

# 2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY CHAMPIONSHIPS

## Overall Results

| Place                 | Points | Bib | Name                | Team                      | Grade | Pace  | Time       |
|-----------------------|--------|-----|---------------------|---------------------------|-------|-------|------------|
| <b>MODIFIED GIRLS</b> |        |     |                     |                           |       |       |            |
| 1                     | 1      | 237 | Abigail LEROY       | Schalmont                 | 8     | 6:31  | 00:08:01.7 |
| 2                     | 2      | 60  | Gabriella BIZZARRO  | Cobleskill-Richmondville  | 8     | 6:41  | 00:08:13.5 |
| 3                     | –      | 279 | Brenna TANNATTA     | Voorheesville             | 7     | 6:47  | 00:08:21.7 |
| 4                     | 3      | 176 | Haley SMEATON       | Mohonasen                 | 8     | 6:55  | 00:08:30.7 |
| 5                     | –      | 83  | Julia DWELLEY       | Ichabod Crane             | 7     | 6:56  | 00:08:32.3 |
| 6                     | –      | 29  | Rebecca ROSE        | Albany Academy            | 7     | 6:56  | 00:08:32.9 |
| 7                     | 4      | 212 | Maci LIPPS          | Ravena                    | 7     | 6:58  | 00:08:35.4 |
| 8                     | 5      | 160 | Kendall DOROSKI     | Mohonasen                 | 7     | 6:59  | 00:08:35.5 |
| 9                     | 6      | 230 | Mia GILLBERG        | Schalmont                 | 8     | 6:59  | 00:08:36.3 |
| 10                    | 7      | 215 | Kaliyona TABER      | Ravena                    | 8     | 7:01  | 00:08:38.4 |
| 11                    | 8      | 59  | Alessandra BIZZARRO | Cobleskill-Richmondville  | 8     | 7:03  | 00:08:40.5 |
| 12                    | –      | 31  | Melah SPRAGUE       | Albany Academy            | 8     | 7:03  | 00:08:41.2 |
| 13                    | –      | 144 | Quinn STRAIGHT      | LaSalle Institute (Troy)  | 8     | 7:12  | 00:08:51.7 |
| 14                    | 9      | 245 | Kaitlyn VILLANO     | Schalmont                 | 8     | 7:14  | 00:08:54.4 |
| 15                    | 10     | 229 | Addison D'ORTANA    | Schalmont                 | 8     | 7:20  | 00:09:02.0 |
| 16                    | 11     | 68  | Talan SMITH         | Cobleskill-Richmondville  | 8     | 7:22  | 00:09:04.5 |
| 17                    | –      | 145 | Chloe WARYAS        | LaSalle Institute (Troy)  | 8     | 7:22  | 00:09:04.9 |
| 18                    | –      | 5   | Audrey HODGDON      | Academy of the Holy Names | 7     | 7:24  | 00:09:06.4 |
| 19                    | 12     | 123 | Kiera SHEPPIE       | Lansingburgh              | 7     | 7:27  | 00:09:09.9 |
| 20                    | 13     | 216 | Amina VINCENT       | Ravena                    | 8     | 7:29  | 00:09:12.9 |
| 21                    | 14     | 70  | Madeleine WILDING   | Cobleskill-Richmondville  | 8     | 7:30  | 00:09:14.1 |
| 22                    | 15     | 228 | Lily DEROCHE        | Schalmont                 | 8     | 7:34  | 00:09:19.5 |
| 23                    | 16     | 63  | Audrey GUTIERREZ    | Cobleskill-Richmondville  | 8     | 7:37  | 00:09:22.5 |
| 24                    | 17     | 214 | Adrianna SCARCELLA  | Ravena                    | 7     | 7:46  | 00:09:33.9 |
| 25                    | (18)   | 227 | Cipriana DEMANIA    | Schalmont                 | 8     | 7:46  | 00:09:34.5 |
