

Columbia-Colonie-Guilderland-Shenendehowa XC

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
Boys Freshmen						
1	1	811	Grayson LYNCH	Shenendehowa	5:17	07:40.1
2	2	819	Adam NAPIER	Shenendehowa	5:23	07:49.7
3	3	435	Vinay KONDREDDY	Guilderland	5:29	07:57.4
4	4	792	Jacob BUTCHER	Shenendehowa	5:37	08:10.0
5	5	483	Cadyn WARNER	Guilderland	5:42	08:16.2
6	6	476	Nicholas TRIMARCHI	Guilderland	5:42	08:16.2
7	7	820	Evan NEUBAUER	Shenendehowa	5:43	08:18.2
8	8	453	Theodore O'GRADY	Guilderland	5:45	08:21.3
9	--	909	Maximus STAUDER	Columbia (Sec 2)	5:49	08:26.7
10	9	419	Theodore COURNEEN	Guilderland	5:51	08:29.6
11	(10)	479	Ashton VERSTEEGEN	Guilderland	5:54	08:34.5
12	11	789	Jackson BARNES	Shenendehowa	6:03	08:47.0
13	--	301	Bailey FENTON	Colonie	6:04	08:48.7
14	(12)	799	Pranav GOSANGI	Shenendehowa	6:10	08:57.0
15	(13)	803	Carter JANSSEN	Shenendehowa	6:13	09:01.7
16	--	829	August SIMPSON	Shenendehowa	6:26	09:20.3
17	--	809	Tyler LOUKMAS	Shenendehowa	6:26	09:20.5
18	--	304	Avi KIMBALL	Colonie	6:32	09:28.4
19	(14)	447	Oliver MURPHY	Guilderland	6:32	09:29.1
20	--	461	Anthony RUSSO	Guilderland	6:33	09:30.7
21	--	797	Sebastian FOSTER	Shenendehowa	6:37	09:35.9
22	--	475	Aiden TRAN	Guilderland	6:39	09:38.5
23	--	487	Leonardo WU	Guilderland	6:39	09:39.4
24	--	793	Connor COOPER	Shenendehowa	6:39	09:39.8
25	--	474	Mitchell SWARTZ	Guilderland	6:40	09:41.0
26	--	830	Jameson SLAGLE	Shenendehowa	6:46	09:49.3
27	--	904	Unknown ATHLETE4	Shenendehowa	6:46	09:49.9
28	--	353	Cameron HOTZ	Columbia (Sec 2)	6:48	09:52.7
29	--	414	Jamison BRODIE	Guilderland	6:49	09:53.6
30	--	805	Etoyi JONES JR.	Shenendehowa	6:56	10:03.3
31	--	812	Mason MANSFIELD	Shenendehowa	6:56	10:04.1
32	--	795	Matthew CRONIN	Shenendehowa	7:06	10:17.9
33	--	445	Theerth MUNNURU	Guilderland	7:22	10:42.3
34	--	456	Noah PAUL	Guilderland	7:26	10:47.5
35	--	796	Judah ESSEL	Shenendehowa	7:31	10:55.3
36	--	810	Haotian LUO	Shenendehowa	8:09	11:49.4
37	--	455	Andrew PADULA	Guilderland	9:17	13:28.0

Girls Freshmen

1	1	777	Katie PERKINS	Shenendehowa	6:00	08:42.7
2	2	769	Madison LAMBOY	Shenendehowa	6:11	08:58.4
3	3	372	Lucy MOSHER	Guilderland	6:33	09:30.0
4	4	764	Mia HUNTER	Shenendehowa	6:54	10:01.4
5	5	275	Neve GENOVESE	Colonie	6:56	10:03.2
6	6	279	Mckinley JAMIESON	Colonie	6:56	10:03.6
7	7	274	Payton FRANCESE	Colonie	6:58	10:06.9
8	8	382	Sophie JIAN	Guilderland	7:01	10:11.5
9	9	759	Kinley FLENORY	Shenendehowa	7:04	10:15.3
10	10	401	Madeleine STABLER	Guilderland	7:04	10:16.1
11	11	907	Erica WHITESIDE	Guilderland	7:06	10:18.7

