

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI  | Bib Name                | Age | Ge | AG                | Team                  | GunTime | Chip   | Pace      |
|-----|-------------------------|-----|----|-------------------|-----------------------|---------|--------|-----------|
| 5K  |                         |     |    |                   |                       |         |        |           |
| 1.  | 437 Wyman, Ethan        | 27  | M  | Male 20-29        |                       | 18:42.2 | 18:41. | 6:01 / mi |
| 2.  | 283 Meunier, Andrew     | 40  | M  | Male 40-49        | Glens Falls Run Club  | 18:58.9 | 18:58. | 6:07 / mi |
| 3.  | 469 Havens, Orion       | 14  | M  | Male 14 & Under   |                       | 20:03.4 | 19:57. | 6:28 / mi |
| 4.  | 396 Truax, Tyler        | 34  | M  | Male 30-39        | Glens Falls Run Club  | 20:17.3 | 20:16. | 6:32 / mi |
| 5.  | 188 Hare, Jason         | 49  | M  | Male 40-49        | The Quality Quacks    | 20:18.6 | 20:17. | 6:33 / mi |
| 6.  | 250 Legere, Ryan        | 42  | M  | Male 40-49        | Fort Miller Group     | 21:56.7 | 21:53. | 7:04 / mi |
| 7.  | 343 Richardson, Scott   | 27  | M  | Male 20-29        | Herzog Law Firm       | 22:04.8 | 22:00. | 7:07 / mi |
| 8.  | 5 Ahrens, Zack          | 27  | M  | Male 20-29        | The Rehab Racers      | 22:28.3 | 22:25. | 7:14 / mi |
| 9.  | 451 Graham, Derek       | 44  | M  | Male 40-49        |                       | 22:28.3 | 22:26. | 7:14 / mi |
| 10. | 37 Brayton, Joshua      | 28  | M  | Male 20-29        |                       | 22:47.1 | 22:28. | 7:20 / mi |
| 11. | 240 Lane, Aleah         | 14  | F  | Female 14 & Under |                       | 22:47.6 | 22:46. | 7:21 / mi |
| 12. | 347 Rodman, Stephen     | 36  | M  | Male 30-39        | Glens Falls Run Club  | 22:53.7 | 22:47. | 7:23 / mi |
| 13. | 417 Waldmann, Jesse     | 54  | M  | Male 50-59        | Where's Waldmann      | 23:17.0 | 23:15. | 7:30 / mi |
| 14. | 213 Hunsinger, Nick     | 36  | M  | Male 30-39        | Glens Falls Run Club  | 23:19.6 | 23:17. | 7:31 / mi |
| 15. | 102 Dickson, Ben        | 16  | M  | Male 15-19        | The Runny Noses       | 24:25.5 | 24:19. | 7:52 / mi |
| 16. | 445 Watkins, Randy      | 62  | M  | Male 60-69        |                       | 24:25.9 | 24:22. | 7:52 / mi |
| 17. | 147 Geddes, Madison     | 24  | F  | Female 20-29      | Glens Falls Run Club  | 24:58.9 | 24:57. | 8:03 / mi |
| 18. | 284 Meunier, Rashna     | 40  | F  | Female 40-49      | Glens Falls Run Club  | 25:02.4 | 25:00. | 8:04 / mi |
| 19. | 22 Barbieri, Alexandra  | 41  | F  | Female 40-49      | Glens Falls Run Club  | 25:29.2 | 25:27. | 8:13 / mi |
| 20. | 225 Kergel, Jeremy      | 51  | M  | Male 50-59        |                       | 25:39.8 | 25:34. | 8:16 / mi |
| 21. | 444 Wallace, Patrick    | 37  | M  | Male 30-39        |                       | 25:41.6 | 25:22. | 8:17 / mi |
| 22. | 62 Cassidy, Eric        | 32  | M  | Male 30-39        | The Rehab Racers      | 25:42.9 | 25:20. | 8:17 / mi |
| 23. | 196 Hartung, Andrew     | 36  | M  | Male 30-39        |                       | 25:50.5 | 25:41. | 8:20 / mi |
| 24. | 137 Fosmire, Wayne      | 59  | M  | Male 50-59        | Fort Miller Group     | 25:51.4 | 25:47. | 8:20 / mi |
| 25. | 198 Hartwell, Hayden    | 15  | M  | Male 15-19        | Capital Area Physical | 25:51.5 | 25:33. | 8:20 / mi |
| 26. | 378 Tirrell, Rheana     | 33  | F  | Female 30-39      | Glens Falls Run Club  | 25:51.9 | 25:45. | 8:20 / mi |
| 27. | 421 Weatherhead, Jordan | 35  | F  | Female 30-39      | Glens Falls Run Club  | 25:55.1 | 25:39. | 8:21 / mi |
| 28. | 17 Bain, Katie          | 27  | F  | Female 20-29      | The Quality Quacks    | 25:56.1 | 25:38. | 8:21 / mi |
| 29. | 398 Vacchio, Jennifer   | 38  | F  | Female 30-39      | Herzog Law Firm       | 25:56.4 | 25:51. | 8:22 / mi |
| 30. | 356 Seyb, Ron           | 65  | M  | Male 60-69        |                       | 25:59.2 | 25:56. | 8:22 / mi |
| 31. | 4 Ahrens, Joshua        | 22  | M  | Male 20-29        | The Rehab Racers      | 26:00.7 | 25:57. | 8:23 / mi |
| 32. | 112 Doyle, Taylor       | 35  | F  | Female 30-39      | Glens Falls Run Club  | 26:06.2 | 25:57. | 8:25 / mi |
| 33. | 350 Rosenbrock, Diana   | 35  | F  | Female 30-39      |                       | 26:27.4 | 26:25. | 8:32 / mi |
| 34. | 360 Smith, Alex         | 28  | M  | Male 20-29        |                       | 26:33.9 | 26:31. | 8:34 / mi |
| 35. | 414 Wade, Ryan          | 53  | M  | Male 50-59        |                       | 26:36.7 | 26:28. | 8:35 / mi |
| 36. | 143 Gaffney, Jim        | 66  | M  | Male 60-69        |                       | 26:37.5 | 26:32. | 8:35 / mi |
| 37. | 366 Stephenson, Timothy | 22  | M  | Male 20-29        | The Stat Pack         | 26:39.1 | 26:28. | 8:35 / mi |
| 38. | 52 Carolan, Mila        | 13  | F  | Female 14 & Under |                       | 26:47.1 | 26:41. | 8:38 / mi |
| 39. | 7 Alessi, Haven         | 17  | M  | Male 15-19        | Epic Runtime!         | 26:54.1 | 26:45. | 8:40 / mi |