| 26                    | 19     | 126 | Samara May THOMPSON | Lansingburgh              | 7     | 7:54  | 00:09:43.8 |
| 27                    | –      | 265 | Grace COFFEY        | Voorheesville             | 8     | 7:55  | 00:09:44.7 |
| 28                    | 20     | 207 | Lily CARNIBUCCI     | Ravena                    | 8     | 7:58  | 00:09:48.2 |
| 29                    | (21)   | 58  | Olivia ANDROW       | Cobleskill-Richmondville  | 7     | 7:59  | 00:09:50.0 |
| 30                    | (22)   | 239 | Regan MICKLE        | Schalmont                 | 8     | 7:59  | 00:09:50.0 |
| 31                    | 23     | 116 | Rose BERGENDAHL     | Lansingburgh              | 7     | 8:02  | 00:09:53.6 |
| 32                    | (24)   | 209 | Hailey DOHERTY      | Ravena                    | 8     | 8:03  | 00:09:54.3 |
| 33                    | –      | 85  | Grace HOFF          | Ichabod Crane             | 8     | 8:05  | 00:09:57.1 |
| 34                    | (25)   | 218 | Stella WEDDELL      | Ravena                    | 7     | 8:06  | 00:09:58.8 |
| 35                    | –      | 91  | Lily STEVENS        | Ichabod Crane             | 7     | 8:06  | 00:09:59.1 |
| 36                    | –      | 235 | Anna KRENAV         | Schalmont                 | 7     | 8:09  | 00:10:02.1 |
| 37                    | –      | 205 | Madalyn BABCOCK     | Ravena                    | 7     | 8:17  | 00:10:12.6 |
| 38                    | –      | 210 | Regina GANLEY       | Ravena                    | 7     | 8:25  | 00:10:21.4 |
| 39                    | 26     | 158 | Skyler BOUDREAU     | Mohonasen                 | 8     | 8:25  | 00:10:22.3 |
| 40                    | –      | 8   | Hannah MCGARRY      | Academy of the Holy Names | 7     | 8:29  | 00:10:26.9 |
| 41                    | –      | 211 | Kaitlyn GARDNER     | Ravena                    | 7     | 8:38  | 00:10:37.7 |
| 42                    | –      | 241 | Harper PIERCE       | Schalmont                 | 8     | 8:43  | 00:10:44.5 |
| 43                    | –      | 243 | Olivia STUBBS       | Schalmont                 | 8     | 8:58  | 00:11:02.0 |
| 44                    | –      | 244 | Ayven TRESTICK      | Schalmont                 | 7     | 8:59  | 00:11:04.2 |
| 45                    | –      | 238 | Chloe MCDANIEL      | Schalmont                 | 8     | 9:14  | 00:11:22.2 |
| 46                    | –      | 25  | Ayza KAHN           | Albany Academy            | 7     | 9:16  | 00:11:24.7 |
| 47                    | 27     | 175 | Olivia SCEPKOWSKI   | Mohonasen                 | 8     | 9:30  | 00:11:41.2 |
| 48                    | –      | 22  | Gwen ESSERY         | Albany Academy            | 7     | 9:57  | 00:12:15.2 |
| 49                    | (28)   | 62  | Eleanor GAGNON      | Cobleskill-Richmondville  | 7     | 9:58  | 00:12:15.9 |
| 50                    | 29     | 121 | Lilly HAWK          | Lansingburgh              | 7     | 10:33 | 00:12:59.3 |
| 51                    | 30     | 165 | Briana JOHNSON      | Mohonasen                 | 8     | 12:15 | 00:15:04.2 |
| 52                    | 31     | 120 | Alane HAUSER        | Lansingburgh              | 8     | 13:05 | 00:16:06.5 |
| 53                    | (32)   | 161 | Jamie FARRICKER     | Mohonasen                 | 8     | 13:55 | 00:17:07.5 |
| 54                    | –      | 234 | Krystal KOEGLER     | Schalmont                 | 8     | 14:07 | 00:17:22.9 |