Columbia-Colonie-Guilderland-Shenendehowa XC

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
12	12	753	Daphne BRETTHOLTZ	Shenendehowa	7:07	10:20.3
13	13	365	Alexa BROWN	Guilderland	7:10	10:24.3
14	(14)	768	Annaliese LAMBOY	Shenendehowa	7:17	10:34.1
15	(15)	398	Anna RUSSELL	Guilderland	7:35	11:00.0
16	16	268	Jordan BEISLER	Colonie	7:37	11:04.0
17	17	278	Lael JACKSON	Colonie	7:50	11:22.0
18	(18)	767	Avery KRAY	Shenendehowa	7:55	11:29.3
19	(19)	392	Harper MEISLAHN	Guilderland	8:00	11:36.4
20	--	395	Arianna OWENS	Guilderland	8:11	11:53.0
21	(20)	287	Viviana LOKIE	Colonie	8:27	12:15.2
22	--	776	Patricia PAGLIALONGA	Shenendehowa	8:34	12:25.5
23	(21)	280	Isabel JUNG	Colonie	8:35	12:27.1
24	--	374	Breanna EVANS	Guilderland	8:38	12:32.4
25	--	757	Clara CLARK	Shenendehowa	8:46	12:44.0
26	--	281	Riley KEELER	Colonie	8:52	12:52.6
27	--	277	Aasara HADA	Colonie	9:03	13:07.8
28	--	866	Ava SABBATINO	Colonie	9:07	13:13.7
29	--	376	Esma GLAVIC	Guilderland	10:29	15:12.5

Boys JV

1	1	424	Shane EISENZOPF	Guilderland	5:48	16:30.2
2	2	425	Andrei FLYNN	Guilderland	5:49	16:31.6
3	3	472	William STEVENS	Guilderland	5:52	16:40.2
4	4	446	Kellan MURPHY	Guilderland	5:52	16:40.8
5	5	442	Zachary MCNEANY	Guilderland	5:54	16:45.7
6	(6)	422	Christopher DELPOZZO	Guilderland	5:57	16:55.9
7	(7)	427	Levi HAWRYLCHAK	Guilderland	5:57	16:56.3
8	--	411	Benjamin BEAUVAIS	Guilderland	6:03	17:11.6
9	--	477	Michael TUMONIS	Guilderland	6:04	17:14.3
10	--	466	Alexander SCOFIELD	Guilderland	6:04	17:14.8
11	--	416	Evan BYON	Guilderland	6:14	17:43.2
12	--	485	Jack WHITNEY	Guilderland	6:14	17:43.9
13	8	299	Alexander DICARLO	Colonie	6:18	17:54.7
14	9	309	Sebastian NITCHER	Colonie	6:19	17:57.4
15	10	312	Alexander SINKINS	Colonie	6:20	17:59.2
16	--	464	Padraig SCALLY	Guilderland	6:25	18:14.2
17	11	794	Anthony CORSETTI	Shenendehowa	6:25	18:16.0
18	12	354	Sean KENNEY	Columbia (Sec 2)	6:26	18:16.4
19	--	433	Henrik KARDOS	Guilderland	6:26	18:17.2
20	--	468	Cooper SHAPIRO	Guilderland	6:26	18:18.4
21	--	448	Atharva NAGAR	Guilderland	6:27	18:19.1
22	13	305	Ethan LAFOUNTAIN	Colonie	6:27	18:19.5
23	14	808	Eitan LEVITOV	Shenendehowa	6:27	18:20.2
24	15	358	Riley SHEEHAN	Columbia (Sec 2)	6:27	18:21.5
25	16	826	Logan ROSEN	Shenendehowa	6:30	18:28.6
26	17	311	Kevin RAMPERSAUD	Colonie	6:31	18:30.6
27	18	352	Prasanth GOPINATH	Columbia (Sec 2)	6:37	18:49.0
28	19	833	Taber VANDERWERKEN	Shenendehowa	6:38	18:50.5
29	20	817	Oliver MULDOON	Shenendehowa	6:45	19:12.8
30	--	415	Tommy BURKE	Guilderland	6:48	19:19.2
31	--	413	Jude BEYER	Guilderland	6:49	19:22.3
32	(21)	834	Doran WALKER	Shenendehowa	6:49	19:22.8

