24.93	6
7	162	Parker NELLIS	Gould Academy	20:37.6	+1:29.41	7
8	121	Eita FUSE	Belmont Hill	20:40.5	+1:32.34	8
9	138	Henry STOW	Holderness	20:42.6	+1:34.45	9
10	103	Gardner NOAH	Proctor	21:04.6	+1:56.39	10
11	130	Fitz COURTNEY	Belmont Hill	21:07.3	+1:59.18	11
12	142	Timothy SNAIL	Belmont Hill	21:13.8	+2:05.62	12
13	105	Linus KRENKEL	SPS	21:20.9	+2:12.78	13
14	101	Alexander YOUNG	Rivers	21:49.9	+2:41.76	14
15	165	Ian BROWN	Gould Academy	22:30.3	+3:22.09	15
16	106	Luke WILLIAMSON	Andover	22:31.6	+3:23.43	16
17	151	Ethan XIE	Belmont Hill	22:55.2	+3:47.02	17
18	157	William TRAUTZ	Belmont Hill	23:04.4	+3:56.19	18
19	119	Thomas KEHLER	Holderness	23:06.5	+3:58.38	19
20	117	Quinn HUTCHINGS	Dublin School	23:16.7	+4:08.50	20
21	163	Will TINDALL	Cardigan	23:36.3	+4:28.16	21
22	146	Henry BUCKLEY-JONES	Belmont Hill	23:39.6	+4:31.47	22
23	137	Hayes THOMPSON	Proctor	23:45.4	+4:37.25	23
24	154	Davis WOOLBERT	Belmont Hill	23:46.0	+4:37.80	24
25	113	Irwin-Pokorny ELLIOT	Proctor	23:47.2	+4:38.99	25
26	132	Jewell AIDEN	Proctor	23:50.7	+4:42.49	26
27	128	Xan WHITE	Dublin School	24:27.7	+5:19.50	27
28	127	Sam POLSON	Holderness	24:37.3	+5:29.13	28
29	159	Patrick SNAIL	Belmont Hill	25:02.1	+5:53.94	29
30	102	Ben LEWIS	KUA	25:10.7	+6:02.49	30
31	161	Riley MARTH	Belmont Hill	25:19.7	+6:11.58	31
32	133	Mathis RIFF	SPS	25:54.9	+6:46.70	32
33	125	Preuss MAX	Proctor	26:25.0	+7:16.79	33
34	144	Colon CONRAD	Proctor	26:27.0	+7:18.83	34
35	111	Ben ANDERSON	SPS	26:28.0	+7:19.80	35
36	120	Ansel BARTELL	Andover	26:51.2	+7:42.99	36
37	123	Harry SMITH	SPS	26:53.8	+7:45.61	37
38	134	Sebastian VERMUT	Andover	27:04.7	+7:56.51	38
39	107	Luke DUFFIELD	Holderness	27:41.2	+8:33.06	39
40	139	James SNOW	Andover	27:58.1	+8:49.95	40



# 2025 NEPSAC NORDIC 5K INDIVIDUAL CHAMPIONSHIPS - Official Results



Rank	Bib	Name	Team	Time	Gap	Points
41	160	Cooper SCHULDT	Belmont Hill	28:07.7	+8:59.53	41
42	116	Noah BINKOWSKI	Andover	28:58.1	+9:49.95	42
43	108	Terry QI	Middlesex	29:16.9	+10:08.78	43
44	158	Alexander GUO	Belmont Hill	29:22.2	+10:14.07	44
45	126	Robert SOU	Middlesex	29:58.5	+10:50.34	45
46	115	Martin ERATH	Middlesex	29:58.5	+10:50.38	46
47	169	Finn BAKER	Gould Academy	30:26.4	+11:18.25	47
48	140	Locke ROBINSON	Dublin School	30:53.1	+11:44.93	48
49	145	Henry WALL	Andover	31:10.0	+12:01.82	49
50	149	Adrian WERNER	Andover	31:12.2	+12:04.03	50
51	155	Nathan CHUN	Andover	31:18.1	+12:09.98	51
52	168	Henry GROHMAN	Gould Academy	31:40.4	+12:32.28	52
53	141	Lukas ODENIUS	SPS	32:27.6	+13:19.47	53
54	170	Reiley HEDDEN	Gould Academy	33:18.2	+14:09.99	54
55	135	Steve MA	Middlesex	34:01.9	+14:53.72	55
56	118	Sebastian MERTSCH	Rivers	34:02.7	+14:54.51	56
57	152	Luca BOCRESION	SPS	35:23.8	+16:15.62	57
58	131	Jerry SHI	Holderness	36:10.0	+17:01.81	58
59	148	Vlad DEREVKO	SPS	37:50.7	+18:42.55	59
60	147	Jason WENG	Holderness	39:46.0	+20:37.82	60
61	156	Sean SILVERTHORN	SPS	41:05.5	+21:57.30	61
62	124	Jacob PETERS	Rivers	41:14.0	+22:05.87	62
63	104	Hudson SCHMIDT	NMH	41:26.3	+22:18.10	63
64	143	Chris HAN	Dublin School	44:36.7	+25:28.56	64
65	136	Wonjun JUNG	KUA	48:23.2	+29:15.08	65
66	122	Ethan CHEN	KUA	52:25.9	+33:17.70	66
67	150	Drew DICICCO	Dublin School	53:04.1	+33:55.98	67
68	153	Clem MIKHEEV	Dublin School	1:07:25.8	+48:17.62	68