## MODIFIED BOYS

|   |   |    |                  |                |   |      |            |
|---|---|----|------------------|----------------|---|------|------------|
| 1 | 1 | 52 | Gianni SALISBURY | Albany Academy | 8 | 5:35 | 00:06:53.2 |
|---|---|----|------------------|----------------|---|------|------------|

# 2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY CHAMPIONSHIPS

## Overall Results

| Place | Points | Bib | Name                | Team                     | Grade | Pace  | Time       |
|-------|--------|-----|---------------------|--------------------------|-------|-------|------------|
| 2     | 2      | 45  | Ericsson LU         | Albany Academy           | 7     | 5:43  | 00:07:03.0 |
| 3     | –      | 152 | Holden MCLEAN       | LaSalle Institute (Troy) | 7     | 5:59  | 00:07:21.6 |
| 4     | –      | 149 | Jackson GLASKI      | LaSalle Institute (Troy) | 8     | 6:05  | 00:07:29.9 |
| 5     | 3      | 41  | Will KEATING        | Albany Academy           | 8     | 6:08  | 00:07:32.7 |
| 6     | 4      | 250 | Jack HUGHES         | Schalmont                | 8     | 6:12  | 00:07:38.7 |
| 7     | –      | 136 | Liam TROLIO         | Lansingburgh             | 7     | 6:26  | 00:07:55.3 |
| 8     | 5      | 252 | Matthew KENYON      | Schalmont                | 8     | 6:26  | 00:07:55.8 |
| 9     | 6      | 189 | Zion GILMORE        | Mohonasen                | 8     | 6:29  | 00:07:58.8 |
| 10    | –      | 129 | Chance BRUCE        | Lansingburgh             | 7     | 6:34  | 00:08:05.0 |
| 11    | 7      | 261 | Angelo VACCARO      | Schalmont                | 8     | 6:36  | 00:08:07.4 |
| 12    | –      | 155 | William RYAN        | LaSalle Institute (Troy) | 8     | 6:39  | 00:08:11.4 |
| 13    | 8      | 49  | Ze NOLAN            | Albany Academy           | 7     | 6:43  | 00:08:16.5 |
| 14    | –      | 225 | Treyson SAULPAUGH   | Ravena                   | 7     | 6:45  | 00:08:18.9 |
| 15    | 9      | 188 | Ryan FITCH          | Mohonasen                | 8     | 6:50  | 00:08:24.9 |
| 16    | 10     | 94  | Aven CARDINAL       | Ichabod Crane            | 8     | 6:51  | 00:08:25.7 |
| 17    | 11     | 191 | Logan HOOD          | Mohonasen                | 8     | 6:51  | 00:08:26.3 |
| 18    | 12     | 57  | Atharva VERMA       | Albany Academy           | 8     | 6:53  | 00:08:29.2 |
| 19    | 13     | 204 | Jason VANVRANKEN    | Mohonasen                | 8     | 6:56  | 00:08:32.6 |
| 20    | 14     | 109 | Xavier SADOWSKI     | Ichabod Crane            | 7     | 6:57  | 00:08:33.4 |
| 21    | –      | 80  | Connor WILKINSON    | Cobleskill-Richmondville | 8     | 6:59  | 00:08:36.5 |
| 22    | 15     | 197 | Gabriel O'CONNOR    | Mohonasen                | 8     | 7:00  | 00:08:37.6 |
| 23    | 16     | 258 | Cole O'CONNOR       | Schalmont                | 8     | 7:02  | 00:08:40.2 |
| 24    | 17     | 248 | Julian GNIDOWSKI    | Schalmont                | 8     | 7:07  | 00:08:45.3 |
| 25    | (18)   | 51  | Kolton RUSSELL      | Albany Academy           | 7     | 7:10  | 00:08:49.2 |
| 26    | –      | 71  | Asher BARBER        | Cobleskill-Richmondville | 7     | 7:11  | 00:08:51.1 |
| 27    | –      | 219 | Owen BAILEY         | Ravena                   | 7     | 7:21  | 00:09:03.6 |
| 28    | (19)   | 202 | Xavier SUSCO        | Mohonasen                | 8     | 7:29  | 00:09:12.5 |
| 29    | 20     | 102 | Evan HOLLIDAY       | Ichabod Crane            | 7     | 7:33  | 00:09:18.3 |
| 30    | (21)   | 246 | Lincoln BULLOCK     | Schalmont                | 7     | 7:34  | 00:09:18.6 |
| 31    | –      | 286 | Ellison HAWKINS     | Voorheesville            | 8     | 7:42  | 00:09:28.9 |
| 32    | 22     | 108 | Timothy PITTS       | Ichabod Crane            | 7     | 7:46  | 00:09:34.0 |
| 33    | 23     | 106 | Declan NOONAN       | Ichabod Crane            | 8     | 7:50  | 00:09:38.4 |
| 34    | (24)   | 53  | Brady SERVICE       | Albany Academy           | 7     | 7:53  | 00:09:43.0 |
| 35    | –      | 43  | Drew LERNER         | Albany Academy           | 9     | 8:02  | 00:09:53.0 |
| 36    | –      | 220 | Francesco BRACAGLIA | Ravena                   | 7     | 8:05  | 00:09:57.4 |
| 37    | (25)   | 97  | Zakariah CHRISTIAN  | Ichabod Crane            | 8     | 8:09  | 00:10:02.0 |
| 38    | –      | 36  | Jonah CONNORS       | Albany Academy           | 7     | 8:24  | 00:10:20.1 |
| 39    | –      | 290 | Desmond SORIANO     | Voorheesville            | 8     | 8:37  | 00:10:36.4 |
| 40    | (26)   | 196 | Shquan MORRISON     | Mohonasen                | 8     | 8:42  | 00:10:43.2 |
| 41    | –      | 44  | Nate LERNER         | Albany Academy           | 9     | 9:12  | 00:11:19.5 |
| 42    | –      | 78  | Samuel SMITH        | Cobleskill-Richmondville | 7     | 9:19  | 00:11:28.2 |
| 43    | –      | 72  | Luke COSSER         | Cobleskill-Richmondville | 7     | 9:28  | 00:11:39.1 |
| 44    | –      | 55  | James SLATCH        | Albany Academy           | 8     | 9:34  | 00:11:46.5 |
| 45    | –      | 194 | Connor LACZO        | Mohonasen                | 8     | 10:12 | 00:12:33.3 |