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| PI  | Bib Name                     | Age | Ge | AG              | Team                  | GunTime | Chip   | Pace      |
|-----|------------------------------|-----|----|-----------------|-----------------------|---------|--------|-----------|
| 40. | 218 Jacobs, Michael          |     |    | M               |                       | 26:56.2 | 26:52. | 8:41 / mi |
| 41. | 467 Weatherherd, Andrew      | 87  | M  | Male 80+        |                       | 26:58.4 | 26:41. | 8:42 / mi |
| 42. | 317 Pafundi, Evan            | 32  | M  | Male 30-39      |                       | 26:59.8 | 26:55. | 8:42 / mi |
| 43. | 74 Colella, Kevin            | 27  | M  | Male 20-29      | Herzog Law Firm       | 27:01.2 | 26:56. | 8:42 / mi |
| 44. | 388 Touse, Cody              | 20  | M  | Male 20-29      | The Rehab Racers      | 27:03.1 | 26:42. | 8:43 / mi |
| 45. | 447 Morton, Kaylie           | 23  | F  | Female 20-29    |                       | 27:11.1 | 27:10. | 8:46 / mi |
| 46. | 247 Lawrence, Sam            | 27  | M  | Male 20-29      |                       | 27:11.3 | 26:54. | 8:46 / mi |
| 47. | 81 Corentto, Daniel          | 61  | M  | Male 60-69      |                       | 27:12.5 | 27:03. | 8:46 / mi |
| 48. | 274 McCullen, Tyler          | 27  | M  | Male 20-29      |                       | 27:20.2 | 27:17. | 8:49 / mi |
| 49. | 333 Purdy, Jake              | 28  | M  | Male 20-29      |                       | 27:25.1 | 27:09. | 8:50 / mi |
| 50. | 295 Munn, Danielle           | 31  | F  | Female 30-39    |                       | 27:30.3 | 27:14. | 8:52 / mi |
| 51. | 27 Benware, Heather          | 37  | F  | Female 30-39    | Glens Falls Run Club  | 27:31.6 | 27:26. | 8:52 / mi |
| 52. | 124 Egorova, Irina           | 39  | F  | Female 30-39    |                       | 27:32.6 | 27:05. | 8:53 / mi |
| 53. | 130 Feitner, Karina          | 30  | F  | Female 30-39    |                       | 27:44.3 | 27:38. | 8:56 / mi |
| 54. | 465 Hardy, Cameron           | 10  | M  | Male 14 & Under |                       | 27:50.5 | 27:30. | 8:58 / mi |
| 55. | 166 Gorham, Emilie           | 30  | F  | Female 30-39    |                       | 27:51.8 | 27:34. | 8:59 / mi |
| 56. | 105 DiCristofaro, Rory Alexa | 30  | F  | Female 30-39    |                       | 28:01.6 | 27:59. | 9:02 / mi |
| 57. | 200 Hazelton, Damon          | 53  | M  | Male 50-59      |                       | 28:02.8 | 27:42. | 9:02 / mi |
| 58. | 290 Moon, Bethany            | 36  | F  | Female 30-39    | Glens Falls Run Club  | 28:25.4 | 28:17. | 9:10 / mi |
| 59. | 111 Doran, Anna              | 46  | F  | Female 40-49    | Glens Falls Run Club  | 28:25.6 | 28:20. | 9:10 / mi |
| 60. | 197 Hartwell, Daniel         | 35  | M  | Male 30-39      | Capital Area Physical | 28:27.9 | 28:11. | 9:10 / mi |
| 61. | 382 Torrisi, Tori            | 31  | F  | Female 30-39    | Capital Area Physical | 28:29.3 | 28:27. | 9:11 / mi |
| 62. | 359 Simpson, Ryan            | 33  | M  | Male 30-39      | Capital Area Physical | 28:29.4 | 28:27. | 9:11 / mi |
| 63. | 415 Wagner, Dan              | 55  | M  | Male 50-59      | Glens Falls Run Club  | 28:36.6 | 28:24. | 9:13 / mi |
| 64. | 92 DE SENA, JOSEPH           | 67  | M  | Male 60-69      |                       | 28:44.5 | 28:41. | 9:16 / mi |
| 65. | 233 Koons, Joshua            | 47  | M  | Male 40-49      |                       | 28:47.2 | 28:38. | 9:17 / mi |
| 66. | 6 Albert, Keana              | 27  | F  | Female 20-29    |                       | 28:47.8 | 28:35. | 9:17 / mi |
| 67. | 60 Cary, Phillip             | 49  | M  | Male 40-49      |                       | 28:48.1 | 28:34. | 9:17 / mi |
| 68. | 76 Conlin, Evan              | 29  | M  | Male 20-29      |                       | 28:49.6 | 28:35. | 9:17 / mi |
| 69. | 3 Ahrens, Elizabeth          | 25  | F  | Female 20-29    | The Rehab Racers      | 28:51.0 | 28:34. | 9:18 / mi |
| 70. | 438 Wysocki, Lauren          | 26  | F  | Female 20-29    | Glens Falls Run Club  | 28:52.5 | 28:35. | 9:18 / mi |
| 71. | 439 Wysocki, Megan           | 23  | F  | Female 20-29    | Glens Falls Run Club  | 28:52.7 | 28:36. | 9:18 / mi |
| 72. | 463 Schanely, Teresa         | 39  | F  | Female 30-39    |                       | 28:53.4 | 28:32. | 9:19 / mi |
| 73. | 446 Schoff, Rich             | 30  | M  | Male 30-39      |                       | 28:55.6 | 28:51. | 9:19 / mi |
| 74. | 249 Leclair, John            | 22  | M  | Male 20-29      |                       | 28:57.9 | 28:56. | 9:20 / mi |
| 75. | 185 Hanehan, Martin          | 63  | M  | Male 60-69      | The Quality Quacks    | 29:00.0 | 28:57. | 9:21 / mi |
| 76. | 363 Spiezio, Richard         | 59  | M  | Male 50-59      |                       | 29:04.5 | 29:00. | 9:22 / mi |
| 77. | 48 Caffarel, Jennifer        | 39  | F  | Female 30-39    | The Quality Quacks    | 29:11.7 | 28:55. | 9:25 / mi |
| 78. | 466 Cole, Dylan              | 32  | M  | Male 30-39      |                       | 29:14.1 | 29:08. | 9:25 / mi |
| 79. | 103 Dickson, Matt            | 51  | M  | Male 50-59      | The Runny Noses       | 29:18.5 | 29:12. | 9:27 / mi |
| 80. | 224 Kergel, Amanda           | 43  | F  | Female 40-49    |                       | 29:30.7 | 29:25. | 9:31 / mi |