Columbia-Colonie-Guilderland-Shenendehowa XC

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
33	22	357	Logan SHEEHAN	Columbia (Sec 2)	6:51	19:28.9
34	(23)	827	Zachary SHAHAB	Shenendehowa	6:54	19:38.4
35	--	832	Dylan VANA	Shenendehowa	6:54	19:38.5
36	--	802	Oscar HOCKENOS-CHANG	Shenendehowa	6:55	19:39.8
37	--	469	Angadvir SINGH	Guilderland	6:56	19:42.4
38	(24)	307	Gautama MAHARAJ	Colonie	6:56	19:43.0
39	--	788	Tarun BANNURU	Shenendehowa	6:58	19:49.3
40	--	458	Adhirayan RAVIKUMAR	Guilderland	6:59	19:52.3
41	--	410	Jackson BARRELL	Guilderland	7:00	19:54.2
42	--	467	Ray SHANG	Guilderland	7:04	20:06.7
43	25	359	Asher TORRES	Columbia (Sec 2)	7:06	20:12.0
44	--	412	Crosby BELISLE	Guilderland	7:07	20:14.5
45	(26)	310	Liam OBERMAYER	Colonie	7:07	20:14.8
46	--	489	Aditshiva YALLA	Guilderland	7:11	20:24.1
47	--	457	Kayvon POULIN	Guilderland	7:12	20:28.3
48	--	807	Finian KURTZNER	Shenendehowa	7:26	21:08.1
49	--	813	Jackson MARSHALL	Shenendehowa	7:30	21:20.4
50	--	459	Henry RIVAS	Guilderland	7:31	21:22.0
51	--	791	Joshua BRITTELL	Shenendehowa	7:33	21:28.2
52	--	294	Lucas BRANDON	Colonie	7:34	21:30.1
53	--	787	Girish BALAKRISHNAN	Shenendehowa	7:34	21:31.7
54	--	454	Iyayiosa OSARETIN	Guilderland	7:43	21:55.6
55	--	300	Steven DONG	Colonie	7:44	21:58.5
56	--	480	Desmond VERSTEEGEN	Guilderland	7:49	22:12.4
57	--	298	Christopher DERENZO	Colonie	7:50	22:15.7
58	--	486	Jonathan WOJCIK	Guilderland	7:56	22:32.0
59	--	440	Justin MATHEW	Guilderland	8:05	22:58.0
60	--	430	Justin JIAN	Guilderland	8:07	23:04.4
61	--	450	Ibrahim NASSAN	Guilderland	8:45	24:52.4
62	--	798	Jacob FOX	Shenendehowa	8:52	25:12.3
63	(27)	346	Greyson BERARDI	Columbia (Sec 2)	8:54	25:17.3
64	--	818	Liam MURPHY	Shenendehowa	9:00	25:33.6
65	--	303	Henry GIFFORD	Colonie	10:00	28:25.0
66	--	801	Henry HALLENBECK	Shenendehowa	10:21	29:24.4
67	--	828	Liam SHAW	Shenendehowa	10:54	30:58.2

Girls JV

1	1	266	Jayden AMADON	Colonie	7:10	20:23.0
2	2	288	Brynn LOUGEE	Colonie	7:13	20:30.5
3	3	286	Cora KOLONKO	Colonie	7:13	20:32.4
4	4	361	Ella SUN	Guilderland	7:15	20:36.1
5	5	765	Maya JANSSEN	Shenendehowa	7:23	20:58.8
6	6	389	Amaris MACASADDUG	Guilderland	7:26	21:07.3
7	7	370	Deena DEL	Guilderland	7:38	21:41.4
8	8	290	Alexis QUACKENBUSH	Colonie	7:39	21:45.5
9	9	377	Brianna HARDING	Guilderland	7:43	21:56.4
10	10	345	Summer YANNONE	Columbia (Sec 2)	7:52	22:22.4
11	11	760	Aanya GHOSH	Shenendehowa	7:52	22:23.2
12	12	272	Sanyu FENNELLY	Colonie	7:54	22:26.5
13	13	373	Aileana ENGLESON	Guilderland	7:54	22:26.6
14	14	344	Kylie WOOD	Columbia (Sec 2)	7:56	22:34.5
15	(15)	408	Catherine ZHONG	Guilderland	7:57	22:37.0