## GIRLS VARSITY

|    |    |     |                    |                           |    |      |            |
|----|----|-----|--------------------|---------------------------|----|------|------------|
| 1  | 1  | 170 | Rachel MILLER      | Mohonasen                 | 11 | 6:18 | 00:19:35.9 |
| 2  | –  | 122 | Athena PLANAS-DOVE | Lansingburgh              | 12 | 6:35 | 00:20:28.8 |
| 3  | –  | 139 | Sarah HANSSEN      | LaSalle Institute (Troy)  | 12 | 6:41 | 00:20:47.2 |
| 4  | 2  | 278 | Savannah SCHMIDT   | Voorheesville             | 8  | 6:44 | 00:20:56.9 |
| 5  | 3  | 272 | Shayla HYMAN       | Voorheesville             | 7  | 6:47 | 00:21:05.9 |
| 6  | 4  | 168 | Abby MARRINER      | Mohonasen                 | 11 | 6:50 | 00:21:16.7 |
| 7  | 5  | 82  | Brianna DORIA      | Ichabod Crane             | 11 | 6:55 | 00:21:31.4 |
| 8  | 6  | 242 | Abbey STUBBS       | Schalmont                 | 10 | 7:00 | 00:21:47.7 |
| 9  | 7  | 157 | Catie BINK         | Mohonasen                 | 10 | 7:08 | 00:22:10.7 |
| 10 | 8  | 10  | Summer REINOEHL    | Academy of the Holy Names | 12 | 7:09 | 00:22:14.5 |
| 11 | 9  | 169 | Ella MARRINER      | Mohonasen                 | 9  | 7:10 | 00:22:18.8 |
| 12 | 10 | 30  | Gigi SITZER        | Albany Academy            | 12 | 7:13 | 00:22:28.0 |
| 13 | 11 | 33  | Lauren TINKLER     | Albany Academy            | 11 | 7:14 | 00:22:29.9 |