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| PI  | Bib Name                | Age | Ge | AG                | Team                 | GunTime | Chip   | Pace       |
|-----|-------------------------|-----|----|-------------------|----------------------|---------|--------|------------|
| 81. | 134 Flint, Joshua       | 45  | M  | Male 40-49        | ERROR 404: Cache     | 29:33.7 | 29:14. | 9:32 / mi  |
| 82. | 361 Smith, Christopher  | 38  | M  | Male 30-39        |                      | 29:43.7 | 29:14. | 9:35 / mi  |
| 83. | 293 Mowrey, Roy         | 68  | M  | Male 60-69        |                      | 29:48.2 | 29:38. | 9:36 / mi  |
| 84. | 173 Grant, Kate         | 34  | F  | Female 30-39      | The Rehab Racers     | 29:48.5 | 29:22. | 9:36 / mi  |
| 85. | 304 Nelson, Michaela    | 28  | F  | Female 20-29      |                      | 29:49.0 | 29:32. | 9:37 / mi  |
| 86. | 237 Kunkel, Christopher | 69  | M  | Male 60-69        |                      | 29:51.0 | 29:39. | 9:37 / mi  |
| 87. | 202 Hebert, Taylor      | 31  | F  | Female 30-39      |                      | 29:57.7 | 29:39. | 9:39 / mi  |
| 88. | 181 Hadinger, James     | 39  | M  | Male 30-39        | Fort Miller Group    | 30:02.2 | 29:52. | 9:41 / mi  |
| 89. | 113 Dreher, Michael     | 30  | M  | Male 30-39        | ERROR 404: Cache     | 30:03.0 | 29:43. | 9:41 / mi  |
| 90. | 132 Ferdinand, Brian    | 57  | M  | Male 50-59        | ERROR 404: Cache     | 30:05.3 | 29:46. | 9:42 / mi  |
| 91. | 368 Stewart, Lisa       | 42  | F  | Female 40-49      |                      | 30:09.6 | 30:05. | 9:43 / mi  |
| 92. | 246 Law, Kirsten        | 56  | F  | Female 50-59      |                      | 30:14.7 | 30:07. | 9:45 / mi  |
| 93. | 318 Palladino, Sean     | 35  | M  | Male 30-39        | Glens Falls Run Club | 30:19.1 | 30:04. | 9:46 / mi  |
| 94. | 104 Dickson, Nate       | 14  | M  | Male 14 & Under   | The Runny Noses      | 30:25.3 | 30:18. | 9:48 / mi  |
| 95. | 163 Goddard, Evelyn     | 11  | F  | Female 14 & Under | CR Wood Warriors     | 30:33.0 | 30:26. | 9:51 / mi  |
| 96. | 164 Goddard, James      | 37  | M  | Male 30-39        | CR Wood Warriors     | 30:33.3 | 30:26. | 9:51 / mi  |
| 97. | 422 Webb, Autumn        | 30  | F  | Female 30-39      | CR Wood Warriors     | 30:33.5 | 30:26. | 9:51 / mi  |
| 98. | 84 Corliss, Lauren      | 37  | F  | Female 30-39      |                      | 30:40.5 | 30:36. | 9:53 / mi  |
| 99. | 241 Langworthy, Adam    | 31  | M  | Male 30-39        |                      | 30:44.3 | 30:29. | 9:54 / mi  |
| 10  | 211 Hotchkiss, Erin     | 43  | F  | Female 40-49      |                      | 30:55.9 | 30:51. | 9:58 / mi  |
| 10  | 154 Getty, Lauren       | 23  | F  | Female 20-29      | Glens Falls Run Club | 30:58.0 | 30:49. | 9:59 / mi  |
| 10  | 223 Keller, Madison     | 28  | F  | Female 20-29      |                      | 31:03.1 | 30:40. | 10:00 / mi |
| 10  | 362 Spencer, Kassandra  | 34  | F  | Female 30-39      |                      | 31:03.2 | 30:41. | 10:01 / mi |
| 10  | 291 Moore, Kezia        | 40  | F  | Female 40-49      |                      | 31:04.1 | 31:00. | 10:01 / mi |
| 10  | 296 Murphy, Shaelyn     | 24  | F  | Female 20-29      | Smurphy              | 31:27.2 | 31:17. | 10:08 / mi |
| 10  | 158 Gilman, Griffin     | 37  | M  | Male 30-39        |                      | 31:27.8 | 31:04. | 10:08 / mi |
| 10  | 217 Hyatt, Colette      | 38  | F  | Female 30-39      |                      | 31:36.6 | 31:15. | 10:11 / mi |
| 10  | 462 Scribner, Hunter    | 26  | M  | Male 20-29        |                      | 31:41.0 | 31:22. | 10:13 / mi |
| 10  | 165 Goodspeed, Travis   | 32  | M  | Male 30-39        | Glens Falls Run Club | 31:48.8 | 31:35. | 10:15 / mi |
| 11  | 353 Sandblom, Erik      | 56  | M  | Male 50-59        | Glens Falls Run Club | 31:49.1 | 31:26. | 10:15 / mi |
| 11  | 311 Nudi, Erin          | 40  | F  | Female 40-49      |                      | 31:56.4 | 31:28. | 10:18 / mi |
| 11  | 109 Dolan, Michael      | 67  | M  | Male 60-69        |                      | 32:04.8 | 32:01. | 10:20 / mi |
| 11  | 424 Weigand, Grace      | 8   | F  | Female 14 & Under |                      | 32:05.1 | 32:03. | 10:20 / mi |
| 11  | 425 Weigand, Nicholas   | 36  | M  | Male 30-39        |                      | 32:05.5 | 32:03. | 10:21 / mi |
| 11  | 303 Nelson, Lucas       | 32  | M  | Male 30-39        |                      | 32:25.6 | 32:09. | 10:27 / mi |
| 11  | 144 Gamble, Caitlin     | 43  | F  | Female 40-49      | The Rehab Racers     | 32:31.2 | 32:26. | 10:29 / mi |
| 11  | 228 King, Justin        | 36  | M  | Male 30-39        | Fort Miller Group    | 32:33.2 | 32:27. | 10:30 / mi |
| 11  | 63 Cassidy, Ryan        | 33  | M  | Male 30-39        | The Rehab Racers     | 32:40.9 | 32:19. | 10:32 / mi |
| 11  | 253 Lorrain, Carrie     | 57  | F  | Female 50-59      | The Quality Quacks   | 32:52.4 | 32:45. | 10:36 / mi |
| 12  | 464 Frocier, Brad       | 37  | M  | Male 30-39        |                      | 32:57.1 | 32:24. | 10:37 / mi |
| 12  | 157 Gilman, Briana      | 39  | F  | Female 30-39      |                      | 33:00.5 | 32:38. | 10:38 / mi |