Columbia-Colonie-Guilderland-Shenendehowa XC

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
16	16	761	Katy GOSIER	Shenendehowa	7:57	22:37.3
17	17	328	Maya KELLY	Columbia (Sec 2)	7:59	22:42.0
18	(18)	384	Cassidy KEOUGH	Guilderland	8:00	22:45.6
19	19	335	Layla MUKHTAR	Columbia (Sec 2)	8:01	22:47.9
20	20	339	Emilia SPADOLA	Columbia (Sec 2)	8:01	22:48.4
21	--	369	Brianna DEL POZZO	Guilderland	8:08	23:06.8
22	21	781	Julia THOMAS	Shenendehowa	8:09	23:09.3
23	(22)	325	Keira HOOLEY	Columbia (Sec 2)	8:18	23:34.7
24	--	399	Darshana SARAVANKUMAR	Guilderland	8:19	23:37.7
25	(23)	340	Amber TRAVIS	Columbia (Sec 2)	8:26	23:57.8
26	--	380	Penelope IRWIN	Guilderland	8:28	24:03.8
27	24	778	Isabella QUATRINI	Shenendehowa	8:32	24:15.3
28	--	316	Megan BARRY	Columbia (Sec 2)	8:33	24:17.6
29	--	343	Kaylin WOOD	Columbia (Sec 2)	8:34	24:20.6
30	--	338	Vivien SMITH	Columbia (Sec 2)	8:34	24:22.5
31	--	334	Vivian MUELLER	Columbia (Sec 2)	8:45	24:52.7
32	(25)	758	Keilla DAMIS	Shenendehowa	8:54	25:17.8
33	--	330	Lila KOT	Columbia (Sec 2)	8:55	25:20.7
34	--	383	Ava JONES	Guilderland	9:02	25:40.9
35	(26)	265	Celeste ABREU	Colonie	9:03	25:43.1
36	--	375	Brittany FARGIONE	Guilderland	9:04	25:46.2
37	(27)	289	Cameron MALETTE	Colonie	9:10	26:03.9
38	--	337	Ayana ROSARIO	Columbia (Sec 2)	9:12	26:08.8
39	--	371	Vedika DESKMUKE	Guilderland	9:16	26:21.6
40	--	269	Maria BIZZARRO	Colonie	9:17	26:24.4
41	--	324	Brooke HANEY	Columbia (Sec 2)	9:39	27:24.3
42	(28)	762	Addison HILL	Shenendehowa	9:48	27:50.6
43	--	320	Christina CONNELLY	Columbia (Sec 2)	10:21	29:25.4
44	--	323	Samantha GERMANO	Columbia (Sec 2)	10:21	29:25.6
45	--	906	Grace GEARY	Guilderland	10:40	30:17.6
46	--	396	Moksha PRASA PATHIPATI	Guilderland	11:14	31:55.0
47	--	393	Ana MONCADA-BARRIOS	Guilderland	12:08	34:28.1

Boys Varsity

1	1	436	Joseph KOSIER	Guilderland	5:16	14:58.2
2	2	350	Joseph EDICK	Columbia (Sec 2)	5:21	15:12.3
3	3	429	Ryan HOLB	Guilderland	5:22	15:16.0
4	4	473	Zachary STUPAR	Guilderland	5:25	15:23.6
5	5	815	Erik MILLER	Shenendehowa	5:29	15:36.0
6	6	295	Callen CLANCY	Colonie	5:30	15:37.4
7	7	441	Ben MAYER	Guilderland	5:31	15:42.7
8	8	313	Benjamin VARIN	Colonie	5:32	15:43.6
9	9	308	Daniel MILO	Colonie	5:32	15:44.1
10	10	443	Joshua MELCHIOR	Guilderland	5:34	15:48.9
11	11	349	Daniel CIRINCIONE	Columbia (Sec 2)	5:37	15:58.1
12	(12)	452	Conor O'GRADY	Guilderland	5:40	16:06.8
13	13	800	Caedan GRIZZAFFI	Shenendehowa	5:44	16:18.7
14	14	347	Senuth CHANDRASEKERA	Columbia (Sec 2)	5:45	16:22.5
15	15	814	Elijah MESSENGER	Shenendehowa	5:47	16:26.5
16	16	293	Ratul BISWAS	Colonie	5:48	16:28.4
17	17	786	Joshua ANDERSON	Shenendehowa	5:48	16:28.9
18	(18)	423	Avery DUNCAN	Guilderland	5:48	16:29.0

