

2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY

CHAMPIONSHIPS

TEAM RESULTS

Place	Team	Scor	Total	Avg	Avg	Team	Scoring
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MODIFIED GIRLS

1	Schalmont	41	43:53	08:46	11:29	1:17	1-9-14-15-22-25-30
2	Cobleskill-Richmondville	51	44:35	08:55	11:40	1:08	2-11-16-21-23-29-49
3	Ravena	61	45:48	09:09	11:59	1:12	7-10-20-24-28-32-34
4	Mohonasen	91	54:13	10:50	14:11	6:33	4-8-39-47-51-53
5	Lansingburgh	114	57:53	11:34	15:08	6:56	19-26-31-50-52

MODIFIED BOYS

1	Albany Academy	26	38:14	07:38	10:00	1:35	1-2-5-13-18-25-34
2	Schalmont	49	41:07	08:13	10:45	1:06	6-8-11-23-24-30
3	Mohonasen	54	42:00	08:24	10:59	0:38	9-15-17-19-22-28-40
4	Ichabod Crane	89	45:30	09:06	11:54	1:12	16-20-29-32-33-37

GIRLS VARSITY

1	Mohonasen	47	1:49:30	21:54	0:00	4:32	1-6-9-11-31-34-36
2	Voorheesville	51	1:50:26	22:05	0:00	1:56	4-5-16-18-21-23-26
3	Academy of the Holy	79	1:54:38	22:55	0:00	1:14	10-14-22-24-25-29-39
4	Albany Academy	88	1:55:55	23:11	0:00	1:44	12-13-19-27-33-40-47
5	Ichabod Crane	118	1:59:07	23:49	0:00	4:12	7-15-28-44-48-51-57
6	Schalmont	163	2:06:02	25:12	0:00	5:04	8-38-50-53-54
7	Cobleskill-Richmondville	173	2:10:43	26:08	0:00	7:32	32-35-41-43-64

BOYS VARSITY

1	Schalmont	48	1:30:38	18:07	0:00	2:59	1-6-9-10-22-31-49
2	LaSalle Institute (Troy)	65	1:32:45	18:33	0:00	1:15	7-11-14-15-18-27
3	Ichabod Crane	77	1:34:05	18:49	0:00	1:14	8-13-17-19-20-26-29
4	Albany Academy	77	1:34:19	18:51	0:00	2:18	5-12-16-21-23-41-42
5	Mohonasen	120	1:40:30	20:06	0:00	5:50	2-24-25-30-50-53-54
6	Voorheesville	145	1:44:01	20:48	0:00	5:54	3-32-37-44-51-59
7	Lansingburgh	152	1:45:51	21:10	0:00	6:35	4-39-40-43-55-60