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|----|-----------------------------|-----|----|-----------------|-----------------------|---------|--------|------------|
| 12 | 312 Nudi, Owen              | 9   | M  | Male 14 & Under |                       | 33:06.6 | 32:38. | 10:40 / mi |
| 12 | 162 Giorgianni, Telperion   | 8   | M  | Male 14 & Under |                       | 33:08.5 | 32:39. | 10:41 / mi |
| 12 | 394 Towers, Nolan           | 22  | M  | Male 20-29      | Capital Area Physical | 33:10.7 | 32:54. | 10:42 / mi |
| 12 | 128 Falb-Barton, Morgan     | 35  | F  | Female 30-39    |                       | 33:20.8 | 33:07. | 10:45 / mi |
| 12 | 171 Granger, Tori           | 21  | F  | Female 20-29    |                       | 33:24.1 | 33:17. | 10:46 / mi |
| 12 | 135 Foley, Joshua           | 22  | M  | Male 20-29      |                       | 33:24.5 | 33:17. | 10:46 / mi |
| 12 | 301 Neigh, Michael          |     | F  |                 |                       | 33:29.6 | 33:08. | 10:48 / mi |
| 12 | 416 Wagner, Jill            | 55  | F  | Female 50-59    | Glens Falls Run Club  | 33:35.5 | 33:22. | 10:50 / mi |
| 13 | 114 Dubrule, Abby           | 39  | F  | Female 30-39    |                       | 33:48.1 | 33:43. | 10:54 / mi |
| 13 | 41 Bulova, Jessica          | 48  | F  | Female 40-49    | Epic Runtime!         | 34:11.4 | 33:59. | 11:01 / mi |
| 13 | 199 Hayden, Fiona           | 29  | F  | Female 20-29    | Glens Falls Run Club  | 34:21.2 | 33:57. | 11:04 / mi |
| 13 | 72 Cody, Evan               | 32  | M  | Male 30-39      |                       | 34:23.2 | 33:59. | 11:05 / mi |
| 13 | 121 Durling, Michael        | 49  | M  | Male 40-49      | Epic Runtime!         | 34:32.9 | 34:21. | 11:08 / mi |
| 13 | 454 Quilop, Olie            | 54  | F  | Female 50-59    |                       | 34:54.5 | 34:25. | 11:15 / mi |
| 13 | 179 Gutowski, Kara          | 42  | F  | Female 40-49    |                       | 34:55.6 | 34:31. | 11:15 / mi |
| 13 | 216 Huntley, Nolin          | 28  | M  | Male 20-29      | The Rehab Racers      | 35:18.6 | 35:08. | 11:23 / mi |
| 13 | 215 Huntley, Elizabeth      | 29  | F  | Female 20-29    | The Rehab Racers      | 35:19.3 | 35:09. | 11:23 / mi |
| 13 | 468 Moulton, Parker         | 13  | M  | Male 14 & Under |                       | 35:26.5 | 35:20. | 11:25 / mi |
| 14 | 319 Parker, Eric            | 70  | M  | Male 70-79      |                       | 35:33.0 | 35:23. | 11:28 / mi |
| 14 | 257 Mack, Connor            | 29  | M  | Male 20-29      |                       | 35:35.0 | 35:16. | 11:28 / mi |
| 14 | 278 Mclaughlin, Jason       | 54  | M  | Male 50-59      |                       | 35:47.3 | 35:19. | 11:32 / mi |
| 14 | 57 Carswell, Catherine      | 32  | F  | Female 30-39    | The Rehab Racers      | 35:53.4 | 35:25. | 11:34 / mi |
| 14 | 230 Kish, Jenifer           | 52  | F  | Female 50-59    |                       | 36:00.7 | 35:52. | 11:36 / mi |
| 14 | 184 Hanehan, Cathy          | 62  | F  | Female 60-69    | The Quality Quacks    | 36:16.7 | 35:58. | 11:42 / mi |
| 14 | 377 Thomas, Harriet         | 29  | F  | Female 20-29    |                       | 36:17.2 | 36:01. | 11:42 / mi |
| 14 | 136 Fosmire, Jeff           | 53  | M  | Male 50-59      | Fort Miller Group     | 36:17.4 | 36:04. | 11:42 / mi |
| 14 | 204 Hendricks, Stephanie    | 38  | F  | Female 30-39    |                       | 36:24.1 | 36:03. | 11:44 / mi |
| 14 | 342 Repp, Taryn             | 41  | F  | Female 40-49    |                       | 36:24.1 | 36:03. | 11:44 / mi |
| 15 | 329 Polachek, Leanne        | 41  | F  | Female 40-49    | The Quality Quacks    | 36:28.0 | 36:10. | 11:45 / mi |
| 15 | 201 Hazelton-Hardy, Kristin | 41  | F  | Female 40-49    |                       | 36:51.4 | 36:28. | 11:53 / mi |
| 15 | 16 Bailey, Kyle             | 26  | M  | Male 20-29      | Capital Area Physical | 36:51.6 | 36:28. | 11:53 / mi |
| 15 | 207 Hieronymi, Heather      | 52  | F  | Female 50-59    |                       | 36:55.8 | 35:57. | 11:54 / mi |
| 15 | 178 Gunter, Kaitlyn         | 27  | F  | Female 20-29    |                       | 36:56.0 | 35:59. | 11:54 / mi |
| 15 | 180 GUY, KATIE              | 48  | F  | Female 40-49    |                       | 36:56.3 | 36:40. | 11:54 / mi |
| 15 | 385 Touse, Amanda           | 24  | F  | Female 20-29    | The Quality Quacks    | 36:58.0 | 36:41. | 11:55 / mi |
| 15 | 33 Bovair, Emma             | 25  | F  | Female 20-29    | The Quality Quacks    | 36:58.6 | 36:41. | 11:55 / mi |
| 15 | 334 Quay, Jessica           | 28  | F  | Female 20-29    |                       | 36:59.7 | 36:42. | 11:56 / mi |
| 15 | 351 Rusate, Alex            |     | M  |                 |                       | 37:00.6 | 36:39. | 11:56 / mi |
| 16 | 115 Dufour, Tonya           | 46  | F  | Female 40-49    |                       | 37:05.0 | 36:07. | 11:57 / mi |
| 16 | 251 Lenhart, Sarah          | 35  | F  | Female 30-39    |                       | 37:06.1 | 36:08. | 11:58 / mi |
| 16 | 244 LaRock, Linda           | 66  | F  | Female 60-69    |                       | 37:17.1 | 37:12. | 12:01 / mi |



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|----|-------------------------|-----|----|-------------------|-----------------------|---------|--------|------------|
| 16 | 77 Connolly, Jennifer   | 39  | F  | Female 30-39      |                       | 37:25.4 | 37:25. | 12:04 / mi |
| 16 | 300 Narkiewicz, Jessica | 34  | F  | Female 30-39      | Glens Falls Run Club  | 37:37.6 | 37:21. | 12:08 / mi |
| 16 | 409 Versailles, Aubrey  | 20  | F  | Female 20-29      |                       | 37:56.3 | 37:56. | 12:14 / mi |
| 16 | 461 Crivellii, Noah     | 36  | M  | Male 30-39        |                       | 38:00.7 | 37:58. | 12:15 / mi |
| 16 | 279 McMurry, Erika      | 33  | F  | Female 30-39      | Epic Runtime!         | 38:09.0 | 37:49. | 12:18 / mi |
| 16 | 441 Zieniuk, Tricia     | 37  | F  | Female 30-39      |                       | 38:18.8 | 37:59. | 12:21 / mi |
| 16 | 133 Fezza, Nicholas     | 36  | M  | Male 30-39        | The Quality Quacks    | 38:56.9 | 38:21. | 12:33 / mi |
| 17 | 281 McNamara, Alyssa    | 35  | F  | Female 30-39      | The Quality Quacks    | 38:56.9 | 38:20. | 12:33 / mi |
| 17 | 289 Monahan, Patricia   | 64  | F  | Female 60-69      |                       | 39:08.7 | 39:02. | 12:37 / mi |
| 17 | 127 Fairbanks, Brenda   |     | F  |                   |                       | 39:08.7 | 39:03. | 12:37 / mi |
| 17 | 248 LeClair, Mieka      | 52  | F  | Female 50-59      | The Rehab Racers      | 39:30.3 | 39:06. | 12:44 / mi |
| 17 | 138 Fowler, Katie       | 38  | F  | Female 30-39      | The Stat Pack         | 39:37.8 | 39:18. | 12:47 / mi |
| 17 | 375 Taylor, Alison      | 26  | F  | Female 20-29      |                       | 39:51.6 | 39:37. | 12:51 / mi |
| 17 | 404 Varney, Allyson     | 17  | F  | Female 15-19      | The Stat Pack         | 39:58.6 | 39:47. | 12:53 / mi |
| 17 | 460 Johnson, Jenny      | 42  | F  | Female 40-49      |                       | 40:04.9 | 39:21. | 12:55 / mi |
| 17 | 66 Check, Bella         | 8   | F  | Female 14 & Under |                       | 40:20.1 | 39:46. | 13:00 / mi |
| 17 | 67 Check, Ben           | 38  | M  | Male 30-39        |                       | 40:23.2 | 39:52. | 13:01 / mi |
| 18 | 428 Willis, Morgan      | 24  | F  | Female 20-29      | Capital Area Physical | 40:24.6 | 40:01. | 13:02 / mi |
| 18 | 68 Check, Cassandra     | 36  | F  | Female 30-39      |                       | 41:04.9 | 40:31. | 13:15 / mi |
| 18 | 118 Durkee, Kevin       | 58  | M  | Male 50-59        |                       | 41:10.8 | 41:03. | 13:17 / mi |
| 18 | 117 Durkee, Kathy       | 55  | F  | Female 50-59      |                       | 41:11.1 | 41:04. | 13:17 / mi |
| 18 | 26 Bell, Izabella       | 17  | F  | Female 15-19      |                       | 41:25.1 | 40:51. | 13:21 / mi |
| 18 | 299 Nadler, Barb        | 62  | F  | Female 60-69      | Glens Falls Run Club  | 41:28.3 | 41:16. | 13:22 / mi |
| 18 | 25 Bell, Csilla         | 43  | F  | Female 40-49      |                       | 41:31.1 | 40:59. | 13:23 / mi |
| 18 | 209 Holcomb, Alexander  | 23  | M  | Male 20-29        | Capital Area Physical | 41:42.0 | 41:37. | 13:27 / mi |
| 18 | 238 Lackey, Jodie       | 57  | F  | Female 50-59      | The Rehab Racers      | 41:42.4 | 41:13. | 13:27 / mi |
| 18 | 61 Cassidy, Aubrey      | 32  | F  | Female 30-39      | The Rehab Racers      | 41:49.3 | 41:20. | 13:29 / mi |
| 19 | 234 Krasovsky, Andrew   | 43  | M  | Male 40-49        | The Rehab Racers      | 42:07.0 | 41:38. | 13:35 / mi |
| 19 | 443 Warner, Sarah       | 56  | F  | Female 50-59      |                       | 42:18.3 | 42:18. | 13:38 / mi |
| 19 | 282 Mendez, Brittany    | 37  | F  | Female 30-39      |                       | 42:55.7 | 42:37. | 13:50 / mi |
| 19 | 265 Martin, Ciara       | 30  | F  | Female 30-39      |                       | 42:55.8 | 42:37. | 13:50 / mi |
| 19 | 161 Giorgianni, Heather | 42  | F  | Female 40-49      |                       | 43:28.8 | 42:59. | 14:01 / mi |
| 19 | 44 Buser, Bob           | 61  | M  | Male 60-69        | The Rehab Racers      | 43:55.2 | 43:05. | 14:10 / mi |
| 19 | 45 Buser, Diane         | 57  | F  | Female 50-59      | The Rehab Racers      | 43:55.3 | 43:07. | 14:10 / mi |
| 19 | 56 Carpentier, Piper    | 11  | F  | Female 14 & Under | The Stat Pack         | 44:21.6 | 44:11. | 14:18 / mi |
| 19 | 98 Deniston, William    | 36  | M  | Male 30-39        | Capital Area Physical | 44:26.9 | 44:03. | 14:20 / mi |
| 19 | 11 Anderson, Ashley     | 23  | F  | Female 20-29      | The Rehab Racers      | 44:30.0 | 44:02. | 14:21 / mi |
| 20 | 419 Waldmann, Jill      | 57  | F  | Female 50-59      | Where's Waldmann      | 44:39.0 | 44:25. | 14:24 / mi |
| 20 | 183 Hall, Debbie        | 58  | F  | Female 50-59      | Capital Area Physical | 44:43.4 | 44:21. | 14:25 / mi |
| 20 | 393 Towers, Amy         | 53  | F  | Female 50-59      |                       | 44:43.5 | 44:22. | 14:25 / mi |
| 20 | 129 Farrell, Patty      | 58  | F  | Female 50-59      | Capital Area Physical | 44:43.6 | 44:21. | 14:25 / mi |