# 2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY CHAMPIONSHIPS

## Overall Results

| Place | Points | Bib | Name              | Team                      | Grade | Pace  | Time       |
|-------|--------|-----|-------------------|---------------------------|-------|-------|------------|
| 14    | 12     | 12  | Julia VIGLIUCCI   | Academy of the Holy Names | 9     | 7:15  | 00:22:32.1 |
| 15    | 13     | 84  | Emilie GOODRICH   | Ichabod Crane             | 8     | 7:16  | 00:22:37.3 |
| 16    | 14     | 274 | Alannah MCCARTHY  | Voorheesville             | 10    | 7:18  | 00:22:41.9 |
| 17    | —      | 217 | Piper WEDDELL     | Ravena                    | 9     | 7:19  | 00:22:45.1 |
| 18    | 15     | 264 | Cheyenne BOWMAN   | Voorheesville             | 10    | 7:20  | 00:22:47.9 |
| 19    | 16     | 32  | Aminatou STACK    | Albany Academy            | 9     | 7:21  | 00:22:53.0 |
| 20    | —      | 141 | Kelsey MOONEY     | LaSalle Institute (Troy)  | 9     | 7:22  | 00:22:53.2 |
| 21    | 17     | 263 | Madi BORDEU       | Voorheesville             | 7     | 7:22  | 00:22:53.5 |
| 22    | 18     | 6   | Maeve JOYCE       | Academy of the Holy Names | 8     | 7:23  | 00:22:58.9 |
| 23    | (19)   | 268 | Mary GENOVESI     | Voorheesville             | 10    | 7:26  | 00:23:06.8 |
| 24    | 20     | 7   | Julia LYNCH       | Academy of the Holy Names | 11    | 7:31  | 00:23:23.5 |
| 25    | 21     | 4   | Ana GUERRA        | Academy of the Holy Names | 8     | 7:33  | 00:23:29.3 |
| 26    | (22)   | 270 | Marlie GRANT      | Voorheesville             | 10    | 7:34  | 00:23:31.8 |
| 27    | 23     | 17  | Ava CARSILLO      | Albany Academy            | 9     | 7:40  | 00:23:51.3 |
| 28    | 24     | 88  | Lilia PITTS       | Ichabod Crane             | 10    | 7:42  | 00:23:56.5 |
| 29    | (25)   | 2   | Abby EDWARDS      | Academy of the Holy Names | 11    | 7:43  | 00:24:01.0 |
| 30    | —      | 266 | Jenna CURL        | Voorheesville             | 11    | 7:43  | 00:24:01.4 |
| 31    | 26     | 177 | Marissa SMITH     | Mohonasen                 | 9     | 7:46  | 00:24:08.2 |
| 32    | 27     | 67  | Scarlet SMITH     | Cobleskill-Richmondville  | 10    | 7:46  | 00:24:08.3 |
| 33    | 28     | 16  | Avery ARNOLD      | Albany Academy            | 9     | 7:47  | 00:24:12.6 |
| 34    | (29)   | 173 | Maya PURETZ       | Mohonasen                 | 8     | 7:49  | 00:24:20.0 |
| 35    | 30     | 69  | Matilda WALTON    | Cobleskill-Richmondville  | 10    | 7:51  | 00:24:24.7 |
| 36    | (31)   | 166 | Jenna KINGSBURY   | Mohonasen                 | 9     | 7:54  | 00:24:34.0 |
| 37    | —      | 140 | Lindsey JOHNSON   | LaSalle Institute (Troy)  | 10    | 7:55  | 00:24:38.5 |
| 38    | 32     | 240 | Alex MIDDELKOOP   | Schalmont                 | 11    | 7:57  | 00:24:44.6 |
| 39    | (33)   | 11  | Logan SCHLEGEL    | Academy of the Holy Names | 11    | 7:58  | 00:24:47.0 |
| 40    | (34)   | 23  | Sela ETTEKAL      | Albany Academy            | 9     | 8:01  | 00:24:57.1 |
| 41    | 35     | 65  | Samantha MENTIPLY | Cobleskill-Richmondville  | 9     | 8:07  | 00:25:13.9 |
| 42    | —      | 180 | Lexi THAYER       | Mohonasen                 | 11    | 8:07  | 00:25:14.9 |
| 43    | 36     | 64  | Elisabeth HIGLEY  | Cobleskill-Richmondville  | 11    | 8:07  | 00:25:15.5 |
| 44    | 37     | 90  | Julia SONGAYLLO   | Ichabod Crane             | 11    | 8:08  | 00:25:18.8 |
| 45    | —      | 277 | Jenna ROMANI      | Voorheesville             | 12    | 8:11  | 00:25:28.1 |
| 46    | —      | 172 | Kyde POWER        | Mohonasen                 | 12    | 8:12  | 00:25:29.9 |
| 47    | (38)   | 19  | Bonnie DIEFENDORF | Albany Academy            | 11    | 8:15  | 00:25:39.4 |
| 48    | 39     | 87  | Elena PANTOJA     | Ichabod Crane             | 11    | 8:16  | 00:25:43.7 |
| 49    | —      | 206 | Sydney CAMPBELL   | Ravena                    | 12    | 8:20  | 00:25:53.8 |
| 50    | 40     | 232 | Anna HOMER        | Schalmont                 | 8     | 8:21  | 00:25:57.3 |
| 51    | (41)   | 89  | Erin RUSSELL      | Ichabod Crane             | 10    | 8:21  | 00:25:59.5 |
| 52    | —      | 24  | Zoey HALVERSON    | Albany Academy            | 11    | 8:33  | 00:26:34.0 |
| 53    | 42     | 236 | Gabby LANSING     | Schalmont                 | 10    | 8:35  | 00:26:40.8 |
| 54    | 43     | 233 | Kylie HOMER       | Schalmont                 | 10    | 8:38  | 00:26:52.0 |
| 55    | —      | 167 | Lauren LEHMAN     | Mohonasen                 | 12    | 8:41  | 00:26:59.2 |
| 56    | —      | 143 | Isabella SMITH    | LaSalle Institute (Troy)  | 11    | 8:49  | 00:27:25.1 |
| 57    | (44)   | 86  | Valerie KOPEC     | Ichabod Crane             | 10    | 9:00  | 00:27:57.8 |
| 58    | —      | 291 | Hailey CLARK      | Catholic Central          | 8     | 9:00  | 00:28:00.6 |
| 59    | —      | 14  | Maggie VOLMER     | Academy of the Holy Names | 9     | 9:10  | 00:28:29.4 |
| 60    | —      | 208 | Katarina DEOLDE   | Ravena                    | 9     | 9:11  | 00:28:34.0 |
| 61    | —      | 26  | Nadia LANGLOIS    | Albany Academy            | 11    | 9:12  | 00:28:35.5 |
| 62    | —      | 92  | Madelyn THOMAS    | Ichabod Crane             | 9     | 9:13  | 00:28:40.9 |
| 63    | —      | 81  | Rebecca CHURCH    | Ichabod Crane             | 11    | 9:28  | 00:29:25.7 |
| 64    | 45     | 61  | Nichole CLARK     | Cobleskill-Richmondville  | 12    | 10:11 | 00:31:40.9 |
| 65    | —      | 114 | Ariel ADAMS       | Lansingburgh              | 11    | 11:56 | 00:37:06.5 |

