

2026 Harrison Freer Rotary Community 5K



Age Group Awards

| Place | Bib | Name | Age | Gender | Corporation | GunTime |
|-------|-----|------|-----|--------|-------------|---------|
|-------|-----|------|-----|--------|-------------|---------|

5K Run/Walk

Female 14 & Under

| | | | | | | |
|----|-----|------------------|----|---|-------------------|----------|
| 1. | 181 | Bolton, Olivia | 14 | F | | 00:24:54 |
| 2. | 66 | Grabbe, Daniella | 13 | F | Galloping Grabbes | 00:28:16 |
| 3. | 70 | Grabbe, Regina | 13 | F | Galloping Grabbes | 00:34:28 |

Female 15-19

| | | | | | | |
|----|-----|----------------|----|---|--|----------|
| 1. | 126 | Moynihan, Nora | 19 | F | | 00:30:07 |
| 2. | 106 | LaPoint, Carol | 19 | F | | 01:04:34 |

Female 20-29

| | | | | | | |
|----|-----|-----------------|----|---|--|----------|
| 1. | 15 | Call, Megumi | 26 | F | | 00:26:56 |
| 2. | 151 | Siemens, Amanda | 24 | F | | 00:28:56 |
| 3. | 71 | Granger, Tori | 21 | F | | 00:30:43 |

Female 30-39

| | | | | | | |
|----|-----|-------------------|----|---|--|----------|
| 1. | 183 | Rosenbrock, Diana | 34 | F | | 00:27:05 |
| 2. | 29 | Davidson, Melissa | 37 | F | | 00:28:00 |
| 3. | 101 | Kvick, Nettie | 37 | F | | 00:28:55 |

Female 40-49

| | | | | | | |
|----|-----|--------------------|----|---|-------------------|----------|
| 1. | 187 | Marchese, Cristina | 41 | F | | 00:25:27 |
| 2. | 68 | Grabbe, Lisa | 44 | F | Galloping Grabbes | 00:28:01 |
| 3. | 20 | Coon, Erin | 43 | F | | 00:29:26 |

Female 50-59

| | | | | | | |
|----|-----|------------------|----|---|--------------------|----------|
| 1. | 102 | LaBombard, Jane | 52 | F | Adirondack Runners | 00:26:41 |
| 2. | 64 | Gillingham, Beth | 53 | F | | 00:28:22 |
| 3. | 112 | Lorrain, Carrie | 56 | F | | 00:30:41 |

Female 60-69

| | | | | | | |
|----|-----|---------------------|----|---|--|----------|
| 1. | 197 | Fitzgerald, Maureen | 68 | F | | 00:25:56 |
| 2. | 136 | Phoenix, Janice | 64 | F | | 00:32:48 |
| 3. | 78 | Haraughty, Denise | 60 | F | | 00:34:57 |

Female 70-79

| | | | | | | |
|----|-----|-------------------|----|---|--------------------|----------|
| 1. | 133 | Pederson, Jill | 75 | F | Adirondack Runners | 00:32:27 |
| 2. | 124 | Miller, Katherine | 71 | F | | 00:38:47 |
| 3. | 196 | Wallace, Margaret | 76 | F | | 00:39:33 |

Female 80+

| | | | | | | |
|----|----|-----------------|----|---|--|----------|
| 1. | 93 | Johnston, Nancy | 80 | F | | 00:53:08 |
|----|----|-----------------|----|---|--|----------|



**The Harrison Freer
Rotary Community**
5K Run/Walk - 2025
Course: Flat and fast - 3.1 miles

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|----------------------------|-----|---------------------|-----|--------|---------------------|----------|
| Male 14 & Under | | | | | | |
| 1. | 41 | Fitzgerald, Matthew | 12 | M | | 00:22:45 |
| 2. | 69 | Grabbe, Marcus | 6 | M | Galloping Grabbes | 00:43:14 |
| 3. | 85 | Holowach, Luke | 10 | M | | 00:48:02 |
| Male 15-19 | | | | | | |
| 1. | 14 | Byers, Ryan | 15 | M | | 00:25:53 |
| Male 20-29 | | | | | | |
| 1. | 188 | Motta, Nicholas | 26 | M | | 00:22:14 |
| 2. | 25 | Crandall, Nick | 25 | M | | 00:28:25 |
| 3. | 43 | Foley, Joshua | 22 | M | | 00:28:52 |
| Male 30-39 | | | | | | |
| 1. | 175 | Rodman, Stephen | 36 | M | | 00:23:17 |
| 2. | 65 | Grabb, Clark | 31 | M | | 00:23:26 |
| 3. | 50 | Freer, Dillon | 34 | M | Freer Family | 00:25:03 |
| Male 40-49 | | | | | | |
| 1. | 145 | San Antonio, Joseph | 49 | M | | 00:22:37 |
| 2. | 173 | Wittenberg, Keenan | 41 | M | Adirondack Runners | 00:24:09 |
| 3. | 49 | Freer, Ben | 46 | M | Freer Family | 00:25:01 |
| Male 50-59 | | | | | | |
| 1. | 149 | Schwimer, Tim | 53 | M | | 00:22:41 |
| 2. | 121 | McGrath, Brian | 51 | M | | 00:23:19 |
| 3. | 180 | Lonegran, Harris | 55 | M | | 00:25:31 |
| Male 60-69 | | | | | | |
| 1. | 179 | Sullivan, Jeff | 63 | M | | 00:21:24 |
| 2. | 42 | Flint, Jim | 67 | M | Adirondack Runners | 00:21:40 |
| 3. | 4 | Bardin, Timothy | 64 | M | | 00:22:26 |
| Male 70-79 | | | | | | |
| 1. | 176 | Connors, James | 70 | M | | 00:28:56 |
| 2. | 6 | Bledsoe, John | 74 | M | | 00:29:09 |
| 3. | 178 | Vanwely, Don | 76 | M | | 00:31:20 |
| Male 80+ | | | | | | |
| 1. | 28 | Cunningham, Jim | 81 | M | | 00:46:42 |
| 2. | 26 | Crisler, Nelson | 81 | M | Glens Falls Kiwanis | 00:52:44 |



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