# Glens Falls Hospital

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI | Bib | Name                 | Age | Ge | AG                | Team               | GunTime | Chip   | Pace       |
|----|-----|----------------------|-----|----|-------------------|--------------------|---------|--------|------------|
| 20 | 123 | Dybas, Collin        | 22  | M  | Male 20-29        |                    | 44:46.7 | 44:30. | 14:26 / mi |
| 20 | 38  | Brown, Carrie        | 53  | F  | Female 50-59      |                    | 44:46.8 | 44:31. | 14:26 / mi |
| 20 | 106 | DiDonato, Arianna    | 25  | F  | Female 20-29      |                    | 45:44.9 | 44:47. | 14:45 / mi |
| 20 | 431 | Winters, Katie       | 39  | F  | Female 30-39      |                    | 45:45.0 | 44:47. | 14:45 / mi |
| 20 | 384 | Toth, F              | 60  | F  | Female 60-69      |                    | 46:06.0 | 46:02. | 14:52 / mi |
| 20 | 408 | Vavasour, John       | 77  | M  | Male 70-79        |                    | 46:31.2 | 45:50. | 15:00 / mi |
| 21 | 53  | Carpenter, Alice     | 75  | F  | Female 70-79      |                    | 47:49.0 | 47:11. | 15:25 / mi |
| 21 | 51  | Carden, Maggie       | 41  | F  | Female 40-49      | The Stat Pack      | 48:08.7 | 47:47. | 15:31 / mi |
| 21 | 172 | Grant, Jacqueline    | 39  | F  | Female 30-39      |                    | 48:32.0 | 47:54. | 15:39 / mi |
| 21 | 427 | Williams, Wade       | 12  | M  | Male 14 & Under   |                    | 48:37.1 | 48:10. | 15:40 / mi |
| 21 | 87  | Cyphers, Myles       | 12  | M  | Male 14 & Under   |                    | 48:37.5 | 48:10. | 15:41 / mi |
| 21 | 332 | Prunty, Brianna      | 34  | F  | Female 30-39      |                    | 48:38.1 | 48:10. | 15:41 / mi |
| 21 | 297 | Murphy, Shelley      | 55  | F  | Female 50-59      | Smurphy            | 49:18.4 | 49:05. | 15:54 / mi |
| 21 | 418 | Waldmann, Jessica    | 24  | F  | Female 20-29      | Where's Waldmann   | 49:43.9 | 49:29. | 16:02 / mi |
| 21 | 387 | Touse, Brian         | 57  | M  | Male 50-59        | The Rehab Racers   | 49:49.3 | 49:02. | 16:04 / mi |
| 21 | 389 | Touse, Lisa          | 57  | F  | Female 50-59      | The Rehab Racers   | 50:00.7 | 49:13. | 16:07 / mi |
| 22 | 440 | Yeager, Casey        | 37  | F  | Female 30-39      |                    | 50:27.4 | 49:49. | 16:16 / mi |
| 22 | 232 | Kivlen, Laura        | 45  | F  | Female 40-49      |                    | 51:30.5 | 51:01. | 16:36 / mi |
| 22 | 231 | Kivlen, Evan         | 42  | M  | Male 40-49        |                    | 51:30.8 | 51:01. | 16:37 / mi |
| 22 | 59  | Cary, Lorraine       | 44  | F  | Female 40-49      |                    | 51:33.5 | 51:19. | 16:37 / mi |
| 22 | 32  | Bonneau, Martha      | 56  | F  | Female 50-59      |                    | 51:34.1 | 51:19. | 16:38 / mi |
| 22 | 175 | Green, Victoria      | 71  | F  | Female 70-79      |                    | 52:13.7 | 51:29. | 16:50 / mi |
| 22 | 448 | Johnston, Nancy      | 80  | F  | Female 80+        |                    | 52:57.8 | 52:12. | 17:05 / mi |
| 22 | 405 | Varney, Evelyn       | 10  | F  | Female 14 & Under | The Stat Pack      | 53:14.4 | 53:01. | 17:10 / mi |
| 22 | 235 | Kraus, Anna          | 12  | F  | Female 14 & Under | Epic Runtime!      | 53:16.7 | 52:50. | 17:11 / mi |
| 22 | 266 | Masi, Samantha       | 27  | F  | Female 20-29      |                    | 53:38.3 | 53:13. | 17:18 / mi |
| 23 | 28  | Berg, Renee          | 61  | F  | Female 60-69      | Finch paper        | 53:39.0 | 52:43. | 17:18 / mi |
| 23 | 195 | harten, leigha       | 41  | F  | Female 40-49      | Finch paper        | 53:39.5 | 52:45. | 17:18 / mi |
| 23 | 73  | Coe, Kara            | 42  | F  | Female 40-49      |                    | 53:42.2 | 53:16. | 17:19 / mi |
| 23 | 413 | Vreugde, Carly       | 28  | F  | Female 20-29      | ICU need a PRN     | 54:02.4 | 53:51. | 17:25 / mi |
| 23 | 75  | Congel, Katherine    | 26  | F  | Female 20-29      | ICU need a PRN     | 54:03.6 | 53:53. | 17:26 / mi |
| 23 | 236 | Kraus, Brian         | 51  | M  | Male 50-59        | Epic Runtime!      | 54:14.9 | 53:50. | 17:29 / mi |
| 23 | 280 | McMurry Jr, Ron      | 43  | M  | Male 40-49        | The Stat Pack      | 54:15.5 | 53:49. | 17:30 / mi |
| 23 | 47  | Bussing, Michelle    |     | F  |                   |                    | 54:21.5 | 54:13. | 17:32 / mi |
| 23 | 46  | Bussing, Gregory     | 66  | M  | Male 60-69        |                    | 54:21.8 | 54:13. | 17:32 / mi |
| 23 | 458 | Lorrain, Mike        | 58  | M  | Male 50-59        |                    | 54:47.9 | 54:23. | 17:40 / mi |
| 24 | 344 | Rivera-Legere, Diana | 54  | F  | Female 50-59      | Fort Miller Group  | 54:51.1 | 54:32. | 17:41 / mi |
| 24 | 286 | Mickle, Mia          | 7   | F  | Female 14 & Under | The Quality Quacks | 54:57.2 | 54:19. | 17:43 / mi |
| 24 | 287 | Mickle, Taylor       | 31  | M  | Male 30-39        | The Quality Quacks | 54:57.3 | 54:21. | 17:43 / mi |
| 24 | 79  | Cooper, Jeremy       | 50  | M  | Male 50-59        | The Rehab Racers   | 55:35.8 | 54:55. | 17:56 / mi |
| 24 | 78  | Cooper, Angie        | 53  | F  | Female 50-59      | The Rehab Racers   | 55:36.6 | 54:56. | 17:56 / mi |