## BOYS VARSITY

|   |   |     |                |                |    |      |            |
|---|---|-----|----------------|----------------|----|------|------------|
| 1 | 1 | 247 | Carter FLOWERS | Schalmont      | 11 | 5:22 | 00:16:43.2 |
| 2 | 2 | 185 | Tim ABBOTT     | Mohonasen      | 12 | 5:27 | 00:16:56.4 |
| 3 | 3 | 285 | Mason CURL     | Voorheesville  | 10 | 5:29 | 00:17:03.9 |
| 4 | 4 | 135 | Colin TROLIO   | Lansingburgh   | 12 | 5:32 | 00:17:12.1 |
| 5 | 5 | 54  | David SIMEONE  | Albany Academy | 12 | 5:40 | 00:17:37.7 |

# 2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY CHAMPIONSHIPS

## Overall Results

| Place | Points | Bib | Name                   | Team                     | Grade | Pace | Time       |
|-------|--------|-----|------------------------|--------------------------|-------|------|------------|
| 6     | 6      | 257 | Spencer MOREAU         | Schalmont                | 11    | 5:44 | 00:17:51.9 |
| 7     | 7      | 150 | Michael HOUSER         | LaSalle Institute (Troy) | 12    | 5:46 | 00:17:55.2 |
| 8     | 8      | 112 | Felix THEISS-HELDEN    | Ichabod Crane            | 10    | 5:47 | 00:17:59.3 |
| 9     | 9      | 262 | Jack ZIEBER            | Schalmont                | 11    | 5:50 | 00:18:09.7 |
| 10    | 10     | 249 | Connor HUGHES          | Schalmont                | 11    | 5:51 | 00:18:11.0 |
| 11    | 11     | 154 | Patrick MCNAUGHTON     | LaSalle Institute (Troy) | 12    | 5:51 | 00:18:11.8 |
| 12    | 12     | 39  | Anthony GRAVINI        | Albany Academy           | 12    | 5:55 | 00:18:25.5 |
| 13    | 13     | 113 | Theodore THEISS-HELDEN | Ichabod Crane            | 10    | 5:58 | 00:18:32.7 |
| 14    | 14     | 156 | Gavin TATE             | LaSalle Institute (Troy) | 11    | 6:01 | 00:18:42.5 |
| 15    | 15     | 151 | Nehemiah KLIZA         | LaSalle Institute (Troy) | 10    | 6:02 | 00:18:45.8 |
| 16    | 16     | 38  | Eduardo GOROSPE        | Albany Academy           | 12    | 6:05 | 00:18:54.6 |
| 17    | 17     | 95  | Leif CARDINAL-SCHMITT  | Ichabod Crane            | 10    | 6:09 | 00:19:07.5 |
| 18    | 18     | 153 | Brendan MCNAUGHTON     | LaSalle Institute (Troy) | 12    | 6:10 | 00:19:10.5 |
| 19    | 19     | 100 | Alexander GOODRICH     | Ichabod Crane            | 11    | 6:10 | 00:19:11.4 |
| 20    | 20     | 111 | Ian SWEENEY            | Ichabod Crane            | 11    | 6:11 | 00:19:14.1 |
| 21    | 21     | 56  | Eamon TAYLOR           | Albany Academy           | 11    | 6:15 | 00:19:25.4 |
| 22    | 22     | 256 | Hayden MACENTEE        | Schalmont                | 11    | 6:20 | 00:19:43.0 |
| 23    | 23     | 46  | Fionn MULLANEY         | Albany Academy           | 11    | 6:24 | 00:19:56.0 |
| 24    | 24     | 184 | Daniel ABBOTT          | Mohonasen                | 10    | 6:25 | 00:19:59.0 |
| 25    | 25     | 193 | Raymond KINZIE         | Mohonasen                | 10    | 6:28 | 00:20:08.5 |
| 26    | (26)   | 107 | David OLDRICH          | Ichabod Crane            | 12    | 6:30 | 00:20:13.8 |
| 27    | (27)   | 148 | Ebisa GAUL             | LaSalle Institute (Troy) | 9     | 6:31 | 00:20:15.0 |
| 28    | –      | 223 | Brett HUNGERFORD       | Ravena                   | 9     | 6:34 | 00:20:27.2 |
