

# 2023 Amy's Adventure Race for the Lake



## Top 3 Overall Gender Awards

Place	Bib	Name	Gender	Age	AG	GunTime	Pace
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### 4.5 Mile Trail Run

#### Female

1.	43	Bell, Kaley	f	39	Female 30-39	43:45.1	9:43 / mi
2.	97	Samson, Julia	f	25	Female 20-29	50:49.6	11:17 / mi
3.	65	Haley, Lexi	f	26	Female 20-29	52:15.4	11:36 / mi

#### Male

1.	103	Underwood, Nick	m	30	Male 30-39	33:36.6	7:28 / mi
2.	42	Belden, Zane	m	27	Male 20-29	34:05.2	7:34 / mi
3.	69	James, Alex	m	35	Male 30-39	35:02.3	7:47 / mi



LAKE GEORGE  
LAND CONSERVANCY