# Glens Falls Hospital

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI | Bib Name               | Age | Ge | AG                | Team                 | GunTime   | Chip   | Pace       |
|----|------------------------|-----|----|-------------------|----------------------|-----------|--------|------------|
| 24 | 316 Paetsch, Mary      | 76  | F  | Female 70-79      |                      | 56:55.4   | 56:28. | 18:21 / mi |
| 24 | 315 Paetsch, Gerry     | 82  | M  | Male 80+          |                      | 56:56.1   | 56:29. | 18:21 / mi |
| 24 | 182 Hahn, Kathy        | 65  | F  | Female 60-69      |                      | 57:02.2   | 56:35. | 18:23 / mi |
| 24 | 442 Zuma, Chris        | 54  | F  | Female 50-59      |                      | 57:05.5   | 56:52. | 18:24 / mi |
| 24 | 83 Corentto, Mickey    | 53  | M  | Male 50-59        |                      | 57:06.2   | 56:51. | 18:25 / mi |
| 25 | 82 Corentto, Merrideth | 50  | F  | Female 50-59      |                      | 57:06.3   | 56:53. | 18:25 / mi |
| 25 | 160 Gilman, Peter      | 65  | M  | Male 60-69        | The Rehab Racers     | 57:40.3   | 56:57. | 18:36 / mi |
| 25 | 243 Lapham, Katherine  | 52  | F  | Female 50-59      |                      | 57:41.0   | 56:58. | 18:36 / mi |
| 25 | 242 Lapham, Amy        | 49  | F  | Female 40-49      |                      | 57:41.1   | 56:57. | 18:36 / mi |
| 25 | 260 Madia, Frank       | 66  | M  | Male 60-69        | The Rehab Racers     | 57:42.1   | 56:58. | 18:36 / mi |
| 25 | 24 Belden, Art         | 61  | M  | Male 60-69        | The Rehab Racers     | 57:49.4   | 57:28. | 18:39 / mi |
| 25 | 21 Baldwin, Lori       | 56  | F  | Female 50-59      | The Rehab Racers     | 57:49.9   | 57:30. | 18:39 / mi |
| 25 | 167 Gould, David       | 44  | M  | Male 40-49        |                      | 59:30.4   | 58:48. | 19:11 / mi |
| 25 | 168 Gould, Lee Anne    | 38  | F  | Female 30-39      |                      | 59:30.7   | 58:48. | 19:11 / mi |
| 25 | 272 Mazzella, Emily    | 31  | F  | Female 30-39      |                      | 59:31.6   | 58:53. | 19:12 / mi |
| 26 | 70 Clark, Lisa         | 47  | F  | Female 40-49      |                      | 1:01:45.8 | 1:01:3 | 19:55 / mi |
| 26 | 326 Phillips, Natalie  | 12  | F  | Female 14 & Under | ERROR 404: Cache     | 1:03:11.1 | 1:02:3 | 20:22 / mi |
| 26 | 325 Phillips, Amanda   | 38  | F  | Female 30-39      | ERROR 404: Cache     | 1:03:11.6 | 1:02:3 | 20:23 / mi |
| 26 | 327 Phillips, Stewart  | 41  | M  | Male 40-49        | ERROR 404: Cache     | 1:03:13.5 | 1:02:3 | 20:23 / mi |
| 26 | 94 Degen, John         | 64  | M  | Male 60-69        |                      | 1:03:23.2 | 1:02:3 | 20:26 / mi |
| 26 | 95 Degen, Leslie       | 62  | F  | Female 60-69      |                      | 1:03:28.7 | 1:02:4 | 20:28 / mi |
| 26 | 307 Norgrove, Lisa     | 62  | F  | Female 60-69      | Glens Falls Run Club | 1:03:47.6 | 1:02:5 | 20:34 / mi |
| 26 | 294 Muncil, Kathy      | 67  | F  | Female 60-69      | Glens Falls Run Club | 1:03:47.9 | 1:02:5 | 20:34 / mi |
| 26 | 18 Bain, MaryEllen     | 73  | F  | Female 70-79      |                      | 1:04:08.7 | 1:03:2 | 20:41 / mi |
| 26 | 434 Worth, Eric        | 25  | M  | Male 20-29        | Beacon Bankers       | 1:04:21.5 | 1:03:4 | 20:45 / mi |
| 27 | 50 Campo, Christina    | 34  | F  | Female 30-39      | Beacon Bankers       | 1:04:23.4 | 1:03:4 | 20:46 / mi |
| 27 | 355 Seeber, Ken        | 46  | M  | Male 40-49        | Beacon Bankers       | 1:04:40.5 | 1:04:0 | 20:51 / mi |
| 27 | 214 HUNTER, MICHELE    | 54  | F  | Female 50-59      | Beacon Bankers       | 1:04:42.0 | 1:04:0 | 20:52 / mi |
| 27 | 255 Lynch, Tina        | 30  | F  | Female 30-39      | Beacon Bankers       | 1:04:42.9 | 1:04:0 | 20:52 / mi |
| 27 | 320 Parsons, Nathan    | 28  | M  | Male 20-29        |                      | 1:05:03.7 | 1:05:0 | 20:59 / mi |
| 27 | 305 Nelson, Rebekah    | 29  | F  | Female 20-29      |                      | 1:05:03.9 | 1:05:0 | 20:59 / mi |
| 27 | 126 Evarts, Erica      | 47  | F  | Female 40-49      |                      | 1:05:04.4 | 1:04:2 | 20:59 / mi |
| 27 | 220 Jenkins, Heidi     | 38  | F  | Female 30-39      |                      | 1:06:19.5 | 1:05:3 | 21:23 / mi |
| 27 | 31 Bollettieri, Claire | 24  | F  | Female 20-29      |                      | 1:09:19.2 | 1:08:3 | 22:21 / mi |
| 27 | 432 Witters, Jordan    | 24  | F  | Female 20-29      |                      | 1:09:19.2 | 1:08:3 | 22:21 / mi |
| 28 | 336 Ratliff, Morgan    | 35  | F  | Female 30-39      |                      | 1:10:31.2 | 1:09:5 | 22:44 / mi |
| 28 | 337 Ratliff, Thea      | 6   | F  | Female 14 & Under |                      | 1:10:33.3 | 1:09:5 | 22:45 / mi |
| 28 | 335 Ratliff, Caleb     | 38  | M  | Male 30-39        |                      | 1:10:33.9 | 1:09:5 | 22:45 / mi |