| 29    | (28)   | 93  | Connor BRIGNULL        | Ichabod Crane            | 10    | 6:36 | 00:20:32.9 |
| 30    | 29     | 203 | Kevin SWINT            | Mohonasen                | 12    | 6:39 | 00:20:39.9 |
| 31    | (30)   | 259 | Nick RICCIARDI         | Schalmont                | 12    | 6:39 | 00:20:41.4 |
| 32    | 31     | 284 | Peter COFFEY           | Voorheesville            | 8     | 6:41 | 00:20:46.1 |
| 33    | –      | 75  | Brady LAMPRON          | Cobleskill-Richmondville | 9     | 6:42 | 00:20:51.0 |
| 34    | –      | 221 | Max DEYOE              | Ravena                   | 12    | 6:47 | 00:21:05.5 |
| 35    | –      | 105 | Brooklyn NABOZNY       | Ichabod Crane            | 9     | 6:48 | 00:21:10.1 |
| 36    | –      | 222 | Hunter GOSS            | Ravena                   | 10    | 6:48 | 00:21:10.7 |
| 37    | 32     | 287 | Hayden HECKLER         | Voorheesville            | 8     | 6:49 | 00:21:10.9 |
| 38    | –      | 76  | Bryce MCCANN           | Cobleskill-Richmondville | 11    | 6:49 | 00:21:12.9 |
| 39    | 33     | 132 | Charles HAUSER III     | Lansingburgh             | 10    | 6:54 | 00:21:27.2 |
| 40    | 34     | 133 | Seth LAFORE            | Lansingburgh             | 9     | 6:56 | 00:21:34.9 |
| 41    | (35)   | 34  | Haojin CAO             | Albany Academy           | 10    | 6:56 | 00:21:34.9 |
| 42    | (36)   | 35  | Hudson CARNAHAN        | Albany Academy           | 12    | 7:01 | 00:21:49.8 |
| 43    | 37     | 130 | David COONRADT-ERNEST  | Lansingburgh             | 9     | 7:01 | 00:21:49.9 |
| 44    | 38     | 282 | Judah BUCKLEY          | Voorheesville            | 7     | 7:05 | 00:22:01.4 |
| 45    | –      | 42  | Kevin LEE              | Albany Academy           | 11    | 7:05 | 00:22:03.0 |
| 46    | –      | 98  | Michael CLARK          | Ichabod Crane            | 11    | 7:06 | 00:22:04.5 |
| 47    | –      | 104 | Mason MEREDITH         | Ichabod Crane            | 10    | 7:11 | 00:22:20.3 |
| 48    | –      | 73  | Chris GUTIERREZ        | Cobleskill-Richmondville | 12    | 7:13 | 00:22:26.9 |
| 49    | (39)   | 254 | Kyle LARIBEE           | Schalmont                | 11    | 7:15 | 00:22:33.1 |
| 50    | 40     | 199 | Isaac PURETZ           | Mohonasen                | 10    | 7:19 | 00:22:46.5 |
| 51    | 41     | 288 | Derek HILLCROSS        | Voorheesville            | 12    | 7:23 | 00:22:58.7 |
| 52    | –      | 48  | Gregory NG             | Albany Academy           | 11    | 7:25 | 00:23:03.1 |
| 53    | (42)   | 200 | Brenden QUINN          | Mohonasen                | 9     | 7:34 | 00:23:30.6 |
| 54    | (43)   | 198 | Sebastian POWER        | Mohonasen                | 8     | 7:38 | 00:23:43.3 |
| 55    | 44     | 137 | Riley VANDERVOORT      | Lansingburgh             | 10    | 7:39 | 00:23:47.6 |
| 56    | –      | 47  | Arjun NAIR             | Albany Academy           | 12    | 7:41 | 00:23:53.5 |
| 57    | –      | 79  | Mcallister THOMAS      | Cobleskill-Richmondville | 10    | 7:48 | 00:24:15.7 |
| 58    | –      | 201 | Brandon SHIELY         | Mohonasen                | 11    | 7:50 | 00:24:22.4 |
| 59    | (45)   | 281 | Mohammed ABDALLAH      | Voorheesville            | 9     | 8:20 | 00:25:54.9 |
| 60    | (46)   | 131 | Stephen GOLDEN         | Lansingburgh             | 12    | 8:21 | 00:25:57.0 |