Columbia-Colonie-Guilderland-Shenendehowa XC

Overall Results

Place	Points	Bib	Name	Team	Pace	Time
19	19	821	Christian PECK	Shenendehowa	5:51	16:39.4
20	20	348	Benjamin CHAPMAN	Columbia (Sec 2)	5:52	16:41.2
21	21	355	Conor MILLER	Columbia (Sec 2)	5:55	16:49.5
22	22	296	Ariel COHEN	Colonie	5:55	16:50.7
23	(23)	356	Jacob MILLER	Columbia (Sec 2)	6:00	17:03.2
24	(24)	314	Yubraj YADAV	Colonie	6:05	17:16.8
25	(25)	816	Jonah MORGAN	Shenendehowa	6:07	17:24.8
26	(26)	351	Kyle ELLIS	Columbia (Sec 2)	6:13	17:40.7
27	(27)	824	Thomas PIACENTINE	Shenendehowa	6:15	17:47.2
28	(28)	302	Parker FIORINO	Colonie	6:17	17:50.7
29	--	877	Ari CHOI	Guilderland	16:27	46:45.1
30	--	876	Amelia KRAYWANCZYK	Guilderland	18:51	53:34.6

Girls Varsity

1	1	770	Riley LYNCH	Shenendehowa	5:44	16:19.3
2	2	367	Braelyn CORNELL	Guilderland	6:02	17:09.8
3	3	386	Danika KOSIER	Guilderland	6:03	17:11.1
4	4	779	Edith SCHANZ	Shenendehowa	6:05	17:17.8
5	5	363	Julia BEYER	Guilderland	6:08	17:25.4
6	6	378	Lily HUBBARD	Guilderland	6:19	17:57.9
7	7	284	Nina KIMBALL	Colonie	6:20	18:01.8
8	8	754	Gia BRONZELL	Shenendehowa	6:21	18:03.2
9	9	390	Jane MCCOY	Guilderland	6:23	18:07.7
10	(10)	405	Camille WEY	Guilderland	6:23	18:08.7
11	11	273	Madelyn FOWLES	Colonie	6:25	18:13.5
12	12	766	Alaina KELLER	Shenendehowa	6:27	18:21.2
13	13	285	Kiera KINDLON	Colonie	6:30	18:29.5
14	14	332	Gabriella LAQUIDARA	Columbia (Sec 2)	6:32	18:34.9
15	15	751	Katie BATTLE	Shenendehowa	6:35	18:43.4
16	16	267	Layaal AWAD	Colonie	6:38	18:52.7
17	(17)	404	Cassandra WEISS	Guilderland	6:41	18:59.3
18	(18)	783	Sidney UPDYKE	Shenendehowa	6:45	19:12.6
19	19	276	Ava GUNDLACH	Colonie	6:50	19:25.5
20	(20)	270	Eva CORBETT	Colonie	7:01	19:57.3
21	(21)	283	Natalia KELLEHER	Colonie	7:02	20:00.7
22	22	341	Peyton WAGNER	Columbia (Sec 2)	7:06	20:12.6
23	23	321	Alandra DELEON	Columbia (Sec 2)	7:10	20:23.7
24	(24)	771	Madeline MAHON	Shenendehowa	7:15	20:36.5
25	25	333	Lucille MUELLER	Columbia (Sec 2)	7:20	20:49.8
26	26	329	Olivia KLINE	Columbia (Sec 2)	7:27	21:11.6
27	(27)	322	Olivia DINOVO	Columbia (Sec 2)	7:33	21:28.2
28	(28)	327	Leanne KAMINSKY	Columbia (Sec 2)	7:42	21:53.6