### 1 Mile Walk/Run

|    |                     |   |   |                 |                 |         |        |            |
|----|---------------------|---|---|-----------------|-----------------|---------|--------|------------|
| 1. | 397 Vacchio, Collin | 8 | M | Male 14 & Under | Herzog Law Firm | 12:29.2 | 11:27. | 12:29 / mi |
|----|---------------------|---|---|-----------------|-----------------|---------|--------|------------|



# Glens Falls Hospital

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI  | Bib Name                   | Age | Ge | AG                | Team                  | GunTime | Chip   | Pace       |
|-----|----------------------------|-----|----|-------------------|-----------------------|---------|--------|------------|
| 2.  | 208 Hildreth, Chad         | 48  | M  | Male 40-49        |                       | 13:35.1 | 13:16. | 13:35 / mi |
| 3.  | 192 Harrington, Chris      | 70  | M  | Male 70-79        |                       | 13:50.5 | 13:50. | 13:50 / mi |
| 4.  | 89 Davis, Ariana           | 7   | F  | Female 14 & Under |                       | 14:59.7 | 14:23. | 14:59 / mi |
| 5.  | 49 Cahill, Lyndsey         | 44  | F  | Female 40-49      |                       | 14:59.8 | 14:24. | 14:59 / mi |
| 6.  | 310 Nudi, Avery            | 6   | F  | Female 14 & Under |                       | 16:32.1 | 15:54. | 16:32 / mi |
| 7.  | 309 Nudi, Alan             | 42  | M  | Male 40-49        |                       | 16:32.6 | 15:52. | 16:32 / mi |
| 8.  | 449 Hyde, Kiley            | 24  | F  | Female 20-29      | The Rehab Racers      | 19:04.4 | 18:21. | 19:04 / mi |
| 9.  | 450 Hyde, Tracy            | 47  | F  | Female 40-49      | The Rehab Racers      | 19:04.7 | 19:04. | 19:04 / mi |
| 10. | 23 Barrett, Kyle           | 29  | M  | Male 20-29        | The Quality Quacks    | 19:52.5 | 19:05. | 19:52 / mi |
| 11. | 13 Arehart, Hannah         | 28  | F  | Female 20-29      | The Quality Quacks    | 19:53.0 | 19:06. | 19:52 / mi |
| 12. | 203 Heidorf, Donna         | 68  | F  | Female 60-69      | The Stat Pack         | 20:12.2 | 19:46. | 20:12 / mi |
| 13. | 43 Burns, Kayla            | 35  | F  | Female 30-39      | The Stat Pack         | 20:13.5 | 19:48. | 20:13 / mi |
| 14. | 271 Mason, Jr, Christopher | 9   | M  | Male 14 & Under   | CR Wood Warriors      | 20:20.6 | 19:24. | 20:20 / mi |
| 15. | 372 Susko, Mark            | 54  | M  | Male 50-59        | The Quality Quacks    | 21:06.2 | 20:31. | 21:06 / mi |
| 16. | 370 Susko, Cassandra       | 19  | F  | Female 15-19      | The Quality Quacks    | 21:08.1 | 20:36. | 21:08 / mi |
| 17. | 39 Brown, Jenna            | 37  | F  | Female 30-39      |                       | 21:08.2 | 20:34. | 21:08 / mi |
| 18. | 371 Susko, Colleen         | 55  | F  | Female 50-59      | The Quality Quacks    | 21:08.8 | 20:35. | 21:08 / mi |
| 19. | 120 Durling, Margaret      | 17  | F  | Female 15-19      | Epic Runtime!         | 21:15.6 | 20:36. | 21:15 / mi |
| 20. | 119 Durling, Jillian       | 15  | F  | Female 15-19      | Epic Runtime!         | 21:16.0 | 20:36. | 21:15 / mi |
| 21. | 410 Vooris, Emma           | 6   | F  | Female 14 & Under |                       | 21:31.1 | 20:04. | 21:31 / mi |
| 22. | 452 Silver, Robert         | 42  | M  | Male 40-49        |                       | 21:58.3 | 21:10. | 21:58 / mi |
| 23. | 453 Evellis, Shannon       | 40  | F  | Female 40-49      |                       | 21:59.8 | 21:10. | 21:59 / mi |
| 24. | 64 Changelo, Rolland       | 9   | M  | Male 14 & Under   | The Rehab Racers      | 22:13.6 | 21:09. | 22:13 / mi |
| 25. | 93 Decker, Jamee           | 46  | F  | Female 40-49      | The Rehab Racers      | 22:43.5 | 21:38. | 22:43 / mi |
| 26. | 412 Vooris, Sam            | 8   | M  | Male 14 & Under   |                       | 23:09.0 | 21:46. | 23:08 / mi |
| 27. | 269 Mason, Nicholas        | 7   | M  | Male 14 & Under   | CR Wood Warriors      | 23:10.3 | 22:13. | 23:10 / mi |
| 28. | 380 Torrisi, Deirdre       | 58  | F  | Female 50-59      | Capital Area Physical | 23:11.1 | 22:28. | 23:11 / mi |
| 29. | 383 Torrisi Jr., Thomas    | 62  | M  | Male 60-69        | Capital Area Physical | 23:11.3 | 22:27. | 23:11 / mi |
| 30. | 270 Mason, Patrick         | 5   | M  | Male 14 & Under   | CR Wood Warriors      | 23:14.4 | 22:18. | 23:14 / mi |
| 31. | 381 Torrisi, Thomas        | 86  | M  | Male 80+          | Capital Area Physical | 23:15.4 | 22:30. | 23:15 / mi |
| 32. | 411 Vooris, Erin           | 40  | F  | Female 40-49      |                       | 23:28.3 | 22:05. | 23:28 / mi |
| 33. | 285 Mic, Lidia             | 68  | F  | Female 60-69      | The Rehab Racers      | 23:59.5 | 22:46. | 23:59 / mi |
| 34. | 65 Chase, Jeannie          | 62  | F  | Female 60-69      | The Rehab Racers      | 23:59.8 | 22:46. | 23:59 / mi |
| 35. | 275 McDermott, Barbara     | 63  | F  | Female 60-69      | The Stat Pack         | 24:03.8 | 23:14. | 24:03 / mi |
| 36. | 276 McDermott, Tom         | 68  | M  | Male 60-69        | The Stat Pack         | 24:04.2 | 23:15. | 24:04 / mi |
| 37. | 267 Mason, Christin        | 41  | F  | Female 40-49      | CR Wood Warriors      | 24:09.2 | 23:10. | 24:09 / mi |
| 38. | 268 Mason, Christopher     | 44  | M  | Male 40-49        | CR Wood Warriors      | 24:09.3 | 23:14. | 24:09 / mi |
| 39. | 457 Ives, Andrew           | 45  | M  | Male 40-49        |                       | 24:15.2 | 23:20. | 24:15 / mi |
| 40. | 456 Ives, Mia              | 10  | F  | Female 14 & Under |                       | 24:15.4 | 23:21. | 24:15 / mi |
| 41. | 69 Choudhary, Faryal       | 38  | F  | Female 30-39      |                       | 24:17.6 | 23:13. | 24:17 / mi |
| 42. | 107 Dimick-Mack, Sarah     | 27  | F  | Female 20-29      |                       | 24:18.2 | 23:10. | 24:18 / mi |