## JV GIRLS

|   |   |     |                  |               |   |      |            |
|---|---|-----|------------------|---------------|---|------|------------|
| 1 | – | 171 | Olivia PALLESCHI | Mohonasen     | 9 | 7:07 | 00:08:46.2 |
| 2 | – | 275 | Haley MURPHY     | Voorheesville | 9 | 7:34 | 00:09:19.1 |

# 2023 COLONIAL COUNCIL LEAGUE CROSS COUNTRY CHAMPIONSHIPS

## Overall Results

| Place | Points | Bib | Name             | Team      | Grade | Pace  | Time       |
|-------|--------|-----|------------------|-----------|-------|-------|------------|
| 3     | –      | 226 | Gwen CARTER      | Schalmont | 10    | 8:07  | 00:09:59.6 |
| 4     | –      | 231 | Abigail HOGAN    | Schalmont | 9     | 15:49 | 00:19:27.3 |
| 5     | –      | 163 | Abigail GANESH   | Mohonasen | 9     | 16:06 | 00:19:48.4 |
| 6     | –      | 182 | Madison VIVEIROS | Mohonasen | 9     | 17:07 | 00:21:03.8 |

## JV BOYS

|   |   |     |                |                          |    |      |            |
|---|---|-----|----------------|--------------------------|----|------|------------|
| 1 | – | 103 | Healen KNUDSON | Ichabod Crane            | 9  | 6:16 | 00:07:42.7 |
| 2 | – | 110 | Sam STEAD      | Ichabod Crane            | 11 | 6:24 | 00:07:53.2 |
| 3 | – | 260 | Robbie STUBBS  | Schalmont                | 11 | 6:26 | 00:07:55.8 |
| 4 | – | 147 | Woody CASTLE   | LaSalle Institute (Troy) | 9  | 6:34 | 00:08:04.8 |
| 5 | – | 255 | Aaron LEVIN    | Schalmont                | 9  | 6:37 | 00:08:09.4 |
| 6 | – | 37  | David FU       | Albany Academy           | 9  | 6:49 | 00:08:23.3 |
| 7 | – | 146 | Tyler BOENAU   | LaSalle Institute (Troy) | 9  | 6:59 | 00:08:36.1 |

Number of records: 237