Number of records: 238

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Boys Freshmen

1	Shenendehowa	25	40:45	08:09	9:02	1:06
2	Guilderland	31	41:20	08:16	9:10	0:32

Girls Freshmen

1	Shenendehowa	22	48:18	09:39	10:43	1:37
2	Guilderland	33	50:40	10:08	11:14	0:54

Boys JV

1	Guilderland	15	1:23:08	16:37	9:25	0:15
2	Shenendehowa	50	1:33:08	18:37	10:33	0:56

Girls JV

1	Guilderland	20	1:47:48	21:33	12:13	1:50
2	Shenendehowa	40	1:53:24	22:40	12:51	3:16

Boys Varsity

1	Guilderland	17	1:17:09	15:25	8:44	0:50
2	Shenendehowa	43	1:21:29	16:17	9:14	1:03

Girls Varsity

1	Guilderland	24	1:27:52	17:34	9:57	0:57
2	Shenendehowa	33	1:28:45	17:45	10:03	2:24

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Boys Freshmen

1	Shenendehowa	15	40:45	08:09	9:02	1:06
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Girls Freshmen

1	Shenendehowa	15	48:18	09:39	10:43	1:37
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Boys JV

1	Shenendehowa	24	1:33:08	18:37	10:33	0:56
2	Columbia (Sec 2)	34	1:35:08	19:01	10:46	1:55

Girls JV

1	Columbia (Sec 2)	27	1:53:15	22:39	12:50	0:26
2	Shenendehowa	30	1:53:24	22:40	12:51	3:16

Boys Varsity

1	Shenendehowa	27	1:21:29	16:17	9:14	1:03
2	Columbia (Sec 2)	28	1:21:03	16:12	9:11	1:37

Girls Varsity

1	Shenendehowa	16	1:28:45	17:45	10:03	2:24
2	Columbia (Sec 2)	45	1:41:12	20:14	11:28	2:36

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Boys Freshmen

1	Guilderland	15	41:20	08:16	9:10	0:32
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Girls Freshmen

1	Guilderland	15	50:40	10:08	11:14	0:54
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Boys JV

1	Guilderland	15	1:23:08	16:37	9:25	0:15
2	Columbia (Sec 2)	50	1:35:08	19:01	10:46	1:55

Girls JV

1	Guilderland	16	1:47:48	21:33	12:13	1:50
2	Columbia (Sec 2)	44	1:53:15	22:39	12:50	0:26

Boys Varsity

1	Guilderland	19	1:17:09	15:25	8:44	0:50
2	Columbia (Sec 2)	41	1:21:03	16:12	9:11	1:37

Girls Varsity

1	Guilderland	15	1:27:52	17:34	9:57	0:57
2	Columbia (Sec 2)	49	1:41:12	20:14	11:28	2:36

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Boys Freshmen

1	Shenendehowa	15	40:45	08:09	9:02	1:06
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Girls Freshmen

1	Shenendehowa	21	48:18	09:39	10:43	1:37
2	Colonie	36	52:40	10:32	11:41	1:18

Boys JV

1	Colonie	19	1:30:41	18:08	10:16	0:35
2	Shenendehowa	36	1:33:08	18:37	10:33	0:56

Girls JV

1	Colonie	18	1:45:38	21:07	11:58	2:03
2	Shenendehowa	37	1:53:24	22:40	12:51	3:16

Boys Varsity

1	Colonie	26	1:20:24	16:04	9:06	1:13
2	Shenendehowa	29	1:21:29	16:17	9:14	1:03

Girls Varsity

1	Shenendehowa	21	1:28:45	17:45	10:03	2:24
2	Colonie	35	1:33:03	18:36	10:32	1:23

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Boys Freshmen

1	Guilderland	15	41:20	08:16	9:10	0:32
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Girls Freshmen

1	Guilderland	27	50:40	10:08	11:14	0:54
2	Colonie	30	52:40	10:32	11:41	1:18

Boys JV

1	Guilderland	15	1:23:08	16:37	9:25	0:15
2	Colonie	50	1:30:41	18:08	10:16	0:35

Girls JV

1	Colonie	22	1:45:38	21:07	11:58	2:03
2	Guilderland	33	1:47:48	21:33	12:13	1:50

Boys Varsity

1	Guilderland	19	1:17:09	15:25	8:44	0:50
2	Colonie	39	1:20:24	16:04	9:06	1:13

Girls Varsity

1	Guilderland	16	1:27:52	17:34	9:57	0:57
2	Colonie	44	1:33:03	18:36	10:32	1:23

Columbia-Colonie-Guilderland-Shenendehowa XC

VIRTUAL DUAL-MEET TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread
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Girls Freshmen

1	Colonie	15	52:40	10:32	11:41	1:18
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Boys JV

1	Colonie	18	1:30:41	18:08	10:16	0:35
2	Columbia (Sec 2)	38	1:35:08	19:01	10:46	1:55

Girls JV

1	Colonie	16	1:45:38	21:07	11:58	2:03
2	Columbia (Sec 2)	39	1:53:15	22:39	12:50	0:26

Boys Varsity

1	Colonie	26	1:20:24	16:04	9:06	1:13
2	Columbia (Sec 2)	29	1:21:03	16:12	9:11	1:37

Girls Varsity

1	Colonie	17	1:33:03	18:36	10:32	1:23
2	Columbia (Sec 2)	46	1:41:12	20:14	11:28	2:36