# Glens Falls Hospital

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI  | Bib Name                 | Age | Ge | AG                | Team                 | GunTime | Chip   | Pace       |
|-----|--------------------------|-----|----|-------------------|----------------------|---------|--------|------------|
| 43. | 227 Kimball, Tom         | 44  | M  | Male 40-49        | The Quality Quacks   | 24:20.3 | 23:34. | 24:20 / mi |
| 44. | 226 Kimball, Kathleen    | 71  | F  | Female 70-79      | The Quality Quacks   | 24:20.8 | 23:35. | 24:20 / mi |
| 45. | 149 Genovese, Andrew     | 43  | M  | Male 40-49        | The Rehab Racers     | 24:36.7 | 23:33. | 24:36 / mi |
| 46. | 152 Genovese, Eli        | 6   | M  | Male 14 & Under   | The Rehab Racers     | 24:51.6 | 23:46. | 24:51 / mi |
| 47. | 150 Genovese, Ashlie     | 40  | F  | Female 40-49      | The Rehab Racers     | 24:54.5 | 23:49. | 24:54 / mi |
| 48. | 252 Little, Connie       | 70  | F  | Female 70-79      | The Rehab Racers     | 24:55.7 | 23:58. | 24:55 / mi |
| 49. | 324 Persons, Donna       | 73  | F  | Female 70-79      | The Rehab Racers     | 24:56.0 | 23:58. | 24:55 / mi |
| 50. | 259 Madia, Diane         | 64  | F  | Female 60-69      | The Rehab Racers     | 25:07.2 | 24:25. | 25:07 / mi |
| 51. | 258 Madia, Cruz          | 8   | M  | Male 14 & Under   | The Rehab Racers     | 25:07.8 | 24:23. | 25:07 / mi |
| 52. | 15 Backus, Deborah       | 62  | F  | Female 60-69      | The Rehab Racers     | 25:08.5 | 24:15. | 25:08 / mi |
| 53. | 159 Gilman, Lorna        | 65  | F  | Female 60-69      | The Rehab Racers     | 25:09.2 | 24:23. | 25:09 / mi |
| 54. | 358 Short, Brittany      | 35  | F  | Female 30-39      | The Rehab Racers     | 25:09.3 | 24:03. | 25:09 / mi |
| 55. | 40 Bucci, Ashley         | 33  | F  | Female 30-39      | The Rehab Racers     | 25:09.9 | 24:17. | 25:09 / mi |
| 56. | 155 Ghulam, Robert       | 36  | M  | Male 30-39        | The Rehab Racers     | 25:13.0 | 24:20. | 25:12 / mi |
| 57. | 313 O'Leary, Keegan      | 28  | M  | Male 20-29        | The Quality Quacks   | 25:13.4 | 24:20. | 25:13 / mi |
| 58. | 20 Bain, Sharon          | 81  | F  | Female 80+        | The Quality Quacks   | 25:14.5 | 24:18. | 25:14 / mi |
| 59. | 19 Bain, Sean            | 59  | M  | Male 50-59        | The Quality Quacks   | 25:14.6 | 24:19. | 25:14 / mi |
| 60. | 402 Vallone, Lola        | 7   | F  | Female 14 & Under |                      | 26:01.2 | 24:44. | 26:01 / mi |
| 61. | 401 Vallone, Brittney    | 37  | F  | Female 30-39      |                      | 26:11.8 | 24:55. | 26:11 / mi |
| 62. | 273 McAndrew, Elizabeth  | 37  | F  | Female 30-39      |                      | 26:39.5 | 25:38. | 26:39 / mi |
| 63. | 459 Lyons, Tom           | 81  | M  | Male 80+          |                      | 27:08.0 | 26:05. | 27:07 / mi |
| 64. | 254 Lundy-Varney, Taylor | 22  | F  | Female 20-29      | The Stat Pack        | 27:10.8 | 26:01. | 27:10 / mi |
| 65. | 148 Geddes, Mark         | 67  | M  | Male 60-69        | Glens Falls Run Club | 27:14.1 | 26:23. | 27:14 / mi |
| 66. | 321 Pello, Bryan         | 68  | M  | Male 60-69        | Glens Falls Run Club | 27:14.7 | 26:24. | 27:14 / mi |
| 67. | 54 Carpentier, Kane      | 43  | M  | Male 40-49        | The Stat Pack        | 27:19.3 | 26:08. | 27:19 / mi |
| 68. | 406 Varney, Jolene       | 44  | F  | Female 40-49      | The Stat Pack        | 27:20.2 | 26:09. | 27:20 / mi |
| 69. | 141 Frys, Mike           | 66  | M  | Male 60-69        |                      | 28:19.3 | 27:17. | 28:19 / mi |
| 70. | 140 Frys, Kyung          | 71  | F  | Female 70-79      |                      | 28:22.6 | 27:20. | 28:22 / mi |
| 71. | 139 Frys, James          | 31  | M  | Male 30-39        |                      | 28:23.4 | 27:18. | 28:23 / mi |
| 72. | 376 Thakkar, Chris       | 32  | M  | Male 30-39        |                      | 30:36.6 | 29:15. | 30:36 / mi |
| 73. | 263 Marmie, Suzy         | 42  | F  | Female 40-49      | The Rehab Racers     | 30:39.7 | 29:01. | 30:39 / mi |
| 74. | 262 MARMIE, KAREN        | 69  | F  | Female 60-69      | The Rehab Racers     | 30:43.0 | 29:05. | 30:42 / mi |
| 75. | 90 Davis, Brady          | 6   | M  | Male 14 & Under   |                      | 31:17.9 | 30:42. | 31:17 / mi |
| 76. | 34 Bradway, Larry        | 78  | M  | Male 70-79        | The Rehab Racers     | 34:39.0 | 33:21. | 34:38 / mi |
| 77. | 395 Troumbley, Veronica  | 31  | F  | Female 30-39      | The Rehab Racers     | 38:37.5 | 38:37. | 38:37 / mi |
| 78. | 430 Win, San             | 52  | F  | Female 50-59      |                      | 48:03.7 | 47:11. | 48:03 / mi |
| 79. | 151 Genovese, Brooklyn   | 13  | F  | Female 14 & Under | The Rehab Racers     | 50:36.5 | 49:31. | 50:36 / mi |
| 80. | 407 Vasquez, Leah        | 39  | F  | Female 30-39      | Glens Falls Medical  | 51:33.4 | 51:19. | 51:33 / mi |
| 81. | 177 Guilder, Barbara     | 72  | F  | Female 70-79      |                      | 53:04.0 | 50:18. | 53:03 / mi |
| 82. | 308 Novotny, Nancy       | 83  | F  | Female 80+        |                      | 53:09.1 | 50:18. | 53:09 / mi |
| 83. | 455 Carfo, Nonie         | 81  | F  | Female 80+        |                      | 53:09.7 | 50:32. | 53:09 / mi |



# Glens Falls Hospital

# 2026 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



## Overall Results

| PI  | Bib Name             | Age | Ge | AG           | Team               | GunTime | Chip   | Pace       |
|-----|----------------------|-----|----|--------------|--------------------|---------|--------|------------|
| 84. | 357 Shannon, Erin    | 30  | F  | Female 30-39 | The Quality Quacks | 54:57.2 | 54:19. | 54:57 / mi |
| DN  | 193 Harrington, Lisa | 59  | F  | Female 50-59 |                    | 13:53.8 | 13:53. | 13:53 / mi |
| DN  | 338 Reed, Kimberly   | 35  | F  | Female 30-39 | ERROR 404: Cache   | 05:00.0 | 05:00. | 4:59 / mi  |
| DN  | 339 Reed, Tyler      | 29  | M  | Male 20-29   | ERROR 404: Cache   | 04:59.2 | 04:59. | 4:59 / mi  |

Number of records: 369



# Glens Falls Hospital