## WOMEN'S 5K FREESTYLE MASS START

1	5	Holland CALCUTT	Dublin School	21:04.1	-	1
2	55	Sofie ROMASKO	Holderness	21:07.9	+3.79	2
3	16	Skyah MCLAUGHLIN	Dublin School	21:16.1	+11.98	3
4	31	Reid DONOVAN	Holderness	22:16.2	+1:12.07	4
5	56	Tanis WHITE	Holderness	22:17.0	+1:12.89	5
6	58	Kate CARLSON	Gould Academy	22:18.7	+1:14.62	6
7	57	Reese FURNEAUX	Gould Academy	22:24.2	+1:20.09	7
8	69	Mallory RAYMOND	Gould Academy	22:26.3	+1:22.21	8
9	2	Cole-Johnson NIKO	Proctor	22:57.2	+1:53.11	9
10	50	Elena LAROCHE	Holderness	23:07.0	+2:02.88	10
11	46	Anika LAROCHE	Holderness	23:20.1	+2:15.95	11
12	15	Mabel CASEY	Holderness	23:21.3	+2:17.24	12



# 2025 NEPSAC NORDIC 5K INDIVIDUAL CHAMPIONSHIPS - Official Results



Rank	Bib	Name	Team	Time	Gap	Points
13	20	Eli COOK	Holderness	23:40.1	+2:35.96	13
14	42	Lillian HOLLAND	Holderness	24:07.1	+3:02.99	14
15	4	Hannah CASEY	Holderness	24:46.6	+3:42.49	15
16	1	Angela HUFFER	Middlesex	25:13.2	+4:09.12	16
17	60	Grace SCOTT	Gould Academy	25:13.6	+4:09.53	17
18	22	Morgan RASH	Dublin School	25:29.6	+4:25.47	18
19	23	Nichols GEORGIA	Proctor	25:53.8	+4:49.72	19
20	24	Rachel HUYNH	NMH	25:56.6	+4:52.52	20
21	40	Molly FLYNN	Holderness	25:58.5	+4:54.44	21
22	28	Melnick ABBY	Proctor	26:05.3	+5:01.15	22
23	7	Sage PRESTON	Andover	26:35.7	+5:31.63	23
24	10	Avery GREEN	Middlesex	26:51.7	+5:47.63	24
25	54	Marlena MALESKA	Holderness	27:13.1	+6:08.96	25
26	37	Vierzen CATHERINE	Proctor	27:15.0	+6:10.94	26
27	9	Xela NESTEL	NMH	27:31.9	+6:27.81	27
28	26	Grace BIRD	NMH	27:38.2	+6:34.13	28
29	12	Caylee MARSAN	NMH	28:23.5	+7:19.40	29
30	8	Ulrika KARLSSON	Rivers	28:30.0	+7:25.94	30
31	6	Lily CAMPBELL	SPS	29:07.4	+8:03.28	31
32	13	Ella GREENE	SPS	29:40.3	+8:36.18	32
33	11	Butterfield FRANCES	Proctor	30:11.6	+9:07.49	33
34	41	Ruby NEUTRA	NMH	30:24.2	+9:20.07	34
35	30	Pipsa PALATSI	Middlesex	31:13.1	+10:08.96	35
36	27	Hayden ANDERSON	Dublin School	31:32.7	+10:28.62	36
37	36	Sophie COHEN	NMH	31:38.3	+10:34.16	37
38	49	Lydia FOOTE	NMH	31:50.3	+10:46.24	38
39	38	Emelia DZEIDZIC	Dublin School	31:54.0	+10:49.88	39
40	21	Kate FERET	SPS	32:20.8	+11:16.73	40
41	34	Dorothy KEARNEY	SPS	33:19.4	+12:15.27	41
42	35	Peri CRACI	Dublin School	33:50.0	+12:45.85	42
43	39	Laura KOEMAN	SPS	34:15.2	+13:11.10	43
44	19	Cora ROGERS	Andover	34:18.8	+13:14.68	44
45	43	Nadine NEUTRA	NMH	36:01.2	+14:57.10	45
46	18	Abby TRIBUSH	Middlesex	37:02.6	+15:58.50	46
47	44	Sarah SPENCER	SPS	38:34.4	+17:30.33	47
48	17	Sophie WU	KUA	39:28.3	+18:24.23	48
49	14	Lauren MONTGOMERY	Andover	40:04.4	+19:00.31	49
50	52	Sophie DECKER	Dublin School	44:34.8	+23:30.68	50
51	25	Dylan SIEGEL	Andover	46:10.7	+25:06.56	51
52	45	Stella HOFFMAN	Dublin School	51:24.8	+30:20.69	52
53	51	Maelynn CHEN	SPS	1:08:14.4	+47:10.31	53

