

## 2023 TAM Trek

### Top 3 Overall Gender Awards 10k Run

Place	Bib	Name	Gender	Age	AG	Finish	Pace
10k Run							
Female							
1.	116	Irving, Ceili	f	15	Female 1-15	51:27.5	8:16 / mi
2.	43	Coppenrath, Emily	f	35	Female 30-39	53:27.3	8:36 / mi
3.	72	Driscoll, Meghan	f	19	Female 16-29	53:27.5	8:36 / mi
Male							
1.	113	Howard, Thomas	m	47	Male 40-49	46:37.4	7:30 / mi
2.	276	Coogan, Dan	m	39	Male 30-39	49:27.2	7:57 / mi
3.	265	McLaughlin, Frank	m	54	Male 50-59	49:29.5	7:57 / mi